



# The Oregon Grapevine

Epsilon Sigma Alpha International



EPSILON SIGMA ALPHA

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Date: Aug 2024

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# Captain's Message

The primary duty of the Captain is the overall safe manning and operation of the ship.

I am hoping that you all have been able to enjoy the warm weather this summer.

I have to say I have thawed slightly and able to move more freely. I am a warm weather girl, not so much hot weather. Leave the 100-degree temperatures to Arizona.

Sadly, I was not able to attend IC Convention this year. My plans are to attend next year. Let me make this one of my goals for the year. Eight of our Oregon members attended this year. Everyone had a great time and they look forward to sharing the experience with us at Leadership.

Leadership Meeting "Port of Call", will be held September 14 – 15, 2024,, in Portland at the Radisson Hotel Portland Airport. Registration form can be found in the Grapevine. If you have a raffle to bring to Leadership, please let me know by Sept. 9<sup>th</sup> for approval. (541-290-9023, [hdgjoy@aol.com](mailto:hdgjoy@aol.com))

I have a strong desire to achieve growth in our membership this year. Let me make this another goal this year. After hearing our IC Rep., Celeste Webb at Convention stated that if we don't have change in membership our survival is at risk. I would ask that each chapter work toward growth. I will do some research and bring some helpful ideas to Leadership.

There have been some corrections to the appointed board. Leianne Stinton has filled the position of Chaplin and Marsha Klosterman has filled the position of Philanthropic Chair. These corrections will be reflected in the President's Yearbook.

I am looking forward to meeting with the Board at the President's Retreat. It will be held August 23-25, in North Bend. We are all excited to get to know each other, have some fun and do some brainstorming.

See you at our next Port of Call, Leadership.

Joyce Hodge

## 1<sup>st</sup> Vice President

Ahoy there Mates!

Time to start thinking about that special someone you found this summer to join your chapter...

Plan a model meeting and invite them to accompany you, show them how fun your group is and how many great things you do to help others... they'll be begging to join.

Also, tell the others in your chapter how great ESA is and invite them to come to the state meetings. We really are a fun and energetic group of people, not to mention lifelong friends.

Remember all the fun you've had at these, and how many organizations and individuals we've helped.

Let's get going mates and increase our number of deck hands.

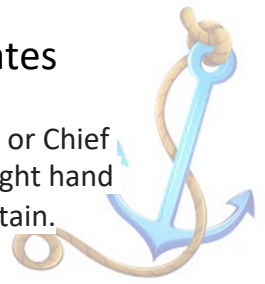
Looking forward to seeing you all and all of your guests at Leadership next month.

Jean Forsman



## First Mates

The First Mate or Chief Officer is the right hand of the Captain.



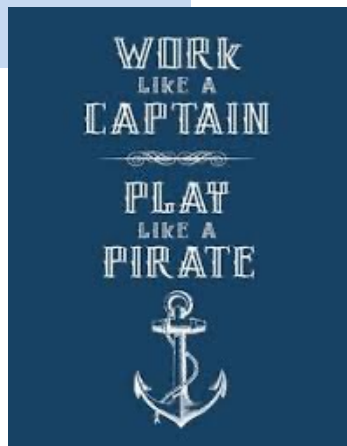
## 2<sup>nd</sup> Vice President

I want to thank everyone that visited and called and sent cards and donations for mom (Ann Choate), your support has been so appreciated. We scattered her ashes at the beach and spoke our goodbyes. It was lovely and she would have been so happy to see us all together.

As for Second Vice President news...I don't really have much! I am looking forward to the Board Retreat and then Leadership a couple weeks later. It has been a busy summer, and I am ready to see my ESA family!

Enjoy the last few weeks of August and I can't wait to see you in September!!

All my love,  
Melanie Swann



## Recording Secretary

Hello everyone, hope you have had a great summer. I am ready for a little cooler weather.

Looking forward to seeing everyone at Leadership in September. We will have a lot of fun.

Please remember to bring a written report, it is so very helpful when I am doing the minutes, just in case I am missed something, Thank you for your help.

See you all soon, HUGS to all.  
Barb Moss

## Corresponding Secretary

Hi everybody!!

Can you believe that the summer is almost over? Where did it go? For me, I know where it went. I spent the majority of summer working on the President's Yearbook.

Speaking of the Yearbook, I want to thank everybody for getting their Chapter & District rosters to me so quickly. It helped immensely.

Also speaking of the Yearbook, all members of the Executive Board will receive a printed copy. General Board, Chapter & District Presidents and Active Gavels will receive a thumb drive. **If you want a hard copy instead of or in addition to a thumb drive, please let me know by Aug 30<sup>th</sup>.**

**If anyone else wishes to have a thumb drive – there is no charge. If anyone else wishes to have a printed copy – there is a charge for that. I don't know the charge yet but figure between \$10-15.**

Carolyn Warren

## Executive Engineers (Executive Board)

They are responsible for keeping the ship and the machinery running



## Jr Past President

Hoping many of you raised anchors and sailed into a great summer. I know it was challenging with all the hot weather and fires but remember to make the best of everyday. Please remember our disaster fund is available if you have a need; be it fire, flood, medical, etc. I have info, and there is info on the ESA website for anyone with concerns.

I look forward to seeing many of you at Leadership, remember to bring your pennies (oops DOLLARS) to help support the disaster fund. I have several items that will be up for raffle, something to ease your pain (NOT wine), but Wine will be another item, something to perk you up, something to get you grooving, and a few surprises.

Let's throw our Anchors out and make this a GREAT year in ESA.

Connie Russell



## Quartermasters (General Board)

Quartermasters work directly under the captain and first mate, overseeing the operation of the whole ship



### Educational

Anchors Away with ESA. What a fun and appropriate President's theme for Educational this year. Think of all the ways your chapter "anchors" activities and events to ESA. Have fun with all your educationals, and please, write them up so you can share them with us at convention. Even if you don't compete for awards, we all want to know the fun things we all are doing!!

If you have any questions about either of these topics, please feel free to contact me.

Marsha Klosterman



### Credential Chair

Just a reminder from your friendly Credentials Chair, chapter dues were due for the year 2024-2025 on May1, 2024. Please check to see that your treasurers have sent chapter dues to Kari Engdahl along with a list of members for whom they are paying. Kari will need these asap to send to me so I can hand out voting cards to members who have paid. Also have members who will not be at Leadership fill out a proxy form which can be found in last year's President's book. Bring those to Leadership and cards will be issued.

Hope to see many of you at Leadership.

Judith Huntley

### NEWS FLASH!!!

LEADERSHIP REGISTRATION CUTOFF DATE IS AUGUST 30! AN ADDITIONAL \$5.00 WILL BE ADDED AFTER THAT DATE.

Cutoff date for room reservations at the Radisson Hotel Portland Airport is also August 30.

Registration forms are on the website and in June's issue of Grapevine. It will also be in the August issue.

Linda Gratteri & Debbie Sanguras



## Quartermasters (General Board)



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### Documents Committee

The Documents Committee met in May and updated many of the Guidelines. A copy of the Guideline was sent to each Chairman that was affected. We will also be working to update everything on the WEB so it will be usable for all. We hope to have that completed by Fall, however it is a big project. The list of changed Guidelines are as follows:

- President
- Corresponding Secretary
- Awards Chairman
- Easter Seals, Senior
- ESA Foundation Counselor
- Philanthropic Chairman and the Philanthropic Form
- Leadership Chairman
- St Jude Coordinator, Senior
- Winter Meeting Chairman

If anyone wants a copy, I can email it to you. We ask that each Chairman pass on a copy of the Guideline to the next person taking that position. Let us know if you have any questions or changes to any of the Guidelines.

Because we have a new District, we will have a By Law proposal for Convention this year. It will change the rotation of planning for Conventions. This will be ready by Winter Meeting.

Kathy State



### Philanthropic

It's hard to believe we are already heading into fall. Which also means Leadership is coming soon. I'm letting you know now that we are going to spend some time revisiting philanthropic and working out some bugs. Don't worry, it will be a fun workshop as well as being informative. I'm on a mission this year to squeeze out of all the chapters every little dollar, hour and mile that they accumulate. We do so much, and we should get credit for it.

Marsha Klosterman

## Quartermasters (General Board)



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### Western States Regional Council

As your Representative, I would like to share a few things that took place at IC Convention in Kansas City this July in Overland Park.

The slate of new officers for 2024-2026

President:	John Vitt	Arizona
1 <sup>st</sup> Vice-President	Melinda Remington	Oregon
Secretary	Noelle Hamilton	Washington
Treasurer	Judy Huntley	Oregon

Four scholarships were awarded from the monies of the Helping Hands Walk and Jewelry Silent Auction.

WSRC is a vital part of our ESA Organization. As a council we support ESA Foundation by our Helping Hands Scholarship that is open to ESA members and family members who wish to further their education.

We also support those members who are running for IC offices. And **yes**, we do have fun at the WSRC Fling. But we also have the Helping Hands Walk, speakers, auction, as well as our meeting.

The fling in 2025 will be in Tucson, Arizona. Further information will be forthcoming as Arizona is still finalizing the particulars. The date will be in January.

As of now I am sorry to say, Oregon has been very lax in paying their WSRC dues. I realize COVID was an interference that attendance was down at meetings and conventions. In 2023 we had 38 paid members, 2024 we have 23 paid members. OOPS! WSRC needs our support, and we can do that by paying your dues. It is only \$2.00, cheaper than a cup of coffee now days. Your dues help support that member of the WSRC that is running for an IC Office. It is very easy, check with me as your Rep or Judy Huntley as WSRC Treasurer to see the Oregon Roster for your name and what you would owe. Also, **any member can join WSRC**. I hope you will see that this is a worthwhile, regional Council gives the support to those who are taking on new challenges.

Thank you, Sandy Diess

## Quartermasters (General Board)

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### Chaplain

Delta Xi, Portland  
Former member, Sandy Bowen had cataract surgery on both eyes last week. She is doing well. Her address is 58 Elk Ridge Drive Cathlamet, WA 98612

Mary Lambert had a knee replacement August 10. She spent the night in the hospital. Her address is 8318 NE Thompson Portland OR 97220.

Alpha Upsilon, Hillsboro  
Carolyn Fowler, our immediate past president is dealing with some serious, painful abdominal health issues.

Dianne Fentress Rowe, our newest AU member, had knee replacement surgery July 16 and is recovering at home. She has begun physical therapy and pain being managed.

Diane Lewis has been recovering from a back surgery and had been doing well, but July 3rd took a fall and broke her femur near her hip requiring emergency surgery. Her most uncomfortable challenge currently is her very painful swollen leg.

Alice Chisholm has been battling cancer this year. We continue to lift her in prayer. Been a tough year but she has an amazing attitude.

Leianne Stinton  
[Leianne5@aol.com](mailto:Leianne5@aol.com)



### ESA Foundation Scholarship Winners from Oregon

ALPHA UPSILON #1884 OREGON SCHOLARSHIP  
\$500 awarded to Josie Erjavec – Hillsboro, OR

HOPE BANEY MEMORIAL SCHOLARSHIP  
\$600 awarded to Jared Dodson – Junction City, OR

LAVERNE 'BUN' YOUNG MEMORIAL SCHOLARSHIP  
\$600 awarded to Bridget Mac Donald – Medford, OR

LYNN & RICH HUGHES FAMILY SCHOLARSHIP  
\$1100 awarded to Bridget Mac Donald – Medford, OR

OREGON STATE COUNCIL SCHOLARSHIP  
\$700 awarded to Matthew Sipe – Dupur, OR

HAZEL KNAPP MEMORIAL SCHOLARSHIP  
\$600 awarded to Matthew Sipe – Dufur, OR

Chris York



## Quartermasters (General Board)

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### IC is coming to Portland in 2027!

We are excited to be doing this again and will be looking for assistance from everyone in Oregon.

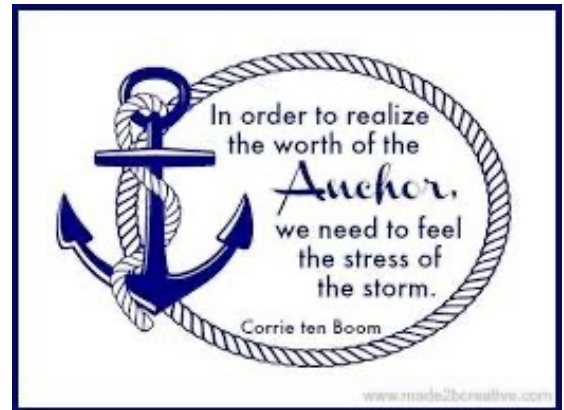
First off – we need suggestions for a **theme**.

To that end we are holding a contest for the best suggestions.

Put on your thinking caps and send your suggestions to Chris York ([cristinayork@comcast.net](mailto:cristinayork@comcast.net)).

Winners will be announced at Leadership in September. Looking forward to hearing from you.

Chris York



### ESA Oregon State Convention Financial Report

Income: \$12,651.00

#### Expenses:

Deposit \$1,500.00

Eagle Crest \$9,753.40

IC Registration \$ 160.00

State President Reg \$ 160.00

Programs \$ 139.55

Table Decor, Bags, \$ 217.69

Favors, etc.

Name Tags & Lanyards \$ 43.15

Speaker Lunch \$ 35.00

Total Expenses \$12,008.79

Refund 3 Registrations. \$ 480.00  
(Due to medical & death)

Profit \$ 162.22

A check for \$310 earned at Trivia night has been sent to Easter Seal.

## Quartermasters (General Board)

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### Guest Article

I started this journey in 1961 when I was barely twenty-one... a friendly neighbor taking pity upon this “lonely” mother with 3 toddlers asked me to join ESA... can you believe that was over sixty years ago... what an adventure... memories, sisters experiences. With the encouragement of many of my “older” ESA Sisters I began a journey that included Easter Seals, District Friends (so many are still with us some sadly are gone) ... State Friends, Gavels, International Council Friends and ESA Foundation Friends.... what a “ride” .... Just wanted to take a moment to say “hello” and thank you all for those wonderful memories, support, tears, laughter and SISTERHOOD. Today it is a Cliche, and I know ESA has taken a newer direction... but it WAS the sisterhood that was the glue to hold it all together... so enjoy your incoming year... maybe someday I’ll be able to make another State Meeting to say hello!

Love in ESA

Jeannette Rhodes

St President 1999-2000



IC Convention Shenanigans



Back row L-R Linda Gratteri, Donna Cassidy, Chris York, Sandy Diess  
Front row L-R Claudia Hale, Connie Russell, Leianne Stinton, Judy Huntley



Connie with Western State Flags



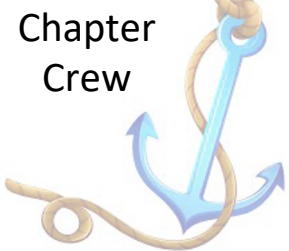
Sandy & Connie all dolled up



Claudia Hale receives her 60yrs of Service



Connie taking a flight



# Chapter Crew

**Beta Eta, Sutherlin**

Beta Eta chapter, painting bowls for the Feed Umpqua fundraiser, local chefs prepare soup, and you buy a bowl to sample the Soups.

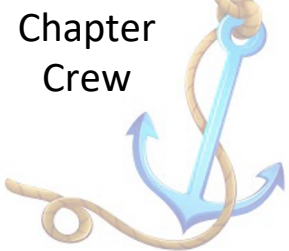


A quick addition

Beta Eta spent Friday August 16th baking 140 Blackberry Cobblers for the Blackberry Festival. Our annual fundraiser supporting St Jude's, Easter Seals, and local charities.

We recruited a husband, local high schooler, a member from Eugene, and a friend. We had lots of laughs and worked hard for great causes. Now to sell them ALL!!!!





Chapter  
Crew

### Delta Gamma, Florence

We have all been enjoying the summer here in Florence. It's so beautiful here on the coast. Our next meeting will be at 6:00 p.m. on Monday, September 9<sup>th</sup> at the Mustard Seed. Please come and visit.

We are also gearing up for our annual charity auction which will be held at the Florence Events Center on November 9<sup>th</sup>. The 'Buy it Now' table, the silent auction, and the oral auction will all be full of wonderful items for you to acquire while helping Delta Gamma with their many charitable projects.

Our most important effort this year has been supporting our sister, Annette, in her battle with a form of blood cancer. Delta Gamma has jumped in by scheduling events to promote the NMDP Registry and to encourage volunteer donors. We have had 3 events, thus far, and are planning more.

For patients with blood cancers like leukemia and life-threatening blood diseases like sickle cell, a cure exists—a blood stem cell donation from a matching donor.



***Save the Date!***

**Delta Gamma  
Auction and Evening of Fun!**

Please join us for a casual autumn evening celebrating the beauty and bounty of our community.


**Saturday, November 9<sup>th</sup> at 6:00 p.m.**  
*at the*  
**Florence Events Center,**  
**715 Quince St.**

For more information, ask any Delta Gamma member or call/text Julie Rassmann at 541-991-7906 or e-mail [julie541@msn.com](mailto:julie541@msn.com)

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Delta  
Gamma


Doing & Giving




**YOU COULD BE  
THE CURE FOR  
ANNETTE**

Or any patient in need.

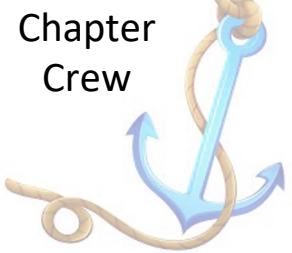
Join the NMDP Registry™ today.



Text HOPE4MOM-OR to 61474 or scan the QR code to join today



Annette,  
searching patient



## Alpha Zeta, Eugene

It is hard to believe but fall is almost here, and we are getting ourselves in gear. We already have 2 educationals lined up with more to come.

We gathered together on July 20<sup>th</sup> for a graveside service for our sorely missed Sandra Bristow. I think it was one of the hottest days of the year. We had a canopy and everything, but we roasted in the heat. Afterwards, we reconvened at The Country Inn for a celebration of her life. Thankfully, the air conditioning was working, the food was wonderful, and we were regaled with stories about Sandi for her children former co-workers and fellow ESA members. We were given wildflowers to plant in her memory. I hope mine come up!

But I digress, in June Alpha Zeta volunteered at the My Breast Friend 5K run which benefits research for breast cancer. This run is organized by the ladies in Florence. The weather was nice and there was a great turnout. After the run, participants could pick up the items on which they had bid in the silent auction.

In July we participated in the Sleep in Heavenly Peace bed-building-athon. (my new word). This was held in Autzen Stadium and the football team came and built bunkbeds for children in need. We had to be there at 7:00am to register volunteers...and they came from all over the state. The President of Sleep in Heavenly Peace was here from Idaho. The assembly line was already set up and everybody had a specific job to do. In other words, no one built a completed bed. It was impressive!!! Around 200 beds were completed, and we were out of there by 11:30. Oh, we manned the registration table and the snacks and drinks table. We did not have to run power saws or anything like that!!!

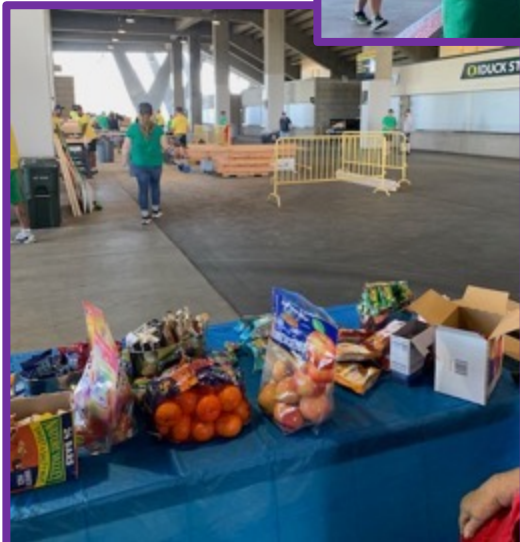
Since then, it has been pretty quiet. Su McDonell will be doing the installation for Omega Mu on Aug 18<sup>th</sup> and their theme will be "Just Keep Swimming". Alpha Zeta has been invited to participate and I think Nemo will be there. Su, Linda & Lanie watched the movie "Finding Nemo" so Su could get some ideas for the installation. This should be good.

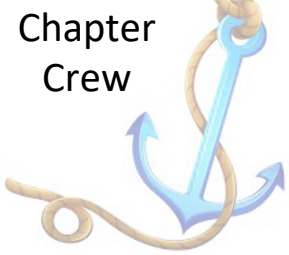
Next month we start our meetings again on the second Wednesday of September.

See you at Leadership.

**Alpha Zeta, Eugene, cont.**

On Saturday the 13th of August three members of the Alpha Zeta chapter volunteered to help with registration and snacks for the bed build at the University of Oregon hosted by Sleep in Heavenly Peace. The day was full of smiles as volunteers worked side by side with the U of O football team to get 155 beds made for Children in our area who don't have a bed to sleep in.





### Gamma Beta, Grants Pass

Gamma Beta continues its contributions to the community Green Bag project providing food to those in need. Ready for pick up August 9, 2024.



### Delta Xi, Portland

Members took part in an open house for easter seals.

We participated with hood river in a fun picnic at cascades locks.

Members also participated in serving meals at independent living sources.



### President's Yearbook

General Board, Chapter & District Presidents and Active Gavels will receive a thumb drive. **If you want a hard copy instead of or in addition to a thumb drive, please let me know by Aug 30<sup>th</sup>.**

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## District Deckhands



### Northwest District

NW District met in Hood River May 18 for Installation and Meeting. We had a big, wonderful lunch provided by Delta Kappa followed by Speakers Roni Hyde from the Alzheimer's Assoc. and Tonya DeHart who works with the Sunshine Club. The Sunshine Club is a day group for people with memory loss disease, providing respite care for family and friends who are full time caregivers in Hood River.

Then followed was our business meeting and the installation of new officers. We Installed new Officers, President—Pat Stupur, V.P.—Penny Phelps, Secretary—Kathy State, Treasurer—Tracy Norton and Parliamentarian—Linda Gratteri. Welcome to all new officers.



### Central District

Well, I certainly don't need to comment on what a strange summer it's been. So, I won't. I'll just say how wonderful it is to look back at our Oregon State Convention at Eagle Crest Resort. It was so good to see everyone there and share in a successful time together.

I know everyone is looking forward to Leadership coming up, and it will be another great time together.

Central District would just like to share information for our fall meeting. It will be the first or second Saturday of October in Madras. We will let everyone know the specific date at Leadership.

Until then,  
Nancy 😊





# SAFE HARBOR ESA

WINTER MEETING  
FEBRUARY 22-23, 2025



Hosted by Southwestern District

Meeting and meals will be held at:  
Sutherlin Community Center, 150 S Willamette, Sutherlin

Registration: \$ 60.00  
Deadline is February 1, 2025 ( additional \$5 after deadline)  
Includes Lunch & Dinner Saturday

Best Western Plus will give you a 15% discount for mentioning ESA. 1st come  
1st served for rooms. Breakfast included with your reservation.

The room block will be held until January 21st.

Best Western Plus, 150 Myrtle St, Sutherlin, OR. 541-459-1424

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Name \_\_\_\_\_ Chapter Name & # \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Special dietary needs \_\_\_\_\_

\$ \_\_\_\_\_ Payable to Douglas District  
Deadline February 1, 2025

Mail to: Judy Huntley-378 Valley View Rd,  
Sutherlin, OR, 97479. 541-459-2550



# YOU COULD BE THE CURE FOR ANNETTE

Or any patient in need.

Join the NMDP Registry<sup>SM</sup> today.



Text HOPE4MOM-OR to 61474 or scan the QR code to join today



Annette,  
searching patient