



The Oregon Grapevine

Epsilon Sigma Alpha International



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Date: Nov 2024

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Captain's Message

The primary duty of the Captain is the overall safe manning and operation of the ship.

Membership

Of course, membership is always first on my list. I want to add an incentive again this year to encourage you to invite a prospective member to your chapter. For every New Member and their Sponsor, I will put their names in for a drawing at Convention.

Playing to Our Strength

What prompted you to join ESA? I believe the top three reasons are helping those in need, creating lifelong friendships and gaining knowledge through our good work. I also believe that we find strength in each other. Using this strength, we can embrace change, so ESA will be prepared to support the next generation of members when they are ready to join. Can you use your strength to ask a friend, co-worker, family member, or any others you may think of to join ESA? "I know you can!"

May the magic of this Holiday Season surround you with
Unlimited Happiness,
Enjoy this time of year to the fullest!
"HAPPY HOLIDAYS"

Holiday Wishes Joyce



CAPTAIN



FOUR GENERATIONS

Joyce Hodge, Baby Boomer Gen. (1946-1964)

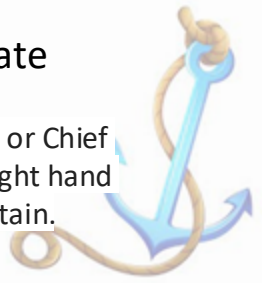
Kari Engdahl, Generation X, (1965-1980)

Riley Johnson, Millennials (1981-1996)

Tinslee Johnson, Alpha Gen. (2013-2024)

First Mate

The First Mate or Chief Officer is the right hand of the Captain.



Ahoy there:

How are you and your chapters doing finding new members?

Have you invited potential new members to your model meetings?

Delta Gamma welcomed a new member this month and we have another interested and hoping to welcome her in soon.

It's your turn now! Don't be shy! Invite that person that just popped in your head. I bet they will say yes. But you have nothing to lose by asking!! Let's get out there and add members so we can continue to do the wonderful things we do.

Please let me know how many you have added to your chapter. Let's get a little competition joining.

Invite. Invite. Invite!!

Jean Forsman



Epsilon Sigma Alpha (ESA) members are dedicated to growing our organization and sharing opportunities to serve our communities. The link below has resources to assist you in welcoming new members.

<https://www.epsilonsigmaalpha.org/Recruitment>

Executive Engineers (Executive Board)



They are responsible for keeping the ship and the machinery running

2nd Vice President

We're looking for a few good people to step up and run for the 2025-2026 Executive Board.

I'm down on bended knee begging.



We're still looking for a 2nd Vice President, Recording Secretary, and Treasurer.

Help be a part of leading Oregon ESA into the future.

Who will step up?

Melanie Swann



REMINDER: ESAF dues must be paid by December 31. Please submit them prior to Dec 15th.

You can pay online in Member Suite:
<https://esa.users.membersuite.com/profile>,
or submit them via mail using the Foundation Form.

Executive
Engineers
(Executive Board)

They are responsible for keeping the ship and the machinery running



Workshop Chair

Ahoy! and thank you to everyone who attended Leadership this year at the welcoming Port of Call, Radisson Hotel in Portland. You made my first time out as Workshop chair an experience, I will keep with me and cherish forever.

We started with a quick practice and reminder to be prepared with an “elevator pitch” to give to member prospects, or anyone who is interested in our organization. Congratulations and thank you to Debbie Sanguras for bravely sharing hers with the group. Debbie, enjoy your ‘front of the line potty pass’ prize at our state meetings this year! I will have a few pitch outlines with me at the Winter Meeting, or you can request one via email and I will send one directly to you. Practice, practice, practice makes progress!

A huge thank you to our Philanthropic Chair, Marsha Klosterman for putting together our presentation, and another great thank you to Chris York and Kathy State for refereeing our game and assisting with the follow up questions. I believe everyone left with answers to questions they did not even know to ask. It turns out the saying is true, ‘There are no silly questions.’ I believe we handed out equal amounts of dummdums and smarties!

Marsha will be following up with every chapter that did not have representation at the meeting, so that we may all be on the same page. Let’s not let all our hard work, time, monies and miles go to waste. Report, report, report!

I look forward to our next workshop at Winter Meeting. Until then, I leave you with a fun on-theme crossword puzzle. Bring your completed puzzle to Winter Meeting for an answer key and a prize! I hope to see you all in Sutherlin!

Melissa Gilliam

Executive Engineers

(Executive Board)



They are responsible for keeping the ship and the machinery running

Corresponding Secretary

I can't believe that it's November already. Christmas and the New Year are just around the corner and then we'll be gathering for Winter Meeting.

I will have the few Yearbook Sections that were not available at Leadership – Section 3 – State Forms and Information and Section 7 – Western States Information. I sent out corrections (in and hope everybody received those. I also mailed the thumb drives to those who were not at Leadership.

If there are any other corrections that you see, please let me know and I'll get those sent out.

Carolyn Warren

Recording Secretary

Leadership was a lot of fun. Joyce did awesome job. Easter Seal guest was great, she shared her story with us. What awesome young lady.

Hope everyone is getting ready for the Holiday Season, it is just around the corner. So, I hope you all have a great holiday with family and friends.

Looking forward to seeing everyone at Winter meeting in Sutherlin. I am sure it will be awesome.

Be safe and take care but have fun.

HUGS, Barb Moss

Past President

A huge thank you to everyone who contributed to the Disaster Fund at Leadership. We raised an amazing \$536.55. Your generous donations for raffles, fudge, repurposed clothes and funds from the Burns chapter will make a difference for members who need help. As we watched the devastating floods, tornados, and hurricanes happening in the south our efforts will definitely help to our ESA fellow members.

Please contact me if you need any help submitting a request for funds. I'll be happy to get you in touch with forms and or information. I look forward to seeing everyone at Winter meeting where there will be more opportunities to contribute to the Disaster fund, with a few gifts involved.

My wish is for everyone to have a wonderful holiday season, please stay healthy and take time to enjoy your family and friends.

Thank you, Connie

2027 IC Convention

Put your thinking caps on! 😊 Submit Your Theme Ideas Today!

During the Leadership meeting in September, we discussed options for celebrating the 80th IC Convention.

There were several options including Ruby and Oak. We decided to not use Ruby as it was too similar to the theme of the most recent convention in Kansas. "There's no place like Kansas" was their theme utilizing Wizard of Oz ideas for the events.

We decided to incorporate Oak into our theme – It symbolizes strength, endurance, and solid support. Like the oak tree stands strong over the years, it represents shared experiences, and the sturdy foundation built together throughout the years.

Please submit your suggestions to Chris York (cristinayork@comcast.net) or Connie Russell (cjrseattle@msn.com).

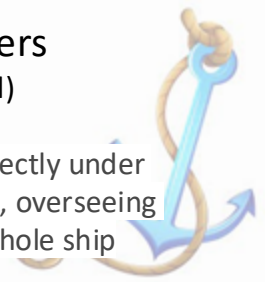
The individual (or group) with the successful contribution will be suitably rewarded.

Looking forward to seeing you at Winter meeting in Sutherlin.

Thanks!
Chris and Connie

Quartermasters (General Board)

Quartermasters work directly under the captain and first mate, overseeing the operation of the whole ship



Philanthropic

I hope that all chapters are writing down the things they are doing that are philanthropic. The goal this year is to not wait until the end and try to think back. I really enjoyed the discussions held during the workshop at Leadership. It was great to revisit so many points. I'm only sorry more of you weren't there. And thank you to our referees, Chris York and Kathy State. The notes and handouts were sent to every chapter president if no one from your chapter was at Leadership. I am counting on them to get the information to the appropriate person in their chapter. If any of you want me to talk to your group or to your philanthropic chair, let me know

Marsha Klosterman

Educational

I'm hoping you all are writing up whatever educationals you do in your chapter. We can all benefit from the creative topics' others come up with. I believe any topic can be "anchored".

Marsha Klosterman

PORT OF CALL LEADERSHIP MEETING

Quartermasters (General Board)

Quartermasters work directly under the captain and first mate, overseeing the operation of the whole ship



INCOME:

Deposit 6/6/2024	Registration for 2	2x125	\$ 250.00
Deposit 6/17/2024	Registration for 1	1x125	125.00
Deposit 7/24/2024	Registration for 5	5x125	625.00
Deposit 7/29/2024	Registration for 13	13x125	1,625.00
Deposit 8/3/2024	Registration for 7	7x125	875.00
Deposit 9/8/2024	Registration for 5	4x125 + 1x130	630.00
Deposit 9/24/2024	Registration for 1	1x130	130.00
Deposit 9/24/2024	Speaker Exp. Reimbursed by State Council		116.16

TOTAL INCOME: \$4,376.16

EXPENSES:

9/15/24 #1048	RADISSON		\$3,844.48
	#1049 Linda Gratteri – folders		19.60
	#1050 Reimburse Joyce – room & registration		469.40
	#1051 Sandy Diess - Refund less \$10		115.00
	#1052 Lani Shimer - Refund less \$10		115.00

TOTAL EXPENSES: \$4,563.48

Loss to be reimbursed by Oregon State Treasurer (\$ 187.32)

Prepared by Co-Chairs:
Linda Gratteri
Debbie Sanguras

Per Policy & Procedures, the attached Financial Report is being sent to our State President, 1st Vice President, Workshop Coordinator and Recording Secretary with a copy to Carolyn Warren for inclusion in the next Grapevine. Unfortunately, we ended up with a loss; ergo, a printed copy with an Expense Voucher will be sent by post mail to Kari Engdahl for payment to Northwest District.

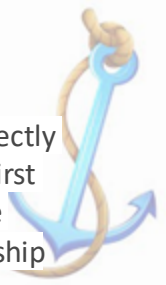
We really wanted this to be a successful Leadership, and the meeting itself was successful, fun and outstanding.

Congratulations to all of you! We just wish we could have ended up with a profit!

Leadership Co-Chairs
Linda Gratteri & Debbie Sanguras

Quartermasters (General Board)

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ESA Foundation Report

Part 1 of 2

Hello everyone.

Hope you are enjoying the resumption of our organization's year. Seeing old friends at meetings (chapter and state), and activities. Those of us who attended Leadership had a great time with fun and informative workshops and some creative fundraisers for Disaster Fund. Hope to see you at Western States Fing in Tucson and Winter Meeting.

REMINDER – Scholarship Season is in full swing. Please consider contacting your local schools for applicants for our scholarships. The applications close on January 31, 2025. If you have any questions, please let me know.

Chris York

Have you ever wondered what it takes to be on the State Executive or General Board? Do you think it's something that you couldn't do? That you don't know how?

Take heart, take a breath and raise your hand. That's all it takes and there's a whole group of people that are available to help you.

Jean and Melanie are looking for some energetic and enthusiastic ladies to raise their hands and say yes.

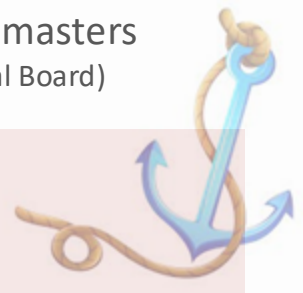
Executive Board Positions:

2nd Vice President
Recording Secretary
Treasurer

General Board Positions:

Distinguished Member/Youth Award
Easter Seal Jr. Chair
Education Director
Philanthropic Chair
St Jude Jr Chair
Western States Council Rep





ESA Foundation Report, cont.

Part 2 of 2

Turnaround Funds:

- Important to the Foundation to help strengthen 501c3 status
- Rather than sending individual checks to one or more 501c3 charities, the individual sends one check to the Foundation indicating which charity is to receive what amount. The Foundation turns around this request and sends individual checks back to the person using the turnaround funds. Then the person sends the checks to the individual charities.
- Benefit: Easier to document donations on your taxes (donations to one charity instead of multiples)
- Item to remember: Checks are returned to the donor, not the charity, so the donor needs to send them on to the charity.
- Headquarters has asked that we complete one turnaround form and send one check for every 10 organizations listed. This allows them to process the entries in the system without it timing out.
- Last year we donated \$358,445 and yet only \$4,222 went through the turnaround fund. Please consider using the turn-around fund for your donations, wherever possible.

Membership Dues:

- Annual dues are due to be received at ESA Headquarters **before** December 31st.
- Dues paid in 2023 give voting rights for 2024.
- Annual membership dues are \$40 and Life Active Membership is \$500.
- Please consider joining the Foundation, if you are not already a member. Make sure your annual dues are paid or become a Life Active Member – Reminder: Individuals don't need to be a member of ESA to be a member of the ESA Foundation; businesses may also join. You can split the Life Active membership payment in two.
- Members are encouraged to pay dues early. Several eblast communications will be sent to remind members to pay before year end. Paying dues before November saves mailing a paper reminder to pay dues. These reminders are mailed early November.
- I have a list of members and whether your dues are paid. If you have questions I can help you.
- Since May 1st we have donated \$5239.49. Last year we donated \$11,675. Since we have already donated almost half of last year, we should have no difficulty surpassing last year.
- The ESAF FundFest purse this year is a Mary Frances one-of-a-kind designer bag. The bag is valued at \$295.

Easterseals

BUT FIRST, A LITTLE HISTORY:

In 1919 Edgar Allen, an Ohio businessman founded the National Society for Crippled Children, the first organization of its kind to help children with disabilities. In 1934 the organization launched its first Easter “seal” campaign to raise money for its services. Ten years later, it broadened its mission to include adults. In Oregon, in 1947 The Oregon Society for Crippled Children and Adults was founded with Douglas McKay, former Governor of Oregon as its first leader. In 1952 the lily was officially incorporated into the Easterseals symbol. By 1967 the Easter “seal” was so well recognized that the organization formally adopted the name “Easter Seals” which later became known as Easterseals Oregon. Today, its mission has expanded to include programs for seniors, veterans, and other community services.

We heard at the Leadership Meeting in September how much the Easter Seals Summer Camp meant to both Halleya and her parents. Enrolling in Summer Camp costs about \$950, so it’s important to keep Easterseals Oregon on our list of donations.

SAVE THE DATE: The annual Bloomfest Ball will be held on Friday, April 4, 2025.

Linda Gratteri

Easterseals Celebrated Ardyce Moore’s birthday



Quartermasters (General Board)

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Publicity

I know that Oregon chapters are participating in many community, state, and international activities. Please take some time to write an article for JOURNEY MAGAZINE to let others know what your chapter is doing. Be sure to include pictures.

This issue, the spotlight is on former Oregon State President Kaycee Headley.

As seen on an Oregon State University Synergies - College of Health e-letter. AgriStress Helpline for Oregon Project Director Kaycee Headley and Oregon State University College of Health Associate Dean for Extension and Engagement Allison Myers talk about the AgriStress Helpline for Oregon, which is also available in Washington. This helpline came about to serve agricultural and forestry communities. Their conversation includes the kinds of situations the AgriStress Helpline deals with and the resources/follow up callers will relate to. Both women were featured on KUMA Coffee Hour Podcast in Pendleton August 9. They spoke of the helpline which reaches out to families and communities experiencing difficulties unique to the agricultural and forestry industries.

Nancy Reid

and Cricket
(her task master)



Quartermasters (General Board)

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Safe Harbor ESA Winter Meeting February 22nd and 23rd

Hello everyone! The members of the Southwestern District would like to invite all of you to join our President Joyce Hodge and us for a fun-filled weekend February 22nd and 23rd in Sutherlin.

We have reserved the Sutherlin Community Center for our meetings and meals. It is a great location where we have hosted Winter Meeting and Leadership in past years.

The registration is \$60 (additional \$5 after February 1st) which includes Lunch and Dinner on Saturday. The registration form is included in this Grapevine. Please fill it out and get it sent to our Registration Chair Judy Huntley. We are having the Saturday night Dinner catered by a Hawaiian restaurant which will be delicious!

The Hartford Lodge Best Western Plus will give you a 15% discount for mentioning ESA with the room block being held until January 21st. They have wonderful, cooked to order breakfasts and it is a very nice place to stay. The rooms are currently \$111.68 per night, including tax, for two people and two queen beds.

We are also in the midst of planning a special event for Friday night, February 21st, which will include wine and food. Once the final details are in place we will have Carolyn send out information and sign-up forms.

If you have any questions, please contact me.

We hope to see lots of you at the meeting!

Mary Anne Puhl

Parliamentarian/Documents Chairman

The Documents Committee has met and made some minor changes to the Guidelines for the Credentials, Documents/Parliamentarian, and Western States Chairman. These have been sent to the chairman who are affected. The changes will be posted on the Web site.

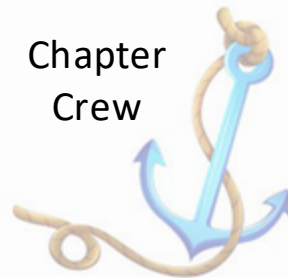
We have also worked on the several changes to By-laws. These were discussed at Leadership this fall and will be published in the Grapevine. If you have any questions, please let me know. Any member of the committee can also answer any question.

We continue to try to update the information needed to adequately describe each position. If you need a copy of a particular Guidelines, let me know and I can email it to you.

Kathy State

Proposed Bylaw Changes on pp 23-25

Chapter Crew



Delta Gamma, Florence

Our Auction was a resounding success, thanks to our great auction committee and our wonderful guests. We had lots of repeat guests and some new, as well. It was a fun evening that included a Dessert Auction, the Buy-it-Now Table, a Silent Auction, and the Oral Auction. We had a new auctioneer this year and Ryan Denning did a fabulous job. He was supported by a new group of young men showing off the items and spotting bidders. They all did a great job.

Lori Johnson conducted a beautiful initiation of our newest member, Maygan Hiatt, who was sponsored by Missy Johnson. Maygan is a go-getter, fun, and a wonderful addition to our Sisterhood!

As reported in the last Grapevine, our most important effort this year has been supporting our sister, Annette, in her battle with a form of blood cancer. Good news! A donor has been found for Annette and she has started prepping for that. Bad news! The donor cannot have the cells harvested until the first of the year. So, the new date for the transplant is the 11th of January. Annette and her hubby, Gary, will be in isolation for 4 months. During this time, Annette's mailing address is 6559 35th Ave. NE Apt 216, Seattle, WA 98117. Cards will be so appreciated!

Delta Gamma plans on continuing to support this program, the NMDP Registry, and to encourage volunteer donors. For patients with blood cancers, like leukemia and life-threatening blood diseases such as sickle cell, a cure exists—a blood stem cell donation from a matching donor. To learn more, go to the website or contact any member of Delta Gamma.

Julie Rassmann



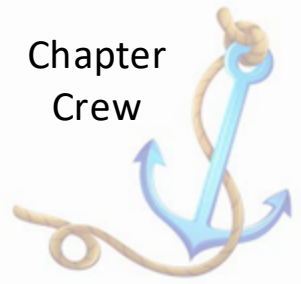
Alpha Upsilon, Hillsboro

We have been saddened by the number of deaths our sisters and former members have suffered, particularly several who have suffered the deaths of their children: Diane Lewis, her son; former member Linda Wilson, her daughter; and former member (currently member in Albany) Anne Scissons, her daughter.....our prayers continue to go out for each of your families.

We are in a season of change and some of those changes are very painful, especially as we head into the holidays. Thank goodness we all have each other to lean on. We've headed into Fall, kicking off yet another year of Alpha Upsilon activities. The committees have been meeting, organizing, reporting and now it's already November! Most of us in Alpha Upsilon are retired and ALL of us wonder how we ever had time to work full time, raise families AND volunteer so much. But we did it!

Our first "Fun Fund" raiser was a secret brunch/card making event hosted by our President, Susie Parks and Della Schwab at Susie's home. For those of you unfamiliar with the "secret" fund raiser, the host selects a day, time, place, menu and number of guests. Then another member seeks those who would like to attend (the only information provided is date and time to determine availability). The day of the event, the "guests" are provided the location. The host is NOT informed so she only knows who is attending as she opens her door to her guests arriving! We been doing this for years over dinners, game nights, brunch, and now the fall card making.

Chapter Crew



There were six paying guests (everyone decides for themselves what they pay, based on a comparable restaurant meal, tip, drinks, etc.): Carolyn Fowler, Barbara Freerksen, Karla Frengle, Linda Gratter, Sue Horton, DiAnne Fentress-Rowe were on attendance. Brunch was a tasty egg/sausage casserole with hashbrowns & biscuits with a dessert of fresh apple cake. And let's not forget the Mimosa's! After brunch, our two card making artists walked the guests through completing a beautiful fall greeting card. So, a lovely morning with fun, food, finances raised and learning new craft skills.

At our meetings, we sell 50/50 raffle tickets. That's become our favorite monthly meeting fund raiser - all we have to do is bring money! And we don't have to take anything home (unless we win, of course). Most of us are looking to downsize the collections in our homes rather than accumulate more stuff!

Alpha Upsilon wishes for ALL of you a safe and healthy fall, a happy Thanksgiving and ways to bring added joy to each other and particularly to those in need in our communities.

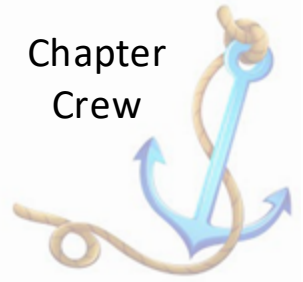
Together we all make a difference!

Rennia Meek

Alpha Upsilon, Hillsboro



Chapter Crew



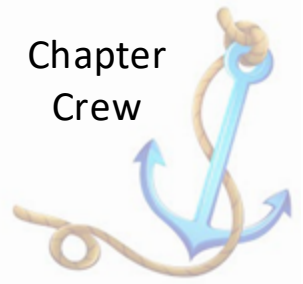
Delta Xi, Portland

Together with the Milwaukie-Portland Elks, Delta XI held a Bingo night November 8 with the proceeds benefiting the Elks National Foundation and our local Trillium Family Services. It was very well attended this year. So much so that we needed to open a second room for everyone. We started the evening with baked potato feed. We played seven Bingo games, had a drawing for baskets full of wine, arts and crafts, movie nights and many, many more, a giving tree and a 50/50 drawing. When the evening was done, we were able to empty the gift tags on the giving tree and present Trillium with a check for \$800. What a GREAT night!

Kathy Darnielle



Chapter Crew



Alpha Psi, Port Orford

Hi everyone! Here is a short report about what is happening here on the Southern Oregon Coast!

Our monthly Chapter meetings are on the second Tuesday at 5:30 p.m., September through May, at the Port Orford Senior Center. You are welcome to join us any time!

We are so proud of our Oregon State Council Officers, President Joyce Hodge and Treasurer Kari Engdahl! Thanks to both of you and to all our elected and appointed members who make the commitment to operate our State Council for us!

We have renewed energy in our Chapter due in large part to our new member, Riley Johnson, and our two newly reinstated members, Marilyn Oberbeck and Roxanne Gibbs. (Riley is the daughter of Kari and the granddaughter of Joyce so she has been involved in our Chapter her whole life. Her jewel pin ceremony was held November 12th!) We have 11 members which is very exciting!

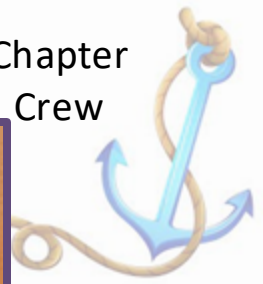


Since our last State Convention, we awarded three \$400 scholarships to three 2024 Pacific High School graduating Seniors. We have given these scholarships for many years.

In the past we held highly anticipated bingo events in the fall and spring, usually around Halloween and St Patrick's Day. Covid brought that to an end, but we are now having them again!

We held a fun bingo evening on Saturday, November 2nd. It was well attended, and everyone had a great time. In the past we had given either nice items we purchased or cash for bingo prizes, but this year we decided to support our community by buying \$10 gift certificates from various stores and restaurants in our area. Several of the businesses also donated additional gift certificates. They were very well received by our winners. Marilyn also put together a raffle for various gifts and we had chili, hotdogs, frito pie (fritos smothered with chili), or any combination of the three, available for donations. The raffle and food donations brought in an additional \$225 for the scholarship fund! We do not have a final income figure for the bingo itself, but I expect it will be about an additional \$250.

Chapter Crew



3 generations of ESA - Joyce Hodge, Riely Johnson & Kari Engdahl

Alpha Psi cont.

On Friday December 6th and Saturday December 7th, we will host the Annual ESA Christmas Bazaar from 9 a.m. to 3 p.m. each day. This will be our 60th year! We rent the Port Orford Community Building and the American Legion Hall next door, do the PR, and rent tables to various organizations and individuals. The bazaar proceeds all go to St Jude. This year we will also be providing a few breakfast and lunch items and drinks for donations. We also have a 50/50 drawing at the bazaar as a fund raiser for our Pacific High School Scholarships. It is a nice time to see friends, meet new people, get in the holiday spirit, and it gives everyone a chance to buy special gifts for Christmas and the local kids get to talk to Santa on Saturday!



Below – Sonja Mason & Bonnie Smith



Our annual Christmas potluck dinner and gift exchange will be held on Tuesday December 10th. It is always a fun evening, with lots of good food and lots of laughs while we steal each other's gifts! If anyone wants to join us, please contact me. We would love to have you!

Also, as the Southwest District Council President, I would also like to invite everyone to the Safe Harbor ESA Winter Meeting in Sutherlin. Our district members are busy planning a great time for all of you the weekend of February 22nd and 23rd. The registration form is in this issue so please sign up if you haven't already done so!

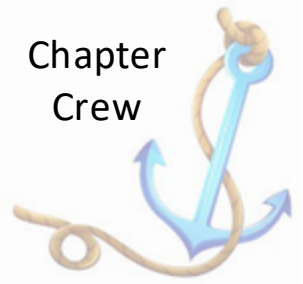
Hope to see you all in Sutherlin!

Mary Anne Puhl

Right – Former member Linda & member Priscilla Lang



Chapter Crew



Alpha Zeta, Eugene

Alpha Zeta chapter hit the ground running in September. We have had 4 educationals and more scheduled. First, we had an educational at Seal Rock, Oregon where we watched a glass blower make her product between two fiery hot ovens. We were able to ask her questions about the dangers (hot, hot, hot) of glass blowing and how long she had been practicing her art. After watching the demonstration, we all walked to the sales area and purchased articles made there. Prior to going to the glass-blowing place, we met at Luna Sea Seal Rock for lunch and had a great time visiting and eating very tasty food. All in all, it was a very successful day.

Most of us attended Joy Serkowney's memorial and consequently missed Leadership.

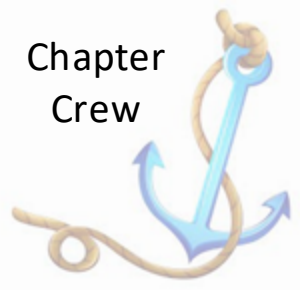
In October, we had an educational on art in the garden and Lani talked about Talavera ceramic art which was featured in one area of the garden. Chapter members were encouraged the walk around the yard and enjoy the different vignettes situated in the flower beds. A lunch of Caesar Salad, beverages and Mexican pastries was provided. We, also, had a succulent party and our teacher talked to us about the plants and their care. We went home with two small plantings or one large one.

Also, in October, we congregated at Linda's house to see how her garden was decorated with recycled art. We were given a sheet with photos, and we tried to locate said artifacts in Linda's backyard. We spent a great deal of time on that! Even her greenhouse is made of old windows. Her backyard is a treasure trove of recycled objects.

November found us doing another Paint and Pour. This time, we painted a tribute to our lost sisters, Joy Serkowney and Sandi Bristow. All payments by participants and donations by those who could not attend have been donated to St. Jude in their memory. We were able to send \$1,200.00 to St. Jude. Also in November, six of us attended Delta Gamma's annual auction and we had a fantastic time! Finally, we had another educational hosted by Sandy Diess at the Applegate Pioneer Museum. Many of the artifacts have been donated by families of the original settlers in the area. It was interesting to see home-made desks and a \$6.95 bathtub from Sears!

Lani Shimer





Alpha Zeta cont.



NW District

We met at The Old Spaghetti Factory for lunch and meeting. Our guest speaker was Kelsey Stark who is the Volunteer Program Manger of Transition Projects in the Portland Area. They are hard at work getting housing, clothing and food to approx. 6300 unhoused individuals living in this area. There have been great strides, but still more help is needed. Delta XI is one chapter that helps by preparing a meal once a month for one of their temporary housing units.

The District Yearbook was provided for the officers and committees for informational purposes. Each chapter reported on their activities since our last meeting. A drawing was held by Alpha Upsilon with proceeds going to Easter Seals. The main order of business was updating the By-laws to reflect the change to two-year terms of office. Since we only meet twice a year, our next meeting will be in May with the host of Alpha Upsilon.

Also, a big thank you to Linda Gratteri and Debbie Sanguras for their organization of the Leadership meeting.

Kathy Darnielle



District Deckhands



Central District

Our Fall District Council Meeting was held in Madras, October 5, 2024, at the Lutheran Church. It was a beautiful fall day, and we had a wonderful meeting with 13 members present.

We had social hour and caught up on all the news, as the last time we saw each other was State Convention at Eagle Crest. Madras put on a wonderful luncheon and they were, as always, the perfect hostesses. There were fun door prizes, and everyone had a great time. It was so good to see everyone.

We were fortunate to be able to use Melanie again as our 'professional report reader', prayer giver and 'thought for the day' giver. She read our reports on the Leadership Meeting, including the very memorable Easteseals Family who visited and spoke at our luncheon, the very informational and fun Philanthropic Workshop, Membership Incentive Award, our new State Chaplain, Leianne, giving her information to anyone who didn't have it, the Education Theme, the Flag Projects and its' status, IC 2027, and District Rotation.

I realized after we got home from the meeting, we were so busy catching up and having fun, I forgot to take photos. Boy, what a bummer! We'll get some at the next meeting in the Spring.

See you at Winter Meeting
Nancy Reid



Who are you
bringing aboard the
ESA Ship?



WVDC

WVDC met in Eugene at the Lamb Cottage in Skinner Butte Park on November 3, 2024. Twelve members attended from the three chapters.

Delta Gamma reported that they were meeting at the Mustard Seed in Florence the next day and would be hosting their annual auction at the Florence Events Center on November 9. They have been actively promoting bone marrow/stem cell donations. A members has been approved for this process to begin.

Omega Mu sent their report by proxy. Vice-President Patty Anderson wrote that they had an installation of officers at the Long Timber Restaurant with the theme of Just Keep Swimming. Alpha Zeta's Su McDonell did the honors. Later in September, some members joined Alpha Zeta at their glass-blowing educational in Seal Rock. Omega Mu, also, had an educational on Surviving the Titanic from Puppet Mystery. The next WVDC meeting will be held by Omega Mu which will be held at either Patty or Jill's home.

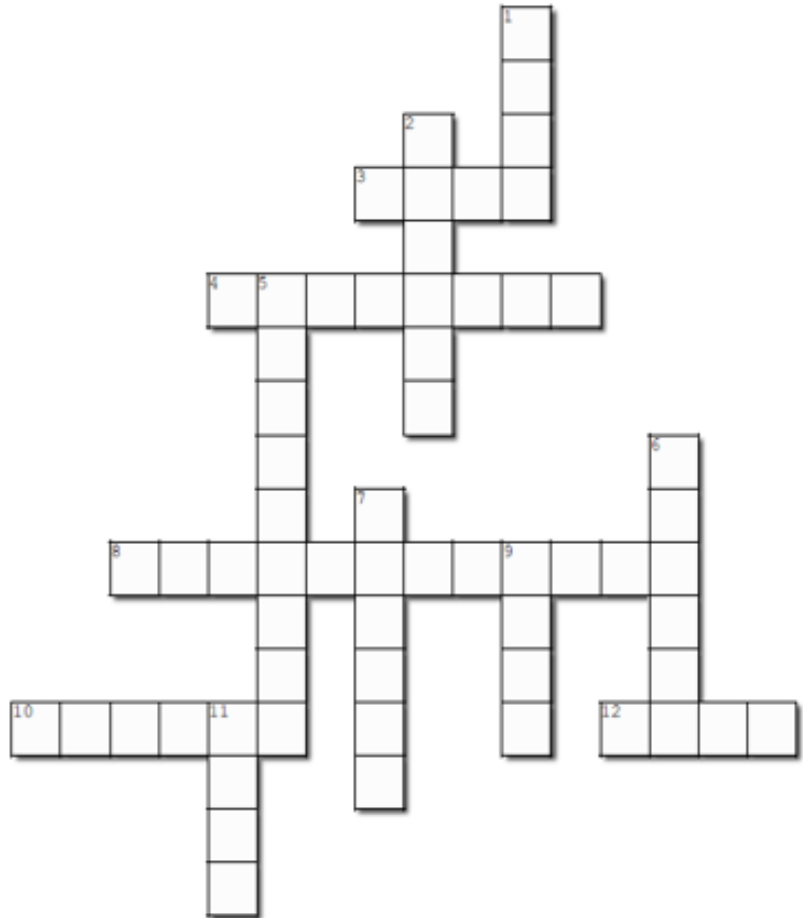
Alpha Zeta already has a lengthy report submitted so I won't add anymore!! You can thank me later.

Julie Rassmann



Anchors Aweigh with ESA

Complete the crossword puzzle below



Across

- 3. A tall upright post, spar, or other structure on a ship or boat, in sailing vessels generally carrying a sail or sails.
- 4. Of or concerning sailors or navigation; maritime.
- 8. 2 words. A firmly anchored buoy for boats to tie off to rather than drop anchor.
- 10. Sail about in an area without a precise destination, especially for pleasure.
- 12. 'Sail the seven _____'.

Down

- 1. A small vessel propelled on water by oars, sails, or an engine.
- 2. Member of a Branch of Armed forces or meaning of, found in, or produced by the sea.
- 5. A city in Alaska names for a place for anchoring.
- 6. Bon _____ French for 'Good Journey'.
- 7. A heavy object attached to a rope or chain and used to moor a vessel to the sea bottom.
- 9. An anchored float serving as a navigation mark, to show reefs or other hazards.
- 11. A piece of material extended on a mast to catch the wind and propel a boat or ship or other vessel.

Proposed By Law, Standing Rules, and Policy and Procedures Changes

Article IV Executive and General Board, Section 2

Currently Reads: No state officers shall serve more than two consecutive terms in the same office

Change to: No Executive Board member shall serve more than two consecutive terms in the same office unless no other nominations are received by the February 1 State Nomination deadline. No Appointed Board member shall serve more than two consecutive terms in the same office unless there are no other State Members voluntarily accepting the appointment.

Reason: Membership is decreasing and aging, and it is more difficult to find members to step up and take various position. Members should not be limited from holding a position if they are willing to do so.

Article XII: Meetings Section 4

Currently Reads: A State Convention shall be held annually during the last of April or the first of May and shall be considered the Annual Meeting. The Convention shall be hosted each year by the Districts on a continual rotation basis as follows: Eastern, Central, Willamette Valley, Douglas-Coast, Northwest and Southern.

Change to: A State Convention shall be held annually during the last of April or the first of May and shall be considered the Annual Meeting. The Convention shall be hosted each year by the Districts on a continual rotation basis as follows: Eastern, Central, Willamette Valley, Southwestern, Northwest and the Gavels.

Reason: Districts have combined and the Gavels Auxiliary has joined the rotation.

Article XVII: Oregon Guidelines Section 2

Currently Reads: Recommendations for changes or updates shall be submitted to a three (3) member Oregon Guidelines Committee.

- a. The chairman of the committee shall be the State Documents Chairman/State Parliamentarian.

- b. The Remaining committee members shall be appointed by the State President and shall include one additional Gavel and one (1) member in good standing from the general membership.

Change to: Recommendations for changes or updates shall be submitted the Oregon Guidelines Committee.

- a. The chairman of the committee shall be the State Documents Chairman/State Parliamentarian.
- b. The committee must be at least 3, no more than 6, members in good standing and approved by the State President and the Parliamentarian/Documents Chairman.

Reason: A larger committee has been working on the Guidelines and have been able to develop a better outcome. Members on the committee need to have the experience of holding some positions and also the interest in exploring all of the documents.

Article XIII: Finance

Section 1: The annual fee of fifteen dollars (\$15) per Chapter member, including pledges and re-affiliates: shall be paid to the State Treasury by all Chapters in good standing with the International Council. These fees are to be mailed to the State Treasurer by May 1 and shall be delinquent by June 15.

Change to: Article XIII: Finance

Section 1: The annual fee of fifteen dollars (\$15) per Chapter member, including pledges and re-affiliates: shall be paid to the State Treasury by all Chapters in good standing with the International Council. These fees are to be mailed to the State Treasurer by August 1 and shall be delinquent by September 15.

Reason: International dues are not paid until August 1. It is difficult to change the paper work for an incoming Treasurer and chapters to not meet during the summer.

Proposed Standing Rule and Policy and Procedure Change

Article XVI: Amendments Section 1

Proposed amendments shall be submitted in writing to the State Parliamentarian ninety (90) days prior to the annual meeting and the Parliamentarian shall publish proposed changes at least thirty (30) days prior to the annual meeting.

Standing Rules: 9. To amend the standing Rules, refer to Bylaw Article VI

Policy and Procedures: 8. To amend the Policy and Procedure for all Official Oregon State Meetings refer to Bylaw Article XVI Amendments.

Policy and Procedure for Oregon State Awards: 1 To amend the Policy and Procedures for Oregon State Awards refer to Bylaw Article XVI Amendments.

Change to: Omit Standing Rule 9 and Policy and Procedure 8 and Policy and Procedure for Oregon State Awards.

Reason: This is to separate the Standing Rules and the Policy and Procedures from the Bylaws. This will enable the Documents Committee to do the work without having to wait for the annual meeting. Votes needed for changes can happen at any state meeting.



"You don't know how long I've wanted to say this: I'm ruling you out of order, Mr. Roberts."

Flag Project Status

We have taken all the flags, cleaned them, and taken a good look at them. Many would not lie completely flat, some were a bit twisted, some have been updated over the years. In an effort to standardize and bring them update to date, Patty took on the task and digitized the flags.

We should be using the updated logos for those agencies we work with that have changed. For some of our standard flags, these may be available from our IC partners and a call to them would help make sure we are properly representing ESA as a whole.

The more local or Oregon specific flags have shapes that are not available online. To recreate these will cause a variance our members will want to discuss. When we add that we have one District looking to create a new flag it may warrant having a conversation with our members to see if the flags representing them are reflective of them. I do know that the flags have a special place for our members but given how they are pulling up electronically it should be carefully reviewed before we move forward.

We are asking that each Chapter & District review the flag designs attached and to provide your feedback on the proposed flags and to let us know if Districts wish to update their flag.

Please take this back to your Chapters & Districts and plan to report at Winter Meeting. We will then proceed with this project of standardizing and reducing the size of our flags. Our plan is to have completely new flags ready to be presented at 2025 Convention.

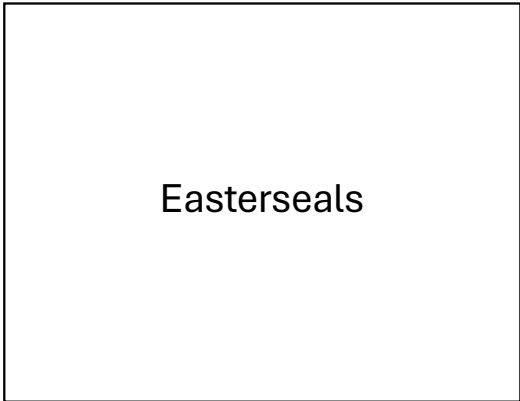
Carolyn Warren, Sandy Diess, Patty Anderson



1



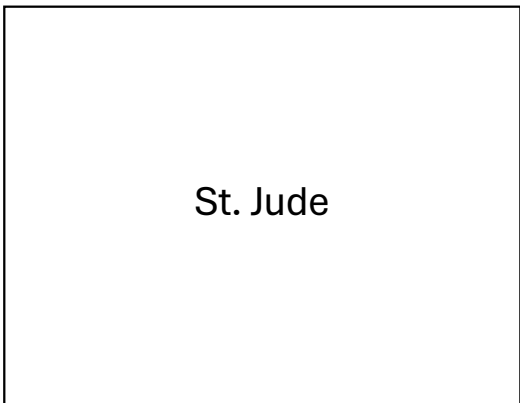
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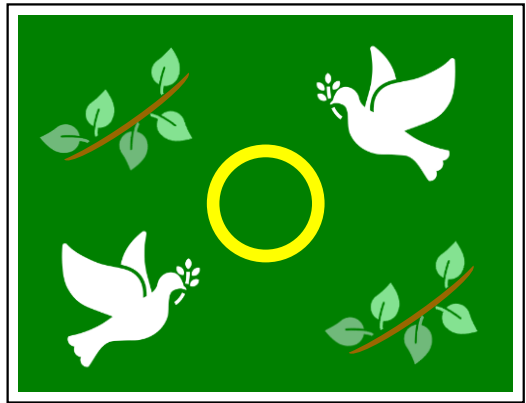
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6

All Faith

7



8

Western States Council

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10

Oregon State Council

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12

Central
District Council

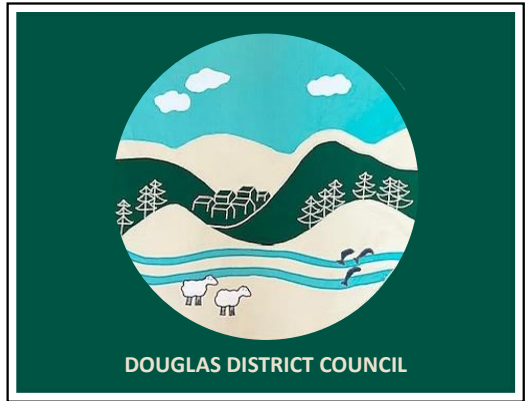
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Douglas
District Council

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16

Eastern
District Council

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Northwest
District Council

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20

Southern
District Council

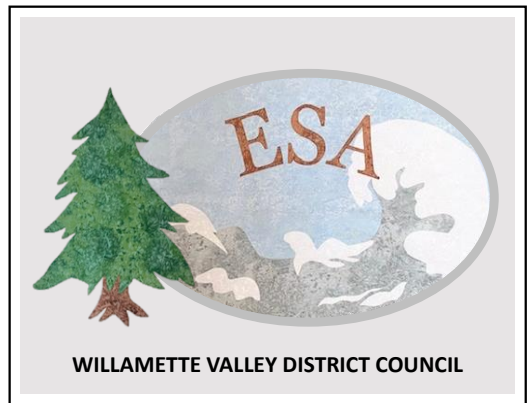
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22

Willamette Valley
District Council

23



24

SAFE HARBOR ESA



WINTER MEETING
FEBRUARY 22-23, 2025

Hosted by Southwestern District

Meeting and meals will be held at:
Sutherlin Community Center, 150 S Willamette, Sutherlin

Registration: \$ 60.00
Deadline is February 1, 2025 (additional \$5 after deadline)
Includes Lunch & Dinner Saturday

Best Western Plus will give you a 15% discount for mentioning ESA. 1st come
1st served for rooms. Breakfast included with your reservation.
The room block will be held until January 21st.
Best Western Plus, 150 Myrtle St, Sutherlin, OR. 541-459-1424

.....

Name _____ Chapter Name & # _____

Address _____ City _____ Zip _____

Phone _____ Email _____

Special dietary needs _____

\$ _____ Payable to Douglas District
Deadline February 1, 2025

Mail to: Judy Huntley-378 Valley View Rd,
Sutherlin, OR, 97479. 541-459-2550



ESA Oregon State Convention 2025

“Dropping Anchor”

May 2-4, 2025

Hilton Garden Inn in Springfield, OR



- 'Earlybird' Registration (received prior to February 28, 2025)
(Qualifies to win a full refund of registration.)
- Convention Registration deadline:** April 10 2025
- Late Registration** (received after (April 10,) must be accompanied by a late fee of \$10
- Requests for refunds** must be received by Convention City, in writing, by April 10, 2025
(as per Policy & Procedures)

To make your reservation at the **Hilton Garden Inn Springfield:** call 541-736-3000
Rooms are: \$159 + taxes Dbl Q & Single King... Mention 'Oregon State Council ESA'

Please fill out ALL applicable spaces & mail this portion

Member (Spouse or guest) Name _____ Member # _____

Address: _____ City _____ Zip _____

Chapter Name _____ Chapter Number _____

Phone: () _____ Email _____

Spouse, Escort or Guest's Name (if attending) _____

State Board (position) _____ Chapter President _____ Guest _____ MAL _____

District President _____ Pledge _____ 1st State Convention _____ Gavel (year) _____

*I require strictly Vegetarian meals _____ I require Gluten-free meals _____

*I have a Medical Allergy to: _____ and I require special care taken with my meals.

*Please note and select one of Saturday's Banquet entrees here:

___ **Apple Stuffed Pork Loin** (apples, onions, almonds & brown sugar) topped with pan jus served with Roasted Sweet Potatoes. *Dessert:* Cinnamon Apple Strudel w/Vanilla sauce

___ **Char Grilled Salmon Filet** topped with a citrus Butter Sauce w/Rice Pilaf butter sauce. *Dessert:* Cinnamon Apple Strudel w/Vanilla sauce

___ **Freshly Roasted Vegetables w/Penne Pasta** & spices tossed in pesto & Olive Oil

___ **Vegetable Puff Pastry** sauteed array of vegetables inside pastry, on a pool of Tomato Basil Sauce. ...*Dessert* same above.

Member Registration \$ 150.00 _____

Late Fee (if applicable) \$ 10.00 _____

Guest for Banquet only \$ 43.20 _____

Guest Full Registration \$ 150.00 _____

Guest for Luncheon only \$ 19.20 _____

Enclosed Total \$ _____

Checks payable to: WVDC - ESA 2025 Oregon State Convention

Mail Registration to: Sandy Diess 26072 Crow Road Eugene, OR 97402