

THE OREGON GRAPEVINE 2012-2013

January, Issue Four

Heart and Hands Celebrate ESA

Judy Johnson
State President

I wish each of you a very Happy New Year – a New Year filled with hope, health and “Heart and Hands Celebrating ESA”.

It's hard to believe that our ESA year is nearly nine months “old”. But the next three months are full of activity – Western Fling in San Francisco, Winter Meeting in Roseburg (celebrating St. Jude Childrens' Research Hospital), State Convention in Eugene/Springfield (celebrating Hope for Heroes), and the anticipation of IC Convention in Virginia in July. Keep your bags packed!!

Please get your registration made very soon for Winter Meeting. We have an exciting weekend planned, including a special guest speaker, Karen Goirigolzarri, principal at Roseburg High School (and a teaching friend of Nancy Reid), a celebration of St. Jude Childrens' Research Hospital plus a presentation on the dedication of the new ESA area in the Hospital by three of our members who attended.

Sandy Diess and Su McDonell have been planning and preparing for our 2013 State Convention for a very long time. It will be held at the Hilton Garden Inn in Eugene/Springfield on April 19-21. And we are so pleased that our IC Representative will be Susan (Suzy) Winters, our International Council President. Suzy is a dynamic, creative woman – a magician as well! We would like to honor her special project by participating on our local level. Susan is dedicated to supporting those who experience Domestic Violence in their lives. We would like to collect cuddly blankets and stuffed toys that can be given to children who must leave their homes with nothing and go to a shelter for protection. Please pass this request along to your members so we can have a big collection of items for a local shelter to give to these frightened little ones.

IC Convention in Norfolk, Virginia on July 15-21 should be especially well attended by Oregon members, as we will be hosting the NEXT Convention in Portland in 2014. Many members across the country have expressed excitement that they will be coming to Oregon again. We have a reputation for GREAT IC Conventions so many

will be coming. Please remember that **ALL** of us will have a part in this Convention. We're so lucky that we will be able to attend an IC Convention "at home" – no expense for long distance flights!

I hope you are as excited as I am about these next three months. We will be celebrating a year of hard work, dedication, new members, recognition for special sisters and chapters and lots of opportunity for hugs and fellowship together.

With much love and appreciation for each of you, Judy

Susan Winters, IC President

The Magic of ESA & St. Jude

September 24, 2012
November 2, 2012
November 17, 2012
December 1, 2012
July 19, 2013

What do these four dates have in common? Well as you can see from the pictures at the right, they are related to St. Jude Events that are near and dear to the hearts of many ESA members! How many of these events have you participated in this fall?

ESA Magic & St. Jude kicked off the year going out to eat at Chili's with family and friends on **September 24**. Did you get to create a pepper? Each year in September Chili's donates 100% of its profits to St. Jude. Guests are invited to design a custom pepper and made an individual donation to St. Jude. Chili's is in the midst of their 10-year goal \$50 million campaign of donations to St. Jude. Although ESA is not "formally" a part of this campaign, I have lots of pictures of members who made the effort to eat out at Chili's that day doing their part to help Chili's and St. Jude. You can see our own Charlotte Carloni from ESA HQ, promoting the event.

Then, of course, this year is a special year of magic for St. Jude and ESA! We are celebrating 40 years of service and \$165 million of giving! Everyone knows that ESA was recently honored with a special dedication ceremony at St. Jude on **November 2**. The ribbon cutting ceremony was such an honor and you can see from the picture just how proud we were. Representatives from St. Jude, including little Corbin a St. Jude patient and Rick Shadyack, two members each from ESAMC, ESAF, ESAHQ, ESAIC, as well as the Sr. & Jr. ESA for St. Jude coordinators were invited to the ribbon cutting held in front of the murals on the ground floor of the hospital. The ground floor was selected as the location for our murals because ESA has been involved with St. Jude almost from the beginning. It Magic when you see over 300 ESA members gather together in the St. Jude Pavilion to celebrate the 40 years of



ESA service for St. Jude. Sharing this event with so many of our members is a day I will cherish serving as your IC President! ESA was “Welcomed Home” by St. Jude with a wonderful reception. Everyone participated in another group photo on a beautiful day full of sunshine and the promise of hope that ESA and St. Jude Hospital provides to all who enter there.

The magic continues with the Give Thanks Walks held in over 90 communities across the nation on *November 17*. The final totals aren't posted on the Give Thanks Walk website at this writing, but a rough estimate of totals donated was well over \$3 Million! The majority of the states listing walk locations have an ESA presence and I am willing to bet that you were out there in full force! This weekend marks the beginning of the Thanksgiving holiday. Were you able to catch any of the special St. Jude segments on the Today show daily throughout the holiday week? If you missed them, you can still see them on the St. Jude website. They are all wonderful stories of the magic St. Jude performs each and every day helping children fight this deadly disease.

More ESA Magic was definitely celebrated on December 1 at the annual Memphis Marathon! Over 30 members of Team ESA gathered to walk or run in their choice of the 5K, half or full marathon. We have more than surpassed our goal of \$46,000 with donations totaling over and we were recognized as one of the Top Five Fundraising Teams for the Marathon! Team ESA was 5th Place—way to go Team ESA!! We couldn't have done it without all the support of our friends and the donations that were made in our name. Rick Shadyak said some wonderful things about our organization. \$38,500! We were strolling proudly in Memphis! This year's Team ESA picture tells the story!

The year of ESA Magic & St. Jude wouldn't be complete without participating in the IC Challenge at convention on *July 19*! This event is a favorite of ESA members each year and this year will be no exception. This year's event will feature my favorite thing—chocolate! Everything will be chocolate! The tee shirt is chocolate in color and the fun events will feature chocolate too. I will ruin the magic if I let you in on all the secrets so make your pledge now to raise \$200 or more so you won't miss out! Contact Charlotte Carloni or visit our website for registration forms!

The Magic of ESA & St. Jude—what could be a better combination?

Su McDonell **First Vice President**

My grateful thanks to our Grapevine Editor, Donna Bush, for her forbearance. I will assume I'm not alone when I acknowledge the wonderful job she does to bring our collective chapters together with our newsletter every few months. For myself... I'm guilty of forgetting deadlines more than once and she has been more than patient with this from me. Again, Donna, my thanks.

It is my hope that however you celebrated this blessed season...it was even better than you had hoped for and that Santa was good to each of you ☺

In recent months our members all over the state have weathered and continue to persevere under what seems to be an unusual avalanche of illnesses, accidents and medical upheavals in their lives. Our Chaplain, Debbie, has been so good to keep us informed. May 2013 see an end to this trend and the complete healing and recovery of those we care about so much.

As for our membership recruitment efforts ... you must wait until Winter Meeting February 2-3 to hear the specifics of that news. Suffice to say I hope our involved chapters will produce, at that meeting, all of our new members for us to welcome and give official greetings to. I so look forward to that.

I encourage our District officers to remember to send the minutes of their meetings to our State President as well as any visiting state officer. It helps us to remember discussions and our visit to your district. It will also enable us to pass on any useful information to each other and to other chapters who may be able to learn from your district's efforts and accomplishments.

Until I see you in Roseburg at our Winter Meeting on the 2nd - 3rd Agape`

Leianne Stinton
Second Vice President

Sisters,

I hope you had a wonderful holiday season.

There is still time to run for a officer of Oregon State Council, the deadline is February 1st. We are always looking for leaders and all the sisters in the state would may great officers. Call me and let's talk about what it takes to be an officer or if you know someone who you think needs a little push, call or email me, so I can talk to them. If you don't feel like you are ready to be an officer, think about taking a position on the board.

As an officer or on the board you will have the support and help of all your sisters.

See everyone at Winter Meeting.

Barbara Moss
Outstanding Member Chair

I hope everyone has enjoyed the holiday season, but sure glad things are back to a normal pace!

Just a reminder to please let me know who your outstanding member is by April 1st. Also, if it is a surprise or not. I would appreciate a \$5.00 fee for the memento for your sister. Please give me a little information about her for the presentation.

Send information to:

Barb Moss

PO Box 935

Hines, Oregon 97738

If you need to call me my number is 541-573-6834.

I look forward to seeing everyone at winter meeting in Roseburg in Feb.

Chaplain Debbie Sanguras

“No one is useless in this world who lightens the burden of it for someone else.”

Happy New Year to all of my ESA sisters. Thank you for sharing information so that I can pass it along and hopefully lighten the burden for our sisters who are ill or suffering loss. I also love sharing “good news” that encourages us and reminds us to count our blessings. I have sent 13 cards since last Grapevine report. Below is an update of information received since that time.

Members losing loved ones

Marj Baker, Delta Kappa, Hood River – death of her sister, Marilyn, due to lung cancer.

Thelma Burch, Delta Kappa, Hood River – death of sister-in-law, Martha Mest to a massive stroke

Illness

Colleen Hickman, Alpha Upsilon, Hillsboro – severe back problems,

Sue (Hannan) Peterson, former Gamma Alpha, Silverton – had thyroid surgery

Judy Palmer, Omicron Omega, Portland – foot surgery

MAL Florence Thissell, long time member of Episolon Theta, Waldport – went to inactive due to health

Sandi Kucera, Alpha Upsilon, Hillsboro – Recovering from a broken ankle and has retired and moved to Arizona.

Jill Holden, Delta Xi, Portland – Hospitalized due to pneumonia.

Lindamay Woosley, Delta Kappa, Hood River – Husband Roger had a stroke Nov 10th. He is in rehab and recovering nicely.

Betty Dean, Delta Kappa, Hood River – Fell in late October and broke her right clavicle, had a concussion, and blood clots. Returned home from the hospital Dec 10th and is recovering. She still cannot drive or go on her long walks.

Betty Draper, Delta Kappa, Hood River- Previous reported hip surgery was not successful. She will have a hip replacement Jan 7th.

Gaynel Tait, Delta Kappa, Hood River – Diagnosed with lung cancer in Dec. She had radiation therapy and is now undergoing chemotherapy.

Tami Arthur, Delta Kappa, Hood River – Has severe back pain and has been diagnosed with Multiple Sclerosis.

Good News

Carolyn and Tom Rampant, Beta Iota, Roseburg – first grandchild, grandson Gabriel Jacob Rapant, born 10/28/12

Leianne Stinton, Omicron Omega, Portland – first grandchild, grandson Kane James Bolthouse, born on 11/16/12

Cheryl Barrett, Beta Iota, Roseburg – Grandson, Kane James Keophilavanh born on 10/12/12

Give me a friend and I'll worry along,
My vision may vanish, My dream may go wrong;
My wealth I may lose, or my money may spend;
But I'll worry along, If you give me a friend.

Give me a friend, and my youth may depart.
But still I'll be young in the house of my heart,
Yes, I'll go laughing right on to the end.
Whatever the years, If you give me a friend

Thank you to all my ESA friends!

Louise Muir Easter Seals

I hope you have all had a great Christmas and 2013 will be a great year for you and your family.

We are coming to the close of our ESA year and I would ask that you please have your reports to me by March 10th. This will give us time to have the Chapter Awards ready for State Convention. I need to know how many miles you traveled, how much money was donated and donated goods. This includes the socks or other items for the veterans. Would you please also let me know if you donated cartridges and or cell phones on a separate line.

I appreciate all the contributions and time you have spent the last two years raising funds to help those with special needs. As Melanie takes on this chairmanship please continue to show her the support that you have given me.

Please send reports to: Louise Muir 549 NE Begonia Madras, Or 97741

Sharon Comingore Diana and Youth Awards

This is a reminder that entries for these awards are due February 1, 2013. Please send all entries to Sharon Comingore, 1273 NE Westview Dr., Madras, OR 97741.

If you need more information or forms you can send an e-mail to esainfo@epsilonsigmaalpha.org or call me at 541-475-2863. Hope to see some entries in my mailbox before February 1, 2013.

Have you sent in your registration and made your reservations?

for April 19 -22, 2013

The Willamette Valley District Council Are looking forward to being your host

for ESA Oregon State Council's Annual State Convention

at The Hilton Garden Inn in Springfield, Oregon

The **Garden Inn** is located on Gateway Street just off Exit 195a..east. It's a new facility.. just opened IN 2012. It's minutes away from the Gateway Mall shopping center, the U of O, many restaurants and downtown Eugene.

April will be here before we know it, PLEASE don't forget to send in your registration and make your reservations with the hotel. WVDC is looking forward to being your hostess for the 2013 Convention. Registration form is on the Oregon Website and also in the Grapevine issue. WE HOPE & WANT TO SEE YOU IN APRIL.....

CHAPTER NEWS

Alpha Lambda

November and December found Alpha Lambda members busier than usual. November we heard a lady from St Vincent's de Paul, who spoke of the many activities they have to help the needy in our area. They do have some housing for families and most important serve many meals to those in need.

Ricky was hostess for our annual Thanksgiving dinner as usual. Many watched the football game following the dinner. Todd & Estelle Loye were special guests for the evening. Their good news is that Todd is being referred to Oregon Health Sciences for further therapy. His local Doctor told him, "I never expected you to come this far in your recovery. It is a miracle".

December found our EASTER SEAL center flooded by a flash flood. We shifted some funds in the budget and will give them \$350.00, which is being matched by Premier West Bank, to help in needed repairs. This unforeseen flooding occurred when the Saturday session was in progress. One of the youngsters was upset because he hadn't had lunch yet..and had to leave the building. Alpha Lambda and Gamma Beta signed 400 Christmas cards for the local Veterans center. This was a "thank you for your service to our country".

Condo tickets for a Sunriver vacation are now available from our members.

ALPHA UPSILON RIDE THE WAVES OF ESA

Our December Christmas Party and business meeting was held at the beautifully decorated home of Sue and Gene Horton. It began with socializing, laughter, story telling and munching on a various assortment of appetizers. A Baked Potato Bar , Salads, Dessert, Wine and Coffee followed. All of this was orchestrated by our Hostess, Sue Horton and co hostesses Diane Lewis and Connie Theissan , assisted by the social committee under the direction of Sue Ann parks.

THE TIDE ROLLS IN: President Patsy called the brief meeting to order with all reciting the opening ritual in unison. After all business was concluded , "The Party Was On". A whacky, fun gift exchange, laughter, coffee and dessert ended the evening.

Our Pondering Pelicans (our chaplains) again made us think of what is important and good in regards to our daily lives...some days are better than others, but there is always something to be grateful for. It is not easy being grateful all of the time, but it is when you feel least thankful that you are most in need of what gratitude can give you.

There are two little BIG words we must remember to use daily...THANK YOU.

THE WAVE OF GENEROSITY : We shopped at the Doodle Pad and had a fun time filling our coffers in time for Christmas shopping for the needs of others. Alpha Upsilon supported the local Foster Teen Program by shopping, wrapping, and delivering Christmas gift requests of clothing and personal items for nine foster teens.

In addition, we have collected, cut and sent \$7,740 in food and non food coupons since September, for "Coups for Troops". Coupons are mailed to Weir, Texas, then distributed to various military bases for military personnel and their families. Eleanor Mills will again collect all greeting cards (faces only) and mail them to St Jude Ranch in Nevada.

Alpha Upsilon has been active in supporting local community needs and scholarships for all the High Schools in the Hillsboro area for 50 plus years. Our next fund raising event for the Hillsboro Scholarship program, St Jude, Easter Seals, and local community needs is a travel raffle, consisting of a five night vacation in a one bedroom condo at The Oasis Resort, Palm Springs CA., through Vacation Internationale.

Tickets are available \$5.00 each or 5 for \$ 20.00. For raffle tickets, contact Diane Lewis, 503-648-5939, or Connie Thiessen 503-693-7931. The drawing will be held June 13th, 2013. The winner will be contacted by an Alpha Upsilon member.

This year in ESA brought many changes and challenges to Alpha Upsilon as well as to all of our sisters in ESA Oregon. We said Farewell to Sandi Kucera and her husband Gary as they traveled to Arizona to start their new journey. Still others in AU and through out the State, are dealing with life altering illnesses of family members, caregiver for the elderly, and some battling life threatening illnesses. To all of you we send our prayers, our hearts and hands to help whenever and wherever we can.

DELTA XI

We are sooooo pleased and proud. First, Delta XI was the highest fund raising group in the St Jude Give Thanks Walk, November 17. Thanks to you members, friends and family. Second, we have three new Delta XI members Jean Braden, a returning member, Carol Cookson and Jean Stapleton.

Two of our members, Donna Cassidy and Chris York attended the St Jude dedication in Memphis the first weekend in November. They were moved and impressed by what they saw. They especially talked about the art work done by patients that lined the corridor.

Also, in November, we had a successful breakfast fundraiser at Applebee's at Gateway. Several members attended the Independent Living Resource Center luncheon and enjoyed the food and company. We packed lunches for the veterans before The Tony Starlight show. The volunteers at Ross Hollywood

served coffee, hot cocoa and cookies. The mayor elect spoke as did several veterans. We received many thanks for our help.

In December we sold poinsettias. Next, we had a wreath making event and luncheon with over twenty participants. Beautiful wreaths were made followed by a wonderful luncheon. All fundraisers should be so enjoyable, but maybe not so cold for the wreath making. We bought toys for the Easter Seals children and sent packages to Hope for Heroes. Finally, we had our Christmas party with an exchange of gifts and cards, discovering the identity of our secret sister, and sharing 'finger food'.

We are still 'visiting' small towns at our educational meetings. So far we have been as far as New York. Among many interesting facts we now know that Hungry Horse was really named for two hungry horses. We have at least nine more towns to explore. We are hosting the Northwest District Meeting in February. The date is February 17 and the location is the Easter Seals Building on Macadam in Portland.

Our annual Sausage & Kraut Dinner and Auction will be held February 22 at the Ascension Catholic Church at 76th and Yamhill. Dinner tickets are \$12.00 and we sell auction chances in an envelope of 20 numbers for \$3.00 or 2 for \$5.00. Contact any member of Delta Xi for tickets, or you can purchase them at the door.

Omicron Omega

The OO's have had a few challenges this past fall. Judy Palmer injured her ankle and ended up having extensive surgery. She was unable to put weight on her foot at all for many weeks and is going through physical therapy now to begin doing so. Twyla Reed's father in law has cancer and had surgery in November. He is doing well. The good news is that Leanne Stinton's daughter, Carlee, had the first grandchild for Carter and Leianne, a boy, Kane James Bolthouse, born on 16th. Also great news is that Donna Bush's daughter Jennifer, completed her year of chemo treatment for Melanoma Cancer. In October she had her first full body scan since diagnosed and was cancer free. She has to have these scans every 6 months. She has recovered from the difficult treatment and is starting to feel like her old self. She participated in a 100 mile Livestrong Bike Ride and rode 91 miles.

The OO's are working on sending care packages to a soldier in Afghanistan. We are buying sheets, pillow and socks for 8 deployed soldiers. A young man known by Donna Bush was deployed there in November. He will receive the sets and will share them with fellow members of his unit.

Our annual Plant Sales is coming up and is one of our major fund raisers for the year. Donna and Leianne will be attending Winter Meeting in February.

Oregon State Council

Winter Meeting

Feb 2-3, 2013

Holiday Inn Express

Roseburg, Oregon



Helping Hearts

February 2-3, 2013

Registration: \$30.00 (includes Saturday lunch & dinner)

Make checks payable to: Douglas District Council

Registration Deadline: January 12, 2013

Cancellation Deadline: January 24, 2013

Holiday Inn Express

375 W Harvard Blvd, Roseburg

541-673-7517 / 888-465-4329

Room Rates: \$99.00 Double Queen, ask for ESA

Name: _____

Phone: _____

Chapter Name & Number: _____

Mail to: Judy Huntley

378 Valley View Rd

Sutherlin, OR 97479

_____ Elected Board

_____ Appointed Board

_____ Gavel

_____ Guest



**ESA of Oregon Grapevine
Donna Bush, Editor
11771 SW Boones Bend Dr.
Beaverton, OR 97008**