

The Oregon Grapevine

2013-2014 December, Issue 3



Su McDonell Oregon State President

Hi Sisters,

Time has flown since we last met here on the pages of our Grapevine. Summer has done gone. Autumn has fled into the cold and we have less than a month before our Christmas will be over for another year and we will officially begin 2014. Wow.

I skipped 'black Friday' and I'm ignoring gift-buying until I've finished my outline for **Winter Meeting**. I'm getting asked more often when our meeting will actually start. Short answer – I can't be certain yet. Most likely we will have Registration beginning around 8:30 on Saturday morning and the meeting will begin promptly at 11:30. We will be through on Sunday in time for you to have some daylight in which to drive home. Usually before 3:00.

If you'd like time on the agenda... let me hear from you soon, please. Thank you.

To answer another oft asked question... Yes, there will be some folks arriving early on Friday for Winter Meeting. For those who choose to do so there is nothing formal planned but I assume most will join each other for dinner and most likely right there in the Radisson. Very friendly. Anyone and everyone is invited to spend Friday evening with those of us there. It isn't for officers only. Some members are able to take that extra day. Since we only have the three meetings a year it's nice to be able to have some time with my officers (those who are able to come) and have some chat time. I

always delight in having some just plain talk time with my Oregon sisters and brothers. Please think about joining us if you're able. I'm told the Radisson will honor their room rates for that extra night and I'm told the 'tapas' or 'po-pos' ordered with drinks are sufficient for dinner if you are so inclined. It is my intention to arrive around 3:00 on Friday.

As I told those of you receiving Su's Newz . . . **Rickie Brown, IC 2nd Vice President, will be our IC Rep** from Headquarters at our convention at Seven Feathers Casino and Resort in April. I'm so pleased she is coming. For those of you who haven't met her she's a small blond gal who is just as friendly as she can be. Easy to meet and she is an ESA asset I will be very pleased to introduce to our membership.

I have been able to attend Central District in Burns, Eastern District in Pendleton, Willamette Valley District in Waldport and also Douglas District in Roseburg. While I can't get to them all I do the ones I can. I have to tell you that attending district and chapter meetings all over the state is one of the very bestest things I get to do. There will be more meetings prior to my convention in April and I'm going to try and come to as many as I'm able. Hearing about what is going on in our chapters is quite humbling. I listen to statements that some of you don't feel you're doing much. I can tell you that isn't the case. Until you see or hear about all the Philanthropic Hours, Miles and \$\$ donated you don't get a real picture of what Oregon ESA is accomplishing. **You're an amazing group of women and men.** It would be terrific if all the gentlemen who enable and support our efforts were on hand at convention to receive our gratitude, en masse. If they aren't already members I think they'd make good additions to your chapter! I know (or hope) they get thanked by their chapters but... Let's see how many will at least come and attend our banquet. I'll be the first to stand and honor their efforts on behalf of ESA.

Thanksgiving was special for me in 2013. You're all part of the reason. I'm so grateful for the opportunity to lead the membership of Oregon ESA this year. To be afforded this time within ESA, the awesome friendships I have found, being a part of what we represent in the world of philanthropy, education and leadership having been such a big part of my life since 1970 is just a special gift for me. I hope you, too, found an extra special chunk of gratitude for your own contributions to ESA during Thanksgiving 2013.

OK, it's time to decorate the house. Only 24 days left until Santa arrives and I feel like lots of lights this year.

MERRY CHRISTMAS & HAPPY NEW YEAR!

I'll be 'talkin' to you soon, ESA Hugs, Su ☺

1st VP – Leianne Stinton

Oh my! Where has the year gone. It time again for the holidays and summer was just yesterday, wasn't it?

I hope everyone had a great Thanksgiving. I enjoy it so, as it is a more relaxing time, for my family. So have a Merry Christmas and Happy New Year. Enjoy the time with family and friends.

I hope everyone is talking to friends, family and anyone else that will listen about ESA. The way we get new members is to talk about ESA and ask people to join. Sometimes the ladies we think are too busy or not interested are just waiting for an invitation to join.

Please email or call me if you get new members, sometimes headquarters are slow in getting the info.

I would like to thank everyone for their cards, prayers and thoughts for the death of my dad and my father-in-law. It was a very hard week, but was comforting to come home to all your support. My husband was touched also. So thank very much.

So Merry Christmas and Happy New Year. See you all at Winter meeting.

Second Vice-President -- Kaycee Headley

I'd like to take this opportunity to again remind everyone that leadership is a cornerstone of ESA, and that plenty of leadership opportunities exist on the Oregon State Council Executive Board.

If you have thought about running for the state board, please don't be shy about contacting me. The deadline for nominations is Feb 1- which is before Winter Meeting. Maybe there is someone in your chapter or district who you think would make a great Workshop Chair, or Recording Secretary. Let me know! Do you love details and numbers? Run for Treasurer! Perhaps it's finally time that you ran for 2nd Vice President? You can do it! It's the best job on the board!

Nomination forms are in Su's yearbook, and on the website. My email address is kayceeheadley@gmail.com

IC Convention committee report

Oregon's IC Convention is seven months away! I'm looking forward to attending IC Leadership in February to promote our convention, and returning to Portland for Oregon Leadership so that we can work out some details! I'll also be traveling to Washington's winter meeting to recruit pages.

Since the last Grapevine, our registration and tour forms have been approved and are on the website. It seems like it took forever, but I am pleased because we are ahead of Norfolk's pace- And those Virginia ladies set the bar high! I can also report that we have received OUR FIRST REGISTRATION from our very own Ardyce Moore.

An International Convention is everything you love about ESA and we are encouraging all Oregon members to attend. The hotel is lovely, right on the river. Deb is planning some really fun and informative workshops... and I suspect there will be a few surprises! This is definitely not going to be a cookie-cutter convention!

Thank you to all who have volunteered to work at our convention. We are a great team and we are going to host the best International Council Convention since 1999!

Judy Johnson, State Disaster Fund Chair

We've just celebrated a season of Thanksgiving, a special time of acknowledging gratitude for all our many blessings. I'm grateful that at this time we have not had an Oregon sister in need of help from our Disaster Fund. But, we never know when an emergency need might come up and we want to know that we've prepared for it. I'm asking you, again, to share the "Count Your Blessings" page that is in this Grapevine. Please see to it that each member in your chapter has received a copy. Not all members receive the Grapevine, so I ask you to please pass this along. We still have two months to share our gratitude for an ESA sister in need. Bring your "GIFT" to our Winter Meeting in February.

As we enter the season of giving gifts, the Disaster Fund is a gift that has been shared with some of our Oregon sisters in the past. I'm sure they are grateful for your gifts to the Fund. Thanks so much for your thoughtfulness!

Merry Christmas and Happy New Year to you and your loved ones,

STATE PHILANTHROPIC CHAIR: - Linda Gratteri

Having fun? Working hard? Keeping track of all your hours? All right, Santa is not going to come to your house if you aren't keeping track of your Hours, Monies, Goods and Mileage for all of your chapter's projects. So make Santa happy and get started ... Santa KNOWS if you're being naughty or nice!

All kidding aside, the Philanthropic Report is vital to retaining our non-profit status. It doesn't matter how large or small the numbers are ... but it does need to be done. Before we know it, the end of March is going to be here. Time just seems to go so fast these days. Please don't wait until the middle of March to begin ... that is just too stressful on you. Keeping track as the year goes along is SO MUCH EASIER and less stressful on you AND your chapter's Philanthropic Chair. She will need to send the printed report to me by March 31, 2014.

Have a wonderful and merry Christmas, and may you be richly blessed in the New Year!



I was very sad to see the lack of articles that came my way for the Grapevine for this issue. Maybe you are all rushed with the holidays and I am hoping that is so, and you are not just bored with the Grapevine. Only two chapters sent in articles and no Districts. May the next issue be bursting with pictures and news.

The next Grapevine deadline is March 1, 2014. If you have questions or comments please contact me at 503-724-0020 or mcneilka13@yahoo.com. Thanks, Karen McNeil

St. Jude Children's Research Hospital

The Give Thanks Walk has come and gone. It was held November 23rd at Washington Square. It was a smaller walk this year, but the total for the race was over \$11,000. Delta Xi was awarded a plaque for the team raising the most money and Andrea Storm received a gold medal as the individual raising the most money. Congratulations for helping to win the battle to strike out childhood cancer.

The Memphis Marathon will be held in just a few weeks. Have any of you signed up to do the Virtual Marathon? If you have, let me know. This will be coming to a close shortly and I hope if you or your chapter is doing it that it is going well. I would love to hear your stories about how it is going.

The holidays are fast approaching and if you are trying to think of a wonderful gift for the person who has everything, remember a gift in their name to St. Jude, would be a wonderful choice.

I hope you all have a project planned for St. Jude's and I would very much like to hear about it. Everyone likes to know what is successful and perhaps they can replicate it in their community.

Judy Johnson and I will be planning something special for Winter Meeting, so we hope to see you there. In the mean time have a very Merry Christmas and Happy New Year.

Kathy State
Senior St. Jude Chairman

Portland's St Jude Give Thanks Walk – Donna Cassidy

The Portland Give Thanks Walk for St. Jude was held at Washington Square on Saturday, November 23 and Delta Xi was out in force! We provided the volunteers and had a team of walkers. There were 23 teams in total and Team Delta Xi was acknowledged for having raised the most money! In addition, one of our members, Andrea Storm, was the highest individual fundraiser. The Portland Walk had 175 registrants/walkers and raised, to date, \$11,904.92. We would like to thank those ESA members who sent donations to support St Jude and the Portland effort. On that date, there were a total of 15 Walks in cities across the nation, with 51,000 participants, raising \$6.3 million for St Jude. Wonderful!!!!

Mary Lambert - Oregon's Western State Representative

I am truly sorry that are not more Oregon members, only 3 members and 3 nonmembers, going to the Western States Fling in Las Vegas in January.

If you have any suggestions for next year, such as, places to have the event so more members will attend, especially Oregon members, please let me know before January 5th. Do we want to change the date to some other time of the year or leave it in January?

I will have a full report at the Winter meeting in February.

Distinguished Individual Award

1. The entries must arrive by **February 1, 2014** or the entry will not qualify for a **State Award**.
2. Entries must be typed and submitted only on the regular entry form obtained from **ESA Headquarters**.
3. States may select a state winner, **however, any chapter or council may enter their nominee as an eligible entry**. Refer to **International Award Competition and Philanthropic-service guidelines** for details. This deadline is prior to **March 1st** of any given year. The IC Diana Chairman will notify sponsors and their nominees in May as to the status of their entries.
4. Send Oregon State entry by **February 1, 2014** to State Distinguished Individual Chairperson.

Participation in the **Distinguished Individual Award** gives you the opportunity to honor a special individual in your community that is not a member of Epsilon Sigma Alpha.

Submit to Jo Ann Kellar
1402 "W" Avenue
LaGrande OR 97850
541-963-7294
jgkellar@frontier.com

ESA Headquarters
363 West Drake Road
Fort Collins CO 80526
970-223-2824 -- 970-223-4456 Fax
Website: www.epsilonsigmaalpha.org

COUNT YOUR BLESSINGS...

AND HELP AN ESA MEMBER IN NEED.

The Disaster Fund has helped many of our members who have experienced serious medical issues or disasters to their family or homes. Please take the opportunity to share your blessings and bring your gift to Winter Meeting.

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| 1) | Your Family (parents, spouse, children, grandchildren, siblings, etc.) | 10 cents per person |
| 2) | Your Home, Winter Home, Mobile Home, etc. | 25 cents each |
| 3) | Your Church (worship, Bible study, women's group, choir, etc.) | 25 cents each activity |
| 4) | Your Vehicles (cars, bicycles, ATVs 4 wheelers, boats, etc.) | 25 cents each |
| 5) | Your Volunteer Opportunities (St. Jude, Easter Seals Hope For Heroes, Food Pantries, Homeless, Domestic Violence, etc.) | 25 cents each |
| 6) | Your Special Friends (ESA members, work associates, church members, friends from other organizations, neighbors, etc.) | 10 cents each |
| 7) | Your Home Entertainment (TVs, Radios, DVDs CD players, the WII, computers, etc.) | 25 cents each |
| 8) | Your Helpful Appliances (stove, washer, dryer, refrigerator, freezer, dishwasher, microwave, etc., etc.) | 10 cents each |
| 9) | Your Travel Experiences in 2013 (vacation, weekend get-aways, family reunions, conventions, etc.) | 25 cents each |
| 10) | Your Hobbies/Collections (sports, stitching, painting, Snow Babies, Dickens' Villages, etc.) | 10 cents each |

Delta Xi – Portland

Jean Braden

Delta Xi members started volunteering for St. Jude's activities with a radio-thon in The Dalles in June, followed by The Great Urban Race in July and then the Warrior Dash in September. The St. Jude's Give Thanks Walk took place on Saturday November 23 at Washington Square with members volunteering and also walking. Delta Xi Chapter raised the most money and Andrea Storm achieved the award for the largest pledge.

Other philanthropic activities included providing and serving lunch at both the Clark Center and the HIV Day Center and providing support for the conference of the Oregon Council for the Blind. We also volunteered support for the Veteran's Day Parade – Hope for Hero's - on Veteran's Day. For our Literacy program November was designated as one of the months for the Chapter to collect books for the Children's Book Bank. The chapter donated a total of 268 books this month. We will also collect books in the month of March and our goal for the two months is 500 books.

Independent Living Resources invited all volunteers to a thank you lunch and several members attended. The meal was catered by Olive Garden.

There have been several Secret Events this fall where the hostess doesn't know who is coming and the guests don't know where they are going until the day of the event. The hostess tracks her expenses and the guests make a cash donation for the value of the meal. The hostess chooses where the money collected will be donated. It's a good time to get better acquainted with other members and their spouses.

Our Educational Topic this year is on U. S. National Parks.

Several members attended the NW District Meeting in October and some of our members attended the Longview, Washington, ESA, Alpha Kappa's Doll Tea in November which supports the Salvation Army.

Social events included Bunco and an Ice Cream Social/pie walk to say thank you to our men for all their support throughout the year.

ALPHA UPSILON -- HOT CHICKS RULE

I'm sure all of you have heard of Decorated Easter Egg contest right? However have you ever entered a Decorated Halloween Egg contest?

WELL: AU October business meeting began with a fun social: a decorated Halloween egg contest. Members brought hand decorated eggs with a Halloween theme. Mother Hen, (AKA, President Susie parks and "Hen's Night Out", social director, Jo Lumaco judged the eggs. What great fun! A yummy desert was served with coffee by our co hostesses, Eleanor Mills and Sue Ann Parks. It was a fun social before the meeting; then down to business.

Alpha Upsilon kicked off the holidays with their "Shop with a Cause" Fund Raiser, November 9th, 2013, at The Doodle Pad in downtown Portland. The Doodle Pad features unique gifts as well as cards. Sue Ann parks, President of AU and owner of the Doodle Pad donated twenty percent of the total sales for that day to AU general fund to be used to help families in need ,

support of the Homeless Teens Program, and Foster Teen Program. The community benefits as we do, getting some shopping in early, laughing and having fun with our sisters.

Tia Woodford, grand daughter of Shirley Woodford (AU member) modeled in "Fashionxt Four Day Fashion Show at Vigor Shipyard on Swan Island in October. There were designers from Paris, Hong Kong, Philippines, and Paris. It was the largest Fashion Show in the nation outside of New York. Such proud grandparents - Shirley and Dave - to have had their granddaughter modeling for this great event.

The new chick in the coop, Karla Frengal, organized an Enchanted Christmas Evening for the Hillsboro Senior Center Travel Program. The event is Dec 9th, 2013, at the Eola Wine Cellars. There will be coach transportation to the event. The cost is \$72 each, which includes: coach transportation, fine wine, hors d'oeuvres, dessert, and music by Michael Allen Harrison for you to enjoy and put you in the holiday spirit.

Breakfast Club has become a favorite time for members. It's a great way to start the day. We have created a tradition that provides companionship, smiles and conversation. This is the time we can spend an hour or two laughing and talking. This all takes place the first Wednesday of every month at Elmers in Hillsboro.

The Sequoia, Art Galleria in Hillsboro, kicks off the holiday season Dec 2nd, 2013, with a holiday show. Featured will be a Christmas tree decorated with glass ornaments made by the members and small paintings to be hung on the tree. Clair Duran, AU member has been inspired by the gorgeous spectacular trees and fall colors and has been creating small pastels of fall colors.

Marlene Nash's daughter in law, Lynn Adamo, will have her latest creation in mosaic going into the Garden of Surging Whales in downtown Astoria, on the corner of Duane and 11th street. When she visits Italy she will also visit one of her pieces hanging in Venice.

We were able to spend some time with our California sisters, Wanda Leyes and Sue Stockton. Breakfast, Wine/gift shop social....more AU fun.

As with many of our sisters throughout the State, we have had many challenges to face, some expected and others unexpected. Sue Horton is recovering from the shingles...ouch! Lorrie Libert, is caring for her husband Mile who had a major heart attack 65 days ago. Barbara Freerksen continues to care for her husband Karl who has Parkinson's.

We send our prayers, and friendship in sisterhood and love.

Your AU sisters

Destination PDX

"Come Fly With Me"



Oregon State Council
Winter Meeting
February 8 - 9, 2014
Radisson Hotel
Portland Airport

Registration: \$55.00 Includes Saturday lunch and dinner
Registration deadline: January 31st
Cancellation deadline: February 3rd

Rooms will only be held until January 23, 2014

- ✦ Radisson Hotel Portland Airport: 6233 NE 78th Court, Portland, 503-251-2000
- ✦ Room Rates: \$95.00, single/double occupancy, \$10.00 each for each additional person
- ✦ Room cost includes 2 drinks and 1 appetizer for each night plus a hot breakfast. We will have access to the 4th floor hospitality room.

Please mention ESA - All the rooms being held are on the 4th floor. There are elevators.



NAME _____

CHAPTER# _____

ADDRESS: _____

Send Registration to Pat Stupur, 1010 NE 108th Ave., Portland, 07220

Make check payable to DELTA XI

Elected Board Appointed Board Gavel Guest

Oregon State Council
State Convention

"Bee the Heart of the Hive"

April 25-27, 2014
Seven Feathers Casino & Resort
Canyonville, Oregon

Registration: \$100.00
Guest Registration: \$25.00
Registration Deadline: April 4, 2014
Cancellation Deadline: April 21, 2014

Seven Feathers Casino & Resort
146 Chief Miwaleta Ln, Canyonville 800-548-8461
Room Rates: \$89-99.00 Double Queen, Rooms held until April 10, 2014
Ask for Epsilon Sigma Alpha

Make checks payable to: Douglas District Council
Mail to: Judy Huntley
378 Valley View Rd
Sutherlin, OR 97479

Name: _____

Phone: _____

Chapter Name & Number: _____

Banquet Meal Choice: _____ Pork _____ Chicken

Special Dietary Needs: _____

_____ Elected Board

_____ Appointed Board

_____ Gavel

_____ Guest



Oregon Grapevine
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