The Oregon Grapevine

2014-2015 March Issue 4



Happy Spring, from your Oregon ESA President, Leianne Stinton

It is hard to believe that we are almost finished with this ESA year. It has gone quite fast.

My family had a wonderful holiday season. My son, Anthony and his family were able to come visit us from Colorado. Their daughter, Julia is 19 months old, she is very independent. They are expecting another baby in May. Carlee and her family live here in the area, so we see them a lot. It was great to have everyone together. Watching Kane (2 years) and Julia play is so much fun, Palmer just wants to snuggle, but has made great strides to rolling around. Also watching your children be parents, and keeping your month closed. The holiday season is too short.

Winter Meeting was hosted by Alpha Zeta in Creswell. The Emerald Valley Gold and Event center is a great place to have the meeting. The meeting was in a great room, with a view of the golf course and SUN, which Su was excited about, I think she was having nightmares of last year's snow. We learned about emergency preparedness, making preparedness kits, officer candidates, new members, bunco and jewelry. I will let the officers and chairmen tell you about the info in more detail. Thank you Alpha Zeta and thank you everyone for coming.

April 1st is a very important date; so many ESA deadlines are that day. Please have it highlighted on your calendar.

Please get your service pins and Chapter anniversaries info to Donna Bush.

Association of the Arts form to Debbie Sanguras.

Disaster Fund Donation to Su McDonell.

Distinguished Athenian Service Award to Tallie Lastiwka.

Outstanding Chapter Report to Kaycee Headley.

Outstanding Member Recognition to Anne Choate.

Philanthropic Report to Linda Gratteri.

Also a copy to Easter Seals Chairman JoAnne McKenney and St Jude's Chairman Judy Johnson

Omicron Omega has been working on the State Convention April 24 -26th. I hope we have great attendance. This is our annual meeting; it would be wonderful to have all our sisters come. I understand it is a time and cost factor for everyone. But to continue to be a great organization we need to have this time together, to learn about new programs, upcoming events, but the most important is to be together, and spend time with the people that have the same important feelings about ESA and what we do.

Judy Simpson, the incoming IC Corresponding Secretary, will be our IC representative. Judy started her ESA life in 1970 in Junction City, and though she has lived all over the country, she considers Oregon her ESA home. Please welcome her. I'm working on the agenda, we will be discussing the profits made from IC, and discussing the Love Fund, Judy will be giving a message from the IC board about new members and having fun, and more. If you have something for the agenda please let me know.

So "Let's Be Loud and Proud". See you in April.

1st VP Kaycee Headley

I hope everyone is enjoying this mild winter. I was so honored to represent Oregon at the IC Leadership convention in Denver in February, where it was 70 degrees outside! I had a great time meeting other 2015-2016 state presidents (Rickie's Red Diamond Girls) and reconnecting with others. I received numerous compliments about our IC Convention, especially about how our Oregon volunteers always looked like we were having fun. The IC board has some really fun things planned for IC Convention in Orlando. The St. Jude Challenge will have a Harry Potter theme and my daughter could not be more thrilled.

Next year's ESA focus project will be increasing membership- "Service is always in Style". We are challenged to find ways to incorporate our own style into events that will attract others to join us. There are a lot of style show ideas, printables, and other materials on the ESA website.

Speaking of the website, ESA Headquarters has been working with a web developer to radically improve our website! The web address will not change, and the content won't change- the only change we will notice is that our "stuff" will be much easier to find due to new "hover-over" menus. The look of the site will also be optimized for mobile devices.

I'm looking forward to attending the Portland Women's Expo on March 21, where several of the Northwest District chapters will be hosting a booth. I think that this is an innovative way to reach out to the community and attract new members. I hope this event will be a success that can be repeated around the state. Speaking of success, my own chapter hosted a cookie exchange while I was in Denver and pledged two new members! Congratulations to Jill Rankin and Shay Brunson of Omega Mu for sponsoring new members. Please send me a note when you or someone in your chapter sponsors a new member.

International Council Youth Award DEADLINE EXTENTION APRIL 1, 2015 Please Consider Nominating Outstanding Youth In Your Area

One Junior High student (grades 7-9) and one Senior High student is recognized each year with the International Council Youth Award. The Junior High Award winner receives a \$500 cash award and the Senior High Award winner receives a \$1,000 grant toward the college tuition, fees or academic expenses.

The winner could be from your community or state. However, you must let that outstanding student in your community know of the award and application form. Plus, an ESA member and/or chapter must sponsor the student's application.

Contact your State Youth Award Chairman or Awards Chairman for information on any state competition. Your chairman has the application forms and guidelines. They are also available on the ESA website; Member Center, Chapter/Council Mgt., International Council Forms. The application

must be postmarked by **April 1, 2015** and sent to: Sandy Alexander, IC Awards Chairman, 6697 S. Reed Way Unit A, Littleton, CO 80123.

Thank you for considering a candidate for this International Council Youth Award.

Sandy Alexander International Council Awards Chairman Sandy.Alexander6697@gmail.com

Workshop Coordinator - Jill Rankin

Wow at Winter Meeting we learned a lot from our guest speaker Bari from the Springfield Red Cross. He presented a great power point on emergency properness in many different kinds of scenarios. The 1st step is to be informed – Before you make a plan and build a kit, it's important to know what disaster risks you face. The Pacific Northwest is known for its natural beauty, but behind this beauty lays great risk. We're all vulnerable to house fires, wildfires, earthquakes, floods and dangerous winter weather conditions. Also, depending where you live, you may be at risk for tsunamis and landslides. 2nd step is to make a plan – After a disaster, basic services may be unavailable. Plan for power outages, limited communication, road closures and lack of clean water. In the event of a major catastrophe, a delay in help from emergency responders is inevitable. Your pre-established emergency plan will help you to be safe and comfortable, and possibly make you available to help others, before outside help arrives. Step 3 us to build a kit -Being prepared means being equipped with the proper supplies you may need in the event of an emergency or disaster. Keep your supplies in an easy-to-carry emergency preparedness kit that you can use at home or take with you if you evacuate. Step 4 is to download the Red Cross Apps - One of the easiest ways to learn about disaster preparedness and have disaster-ready tools at your fingertips is to download the free, Red Cross mobile apps. These apps are available to both iPhone and Android users and contain a wealth of information about what to do before, during and after a disaster. All apps contain an "I'm safe" feature, locations to the nearest shelter, and a tool kit with items like a built-in flashlight, strobe light and whistle. These fun, easy-to-use, informative apps can be lifesavers in times of emergency.

Bari brought along several kinds of backpacks filled with emergency first aid supplies. He showed us new up to date solar power flashlight/radio/phone chargers and hand cranked ones too. He explained that anyone could go to the Red Cross and purchase some of the things he had on display and much more.

Bari gave us all a Prepare! Resource Guide that the American Red Cross puts out; he encouraged us to take it home and share with our family; but I would hope we would all go further and share them with all are chapter members who could not make it to Winter Meeting.

We had enough supplies to make 7 or 8 emergency preparedness kit. The kits we made were 72 hour food kits for one person. We split up in teams and assembled our kits. Then I had each table count off and Leanne our state president picked and number for me; which was the number 4 and who ever had that number was the lucky member to go home with the 72 hour food emergency kit.

Everyone who was at Winter Meeting had fun making these kits. Hope to see all of you at the State Convention in April.

Ann Randle -- your Credentials Chair -- sends a reminder for chapters to bring Proxy votes to State Convention. Thank you!

Disaster Fund -- Su McDonell

It amazes and delights me that my 'Guilty Pleasures' continue to please the attending membership and raise some significant \$\$ toward Oregon's Disaster Fund goals for this year. The 51 members who attended our Winter Meeting raised \$661.00 for the Disaster Fund and some went home with, what I hope will be for them, a bit of glitz to add to an outfit, make them grin or dazzle their sensibilities.

NOW..

It's time for our Chapter and District donations toward the Disaster Fund

April 1, is the deadline for those donations

Please don't forget to mail them to me...

Su McDonell 2795 Chuckanut St. Eugene, OR 97408

Payable to: the Disaster Fund

Some of our chapters have already mailed their checks. Thank you for participating early.

Our 2015 Oregon State Convention will include another raffle for

more of my "Guilty Pleasures"

See you Friday Night at the Faire...I've kept the best for last!!

Ad Hoc Committee Recommendations

Sandy Diess, Willamette Valley District

As you know, it was reported at Leadership n August that Oregon had realized an excess from the 2014 IC Convention held in Portland. The excess funds, after all bills were paid and adding in the \$3,796.55 from the Oregon State CD cashed but unused, left it an excess balance of \$4,538.62 in the state treasury.

After much discussion a Ad Hoc Committee was formed at Leadership made up of <u>Central District</u> (Nancy Reid) <u>Douglas District</u> (Judy Huntley), <u>Eastern District</u> (Bunny Barrett), <u>Northwest District</u> (Claudia Hale), <u>Southern District</u> (Lynn Hughes), <u>Willamette District</u> (Sandy Diess) and <u>Oregon State</u> <u>Council</u> (Leianne Stinton and Judy Palmer), to investigate the pros and cons of ideas as to how to use these excess funds. The committee sent out a survey, twice, to all District and <u>Chapter Presidents</u> in order to get ideas and a consensus of how these monies could best be distributed.

Six members met at Winter Meeting and went through the returned surveys.

Sandy Diess, Chair, Lynn Hughes, Judy Huntley, Nancy Reid, Judy Palmer and Leianne Stinton were in attendance. The meeting resulted in the following Proposed Recommendations to be voted on at our April Convention.

- \$500 added to the existing \$500 Loan Fund for the Oregon State 2016 Convention, to be hosted by Southern District.
- 2. \$1,000 to the Oregon Memorial Scholarship.
- The balance of monies to be disbursed among the seven (7) districts @\$434.09 each.

As committee Chair I wish to thank the Committee members for their help and also the Districts and Chapter Presidents who returned their surveys.

Bylaw Amendment Notification (to be voted on at State Convention 2015)

ARTICLE XVII: OREGON GUIDELINES

Section 1: There shall be a document entitled "Oregon Guidelines" that contains duties and suggestions for all Officers and Committee Chairmen of the Oregon State Council.

Section 2: Recommendations for changes or updates shall be submitted to a <u>five (5) member</u> Oregon Guidelines Committee.

- a. The chairman of the committee shall be the State Documents Chairman/State Parliamentarian.
- b. The remaining committee members shall be appointed by the State President and shall include one additional Gavel and two (2) members in good standing from the general membership.

Change: Section 2:

Recommendations for changes or updates shall be submitted to a <u>three (3)</u> member Oregon Guidelines Committee: Section 2: b. The remaining committee members shall be appointed by the State President and shall include one additional Gavel and one <u>(1) member</u> in good standing from the general membership.

Reason: It was recommended by a previous Documents/Parliamentarian Chair that a five member committee was cumbersome and not necessary; a three member committee is more functional. This does not preclude the Chairman asking for input from various State Members regarding their board and the Guidelines.

Submitted by 2014-2015 Documents/Parliamentarian Chair Jeannette Rhodes

Association of the Arts Chairman Debbie Sanguras

One last plea-Please do your part And share your talents For Association of the Arts!

Just get it done
And we'll be wowed!
Mailing in those forms
Shows you're Loud and Proud!

The rules for judging and the entry form are included in this Grapevine issue. They are also available in state yearbook which your chapter President has. Please remember the deadline for mailing entry forms is April 1.

Literature and Music entries are to be postmarked no later than April 1 and are mailed to Debbie Sanguras, 635 Heights Ave, Hood River OR 97031.

Outstanding Member Chair Ann Choate

Please let me know by April 1, 2015 who your chapter has chosen for their outstanding member.

If you wish it to be surprise please let me know that.

A \$5.00 fee for their gift at State Convention.

Please write a little something about your member. Looking forward to hearing from you.

Ann Choate, Outstanding Member Chair, 608 S. Fairview, Burns, Oregon 97720 541-573-6598

Education Director Tallie Lastwika

ATTENTION: Chapter Educational Directors.

It's March, 2015 - Already!

We are getting down to the finish line - Convention is on just around the corner.

Deadline for your Educational Contest Reports will be April 1, 2015.

I'm looking forward to receiving many entries. It isn't difficult to write the report.

Rules are simple. Below I will include the Report Guidelines for your info and hopefully it will encourage you to participate.

Please send your entry to: State Educational Director, Tallie Lastiwka, 1809 Camellia St., Medford, OR 97504, with an original and two copies if you want to qualify for entry to I.C., or, e-mail to pitl@aol.com.

EDUCATIONAL AWARD & REPORT GUIDELINES

Deadline is April 1, 2015

AWARDS: Certificates will be awarded to the First, Second, and third place entries.

In the event of a tie, duplicate certificates will be given.

Chapters presenting nine (9) Educationals will receive the Gold Link Award.

ENTRY REQUIREMENTS for EDUCATIONAL REPORTS

- Entries must be postmarked on or before April 1st or they will be disqualified.
- Entry must be typed and may be submitted electronically or by mail.
 The chapter name, number, city, state, year and Chapter Educational Director's name must be included.
- Please write a short paragraph about each educational, up to nine (9), giving the Theme, general content and number of people giving the educational(s).
- Send the entry to the <u>State Educational Director</u> postmarked no later than April 1.

JUDGING: Entries will be judged on the following guidelines:

* Meeting the above requirements	10 points
* Overall member participation	up to 25 points
* Year's theme and related program	up to 50 points
* Theme and how it was carried through each presentation	up to 25 points
Total possible points:	110 points

When writing a paragraph about each educational, think about the following:

- Yearly theme, topic, method of presentation, guest speaker, visual aids, field trips, reference listing.
- * The reporting process has been shortened in order to encourage everyone to participate.
- * It is so enjoyable reading about each chapter's education theme and the program.



GAVELS REPORT Barb Moss, Gavels Chairman

We will have a booth at State Convention for the 50/50 tickets. So if you haven't got them or need to get more, please be looking for us. If any new officers need help, please remember we are here to help in any way we can and for support.

ESA Foundation State Counselor Judy Huntley

As you read this I will be returning from sunny Florida and hopefully with a little tan. I am going down to visit one of my chapter ESA sisters who lives in St. Pete's Beach. Hopefully getting to do some snorkeling and a visit to the facility where the Whale Tale movie was filmed. Let you know later.

February 1st has come and gone and the scholarships are on their way to the next step of approval. Hope our applicants do well as we have each year. If your chapter has not contributed philanthropic funds to the Oregon Scholarships, now would be a great time for next years' accounts to grow. You can do this online and specify which endowment you want. Please consider this donation as it does so much good for the future of our young.

By the time you read this it will be past March 1st, which is the deadline to pay dues for 2015 voting. By all means if you missed the date and still have not paid your 2015 dues please do so ASAP as the Foundation can use all your money even if a bit late. Remember it is just \$15 to renew and \$25 to join for those not yet members and you can join or renew on line: epsilonsigmaalpha.org/esaf.

Another date of March 1st is the 2015 Fantasy Event. This year we are asked "Where in the World" would you like to go. Remember your donation to this wonderful "anywhere" in the world vacation is tax deductible. How much better is that than spending it on tanning lotion and aloe for your sunburn? Plus – no hassle with packing your bags, going through airport security, waiting in long custom lines or losing your luggage. We are asked to fix yourself a tropical beverage, put up your feet and dream about your favorite vacation and where in the world you would like to be as you travel with the ESA Foundation Fantasy. Even if you have missed March 1, you can take a moment and celebrate with the foundation by sending your generous gift to: 363 West Drake Road, Fort Collins, CO 80526 or going online. Wouldn't it be great if Oregon contributed the most to the Fantasy Event and we were rewarded at IC Convention with 1st Place Monies for the Event.

At state convention in Portland, I will be accepting donations for the Oregon State Basket Raffel for IC Convention. I have decided since we travel to Orlando, FL that I will fill a purse, that is being donated from Lee Cavalier's family, with gift cards. We might also put some small items that we all carry in our purses to fill it up also. Thanks ahead for any help that you individually or chapter wise can give.

The Foundation Fun Fest on Tuesday night in Orlando will need silent auction items. If you have any small items that could be included in our luggage please see me at convention, or give to one of the other state members who will be attending IC Convention.

Have a great Spring, just around the corner, and see you at State Convention.

Hope for Heroes B.G. Brackman Chair

(beegee541@wmconnect.com, Home: 541-386-4781)

BY Saturday, March 14, please forward information to me for state reporting purposes.

"Cock-a-doodle-doo", B.G. needs to hear from you.

During State Winter meeting, I had the opportunity to encouraging ESA chapter members to submit their 2014-2015 "Hope for Heroes" happenings. To quote Leianne Stinton, State President, the path to ESA is, "Let's be Loud and Proud". To help with the ease of recording Oregon Chapters' "Hope for Heroes" endeavors and celebration "helping others". A "user-friendly" word document was placed in the winter meeting "mail boxes". For those chapter members guiding your "Hope for Heroes' "heart filled deeds, send me your email address. I will then send you, a word doc. format to type your chapter's activities.

To date listed below are two chapters reporting their local military outreach.

Louise Muir, Alpha Omicron-Madras OR: Reports adopt two veterans chosen by "Veteran's Service Officer." needing support. Passing of Veteran, his family in financial need provided "Thanksgiving Dinner"; they collected "socks" for a

"Central Oregon Stand Down". Louise serves as a liaison for Veterans in her area. Louise has a wonderful "my story experience "with local veterans in her area. I hope Louise along with other Oregon chapters members will share their personal story, "Why I do what I do".

Sue, Inman & Peggy Joseph, Delta Kappa- Hood River, OR, The American Legion, located in Mosier, OR, donated \$300.00 to Delta Kappa. Sue and Peggy served as liaisons on behave American Legion membership to allocate monies for local veterans in need, for both The Dalles and Hood River. Fifty- dollar gift certificates given to veterans' at Christmas to include two decorated Christmas trees and large print books. Delta Kappa plans future outreach support for local veterans.

Western States Regional Council Kathy State, Representative

The Western States Regional Council Fling was held in San Diego, California on January 22 -26. There were 43 members attending; Oregon had 9 members and 1 man.

We arrived at the Embassy Suites Hotel on Thursday and met for cocktails before a delicious dinner at Season's 52 at the old San Diego Police Station. It was fun visiting with friends from other states.

Friday morning many participated in the Helping Hands Walk. After breakfast we boarded a bus that took us to the San Diego Safari Park where we took the tram and saw many exotic animals. While we were there we saw the Frequent Flyers Bird Show and observed many colorful and beautiful birds.

After leaving the park we went on to Viejas Casino and Outlet Center. Many tried to win their fortune while others shopped the many Outlet stores. A wonderful buffet was sampled before returning to the hotel.

Saturday we boarded the Yacht America, sailing on the most famous racing sailing vessel in the world. While we saw several Gray Whales, the large pod of Rizzo Dolphins. Our Captain told us it was very rare to see this species of dolphin, and this is the largest group he has ever seen. The weather was perfect for a day on the water. Following our voyage, many spent time in the Maritime Museum of San Diego and looked at the "Star of India: the world's oldest active ship. That evening we had dinner on our own with many wonderful restaurants close to the hotel.

The Western States Regional Council meeting was held on Sunday morning. Four scholarships were given from the Helping Hands Walk which raised \$2,500. A letter from Sherry Day, IC 2nd Vice President was read. She was there to also do a presentation asking for Western States to bid on the 2018 IC Conventions. Following discussion the vote taken went down by 2 votes. Ruth Rockwell presented some ideas for the 2016 Fling. She will be looking at an Inland Passage Cruise to Alaska or time in Seattle with a ferry trip to Victoria, BC. and possibly on to Vancouver, B. C. She will send out information and asking for a vote. Ruth requested that only those that would go to vote, so if you would go on either of these trips, let me know so that I can include your preference. They are looking at early September 2016.

Our afternoon was free time and we met back at the hotel to have our Mardi Gras Dinner. It was a festive evening with fabulous music during the entire evening. Many said their good byes as we left early the next day.

It was a fun, relaxing weekend and I encourage everyone to think about going in 2016. If you think you might go to the Fling, please let me know your preference.

At our Convention, I will again be circulating an envelope to collect our yearly dues. For \$1 you are a member and can receive the Western Ways subscription by mail. If you want a hard copy, it will be an additional \$5, or a total of \$6. We would love to have 100% of Oregon be members of Western States.

The next meeting will be in Orlando, at IC. Mary Lambert will become the next Western States Regional Council President. Congratulations Mary.

State Convention News - Twyla Reed

The 2015 State Convention is right around the corner - April 24th -26th! Omicron Omega presents: Three Shades of "C" at the Crown Plaza in Lake Oswego . Registration deadline is April 10th. Reminder - the "Country Fair" will be held Friday night with baskets and sale items available to support chapters who are fundraising for a variety of things. Thank you to our NW District chapters for the help and support as we prepare for a GREAT convention!

Senior St. Jude Coordinator...Judy Johnson

Congratulations to all of the chapters that have spent days raising money at St. Jude Radiothons. WOW!! You're topping past radiothons and bringing much more healing to our special St. Jude kids.

I would love to hear what your chapters have done at your other St. Jude projects. Please share them with Andrea and me so we can encourage others to stretch their possibilities.

And, <u>please</u>, <u>please</u>, <u>please</u> register all of your chapter St. Jude activities with Headquarters. Every event you have had for St. Jude <u>must</u> be recorded on the Booked and Completed Event Forms in order for your chapter to receive credit. This is the only way that Headquarters has to credit chapters for their hard work and money raising for St. Jude. If you did projects throughout this past year and have not registered them, it is not too late to do so. Please do it NOW!

Many thanks to all who have participated in the raffles for the table runners this past two years. It's been a happy experience for me to be able to share something I really love to do and know the kids are again receiving the help they need to be well.

I hope you all (I lived in Texas for 7 years, it's really ya'll!) know about the ESA County Fair that will be held on Friday evening at State Convention. You can rent a table for \$10.00 to market baskets, crafts, gifts, etc. and raise money for a cause. Maybe it could be one more project for St. Jude!

See you soon. Get your reports in and make plans to be a part of an exciting State Convention weekend.

This is my last opportunity for a Grapevine article as your Sr. St. Jude coordinator. It's been a great two years working for our kids. If you ever have the opportunity to serve in this position, I hope you will say "Yes"!

And I hope you will give your support to Andrea as she becomes Senior Coordinator.

Thoughts from a sister

There are always needs and causes to which we can contribute our efforts, but we often hold back thinking that what we can contribute is so small that it wouldn't matter. Not true; because it is every single small contribution that will add up like a rolling snowball. Our single small contribution can ease pain and provide hope; and the action itself will bring to the world a brighter spirit. We ourselves feel that what we are doing is just a drop in the ocean. But the ocean would be less because of that missing drop.

Thank you

"I want to thank all of my ESA sisters who have acknowledged the death of my Mother and Father over the last two months. All of the cards, emails, and ecards are so appreciated as are the warm thoughts and virtual hugs that I felt. It is those kind, loving gestures that reinforce what a blessing our membership in ESA truly is.

-- Donna Cassidy"

A note from your editor – this being the last issue for this sorority year, I want to say that it has been my honor to publish The Grapevine for the last two years for Su and Leianne and the Oregon State ESA members. It was definitely a challenge at times – a big headache at others, each edition kind of like giving birth – did I say that? But I leaned on Chris a lot and she tolerated it. I hope you enjoyed reading it as much as I have enjoyed putting your thoughts together. Karen McNeil



Northwest District at the Women's Expo

Come and visit us at **Booth 2121** at the Oregon Convention Center on **Saturday**, **March 21**, **2015** between the hours of 10:00 AM and 6:00 PM.

Spin the wheel and win a prize or take the opportunity to spend a few minutes and talk to others about the joy you find in ESA.

Candidate for State Office - 2015-2016



President: Kaycee Headley Omega Mu, Albany

Kaycee has held every State office and has held various office at the District level. She, also, was a major collaborator helping to organize the 2014 IC Convention. She has attended all District meetings in the last two years, many State Conventions and, 2 IC Conventions.



1st Vice President: Lani Shimmer

Alpha Zeta, Eugene
Lani has held the offices of President, Vice-President
and Secretary at the chapter level. She has been President and Publicity
of WVDC and is, currently, following in Kaycee's footsteps on the State
Board having held the offices of Workshop, Treasurer, Recording Secretary
and 2nd Vice-President. She has attended all State Conventions, all District
meetings in the last two years and one IC Convention.



2ND Vice President: Jill Rankin

Epsilon Theta, Waldport

Omega Mu, Albany Chapter Offices held: Treasurer, Vice President, President District Offices held: Treasurer State Offices held: Parliamentarian, Winter Meeting, Hope for Heroes/Care Connection, Balloting Jill has attended 3 Oregon State Conventions, 8 District meetings in the last 2 years.



Corresponding Secretary: Joy Serkowney

Joy has held every office at the chapter and District level. She is past President of the State board having gone through the chairs of the State Board. She has attended many IC Conventions, State Conventions and all the District meetings in the last two years.



Recording Secretary: Marsha Klosterman

Delta Gamma, Florence
Marsha has been President of her chapter three times. She is currently
Recording Secretary for the Willamette Valley District Council. Marsha
hattended many State Conventions since she joined ESA in 1986. She was a
page at the 2014 IC Convention and has attended all District meetings in the last

two years.



Treasurer: Nancy Reid

Beta Omicron, Burns

Nancy has been President, Vice-President, and Secretary at the chapter level. She has held the offices of President, Vice-President, Treasurer and Secretary for her District. At the State level, she has been Corresponding Secretary, Workshop Chair, Recording Secretary, Assn. of the Arts chair, Educational Chair, Historian and Auditing committee.



Treasurer: Julie Rassmann

Delta Gamma, Florence

Julie has held every office at the chapter level except treasurer. For District, she has been President, Vice-President, Secretary and Parliamentarian. She has held the office of Parliamentarian at the State level. She has attended many State Conventions and has attended all the District meeting in the last two

years. Julie has, also, attended 2 IC Conventions.



Workshop: Donna Bush Omicron Omega, Portland

Donna has held all the offices within her chapter. She has been President and Parliamentarian at the District level. Currently, she is Corresponding Secretary for President Leianne Stinton. She has attended 8 State Conventions, all District meetings in the last two years and the 2014 IC Convention.



Workshop: Jo Kellar Delta Nu, LaGrande

Jo has held all elective offices for her District. She has, also, held the state offices of Treasurer and Parliamentarian. She has attended 2 IC Conventions, 10 State Conventions and all District meetings in the past two years.



Jr Past President: Leianne Stinton

Omicron Omega,

Leianne is currently President of Oregon ESA. She has held all the office on the State Board. Last year, she was Treasurer of the IC Convention which was held in Portland. She has attended many State, IC and District meetings.

If you are interested in running for Workshop, Recording Secretary, Treasurer or Second Vice-President, please contact me. I will need to have the officer candidate form in my hands two weeks prior to Convention so that all names can appear on the ballot.

I want to thank all the members who agreed to run and to those who were approached but were unable to participate at this time.

Lani Shimer, 2nd Vice President 2014 - 2015

Chapter and Districts Reporting

ALPHA LAMBDA CHAPTER CHATTER.....

The Inaugural Helping Hands Golf Tournament took place in September. The proceeds for St. Jude will be presented at the Q100.3/St. Jude Radiothon on February 18 & 19. We worked on the golf tournament for most of the summer.

Our Social Committee has been busy. We had a Halloween Party – costumes and all. Husbands and friends of ESA were invited. On November the 15th we had our annual Thanksgiving Dinner. In December we all went to the Outback for a Christmas dinner.

Philanthropically – we did three First Saturday Dances for Easter Seals. That's such a worthwhile project. No less than 110 attended each dance. Those people from ages 18 through 80 really enjoy themselves. We also address Christmas cards to the Veterans. They had a Christmas party on the 24th of November and each veteran gets a card from us. Alpha Lambda signed 250 cards and Gamma Beta in Grants Pass did 250. Alpha Lambda bought gifts as well and we supplied \$50.00 for postage to go into the Veteran's mailing fund. We also donated good men's clothing. suits, jackets, sweaters and shirts. We received a very nice letter of thanks. And, we make tray favors for Avenmere Rehab for all special holidays.

Our next big event will be the Radiothon in two weeks.

Our Educationals are interesting. We had a month of advertising on Q100.3 radio station for the golf tournament . This is the Radio Station that does our Radiothon and they are so good to us. Our Educational Theme is: "Let's Toot our Horn for ESA." We are also working with another service organization. We spoke at their meeting and told them about ESA. They were totally amazed and of course, they didn't know anything about us up to that day. Then they came to our meeting and told us what they do. We have other educationals in the works and we are planning to be in the Pear Blossom Parade, Tooting our Horn for ESA. – Loud & Proud.

Now for the other stuff.....Marjorie Peterson has moved to a new home and we feel certain she will be very happy there. Chris Miller is still doing therapy on her severe burns to her right hand and arm. Diane Yarrish has pneumonia and she is recovering. The rest of us have been taking our turn with cold & flu. Other than that – all is well.

See you	at	Convention	ļ
Tallie			

ALPHA UPSILON THE FABRIC OF OUR LIVES

"WHAT'S IN YOUR BAG"

It's been a fantastic year for AU under the leadership of President Sue Horton, and her elected officers and appointed committees. Every member leads a full busy life with family and friends and outside of the chapter volunteerism, yet she always find the time to do whatever it takes to help others in the name of ESA, Alpha Upsilon.

The Christmas season was a great example of what "To Be of Service" really means to us. This year was no exception in spite of the weather, cold, rain and then winds storms. It did not stop us from shopping for the threes families and ten foster kids. The Christmas dinner business meeting and gift exchange was scheduled to be at President Sue's home. Throughout the day the wind and weather was growing more threatening, but nothing was going to stop us from enjoying the wonderful dinner Sue and the social committee were preparing...then.. with dinner in the oven, the power went out! The Christmas celebration for us with our AU Sisters was canceled!

Now here it is March. Our attention now focused on another favorite project of ours. Scholarships. In 1974 we gave our first scholarship of \$500. There was only one High School at that time. There are now four High Schools we support. As each High School was added we were presented with the challenge to make more money. This is a very time consuming project, but the rewards are twofold. Handicapped students get a chance to further their education, and AU gets to be a part of it.

Coupons for Troops, we clip, sort, add, then we clip sort and add again all through the ESA calendar year. Support the Troops.

In our social bag was traveling, potlucks, laughter, crafting, and a fun Mardi Gras Blind Wine-Tasting evening. All were greeted with a string of Mardi Gras beads (did not require showing body parts). Traditional Mardi Gras King Cake complete with a hidden plastic baby, was served after the wine judging and a good amount of wine was consumed. A perfect time for socializing with much laughter and gaiety. The last big social for the year will be a garden tour and potluck lunch scheduled for the end of May at Oakwood Gardens.

Our Educational Theme of "Patterns of Possibilities, can be seen in our participation in ESA, Alpha Upsilon. "Doing for others" is part of the fabric of our lives. it's is like pieces of of a quilt. When we put all the pieces together with hard work dedication, kindness, thoughtfulness and fun doing it together, our quilt is complete.

Many of our ESA Sisters including AU are going through some tough issues right now. Family problems, health issues, job worries, death of a spouse, personal injuries, being caregiver for a loved one, and worries of any kind. We all need to know and feel that someone cares. AU CARES. We send our love and moral support.

President Sue Horton's message to our chapter when she took office was to rejoice in our differences and recognize the gifts that each of us posses. We have a very talented group of women who take on a job or a position, elected or appointed, and without complaining they" just do it". Members consistently support NW district, State, Foundation, and IC. Each member is aware of their gifts and are willing to use their talents to support AU, ESA.

Threads of Thought:

Some people weave burlap into the fabric of our lives, some weave gold thread Both contribute to make the whole picture beautiful and unique.

Pearl Lushina/Alpha Upsilon

3/1/2015

Alpha Zeta

Seems like just yesterday, I was complaining about the cold and now we are experiencing one of the nicest Februarys in my memory. We have had nice weeks but . . .a whole month? We are enjoying the daffodils and impatiently awaiting the tulips.

Alpha Zeta has been participating in the following activities on an ongoing basis:

Bags of Love – Members volunteered at the warehouse sorting clothes, making knotted fleece blankets, storing clothes according to size and storing school supplies. It was an interesting event and we learned a lot about how the charity works. Every child or adult receives a bag which contains a couple of size specific outfits, a quilt or a blanket, underwear (or diapers), socks, a stuffed animal (for the children) school supplies, a jacket and a toiletries package containing toothbrush, toothpaste, hair brush, comb, soap, washcloth, etc. Bags of Love has a huge warehouse where all these items are stored. Various charities call Bags of Love with requests for bags with information about the individuals who will be on the receiving end.

Coupons – we have donated thousands of dollars' worth of coupons to be used by our troops at the commissaries.

Santa Hugs – we delivered 24 Santa hugs to President Leianne Stinton when we were at Winter meeting.

Winter Meeting – 5 members attended the meeting and we had a great time. The venue was terrific, the food was delicious and the accommodations great.

Birthday Celebrations - We gathered at the Karen Clarke

Gallery in downtown Eugene where we viewed preowned art which was being sold on consignment. Afterwards we migrated to Off the Waffle restaurant to exchange birthday cards for those who were celebrating birthdays in the months from July through December. The food was delicious and a good time was had by all.

Christmas Party – The members gathered at Indulge which is an antique store and restaurant. Dining is on articles which are for sale and one can browse through the antiques while waiting for her order or after eating. Cards were exchanged and in lieu of Christmas gifts for a secret sister, the amount one would have spent on a present was donated to Bags of Love.

We are sorry to report that Lizzie Rust, our president, has submitted her resignation from her position. She is suffering from various health problems and could not continue in that capacity. Lani Shimer, as vice-president, has assumed the post.

Lani Shimer, Publicity (and President!!)

BETA OMICRON: BURNS, OREGON:

We have had to good year, started off with the Demo Derby and Fair. We have four new members and so excited for new sisters, they will be a great addition to our chapter.

We had a raffle for Valentine's Day; we had \$300.00, in gift cards from different stores in town. Plus items that were donated, the members donated money also. We had a lot of fun selling and enjoyed seeing anyone who stopped by the raffle.

Be looking for us at State Convention, we will have a booth on Friday evening fair. We will have homemade candy boxes with homemade candy, we know you will enjoy the goodies.

Burns, will be hosting Central District meeting, April 4, 2015. Looking forward to seeing everyone there.

We had fun this year with our educational, crowing about Harney County. Has been very interesting with what members have come up with.

Looking forward to State Convention and seeing everyone again. Hugs and Much Love to all, Barb Moss, Chapter President

Delta Kappa-Hood River- Martha Hoskins President

We started our year in September with a big goal to look at our By-Laws and bring them up to date. Re-do, take away, revise and update to match our District, State and IC International by-laws. This took about 4 month to do as we read each article and section out loud. A real eye opener for our newest members and a reminder to our more seasoned members of how we do our business and why.

Our Educational Director, B.G. Brackman, gave us a wonderful theme for the year. "The 21st Century Women". We have had some wonderful, interesting and intriguing presentations. Before the year ends, each member will be telling a story about themselves with pictures on being the 21st Century Women. THINK ABOUT IT? ARE YOU A 21st CENTURY WOMEN? I hope all who read this are shaking their heads. YES?

Our 4th annual Spring Fling Bingo is a Fundraiser and Luncheon with a Silent and Live Auction. We offer Baskets of goodies to bid on and this year we are having a Wine table to bid on. We will have wonderful wines from around the area and if you are a lucky winner of the wine you bid on, you could be in for a surprise gift attached. The cost is only \$10.00 a bid. WHAT A BARGAIN. March 14th, 2015 Saturday at the Hood River Inn from 1:00 pm 4:00 pm. \$25.00 included lunch and 2 Bingo cards in the Gorge Room. So, take a drive to Hood River and have some fun.

Also, we started our year with 28 members but due to LIFE changes we are down to 17. We are in the process of looking at ourselves and membership. What does it take to be a member of ESA? I know all chapters have experience this one time or another.

Here is the poem I read at Northwest District Meeting about membership. "ESA, dream come true, what direction now? We ask just what future we'll find, if we work and play as we walk and pray toward a future that aids all mankind. We Love ESA. We'll search for a way through the dark and bright of day, We'll hope and walk with faith in our hearts and we'll probe both night and day until we find a way. WHAT MAKES A GOOD MEMBER FOR ESA.

THANKS, Martha

Delta Xi Doings, Donna Cassidy, Publicity Chair

The members of Delta Xi continue to give their all to a wide variety of activities. What a group of fabulous women (if I do say so myself)! Philanthropically, we provided warm clothing and blankets to a warming shelter sponsored by Human Solutions; we continue to support Dress for Success with job-worthy clothing and have added a program assisting women coming out of prison with more casual clothing; we continue collecting books for the Children's Book Bank and are half way to this year's goal of donating 1,000 books; we served dinner to the men in transition at the Clark Center and lunch at the HIV Day Center; we supported the KUPL radiothon for St Jude; and we hope to be selling tulips at Providence Hospital during Easter Seals Bloomfest. We just completed another very successful sausage/kraut dinner and auction, raising over \$3,000 to fund our philanthropic efforts. We are currently planning for the Women's Expo in Portland at the Convention Center on 3/21. DX is taking the lead on the NWD booth (Karen McNeil and Chris York are our "leaders") where there will be information on Epsilon Sigma Alpha. Hope to see some of you there. We are again selling plants so let us know if you want to order.

With all of these activities, the members continue to find time to be active participants in the organizational parts of ESA. Four of us (and 1 husband) had a fabulous time at the Western States Regional Council Fling in San Diego. Our member, Mary Lambert is the current Vice President, President elect. There were 15 of us attending the Winter Meeting (what fun and a great meeting), then we were the hostesses for the Northwest District Meeting. Never a dull moment! It's a good thing that our Educational Director, Jean Braden, is helping us keep sharp with brain games. The last few months found us doing Word Search, seeing how many new words we can make from letters in a sentence we were given, learning the fundamentals of Mahjong, playing scrabble, and demonstrating how our brains can read words, even when totally misspelled. We have a couple more educationals to come with our final educational being a speaker from the Alzheimer Association. A great year of learning and doing!

We look forward to seeing all of you at Convention in Lake Oswego!

CENTRAL DISTRICT REPORT:

Just a reminder of the Central District Meeting in Burns, on April 4, 2015 Invitations will be sent out for place and time. Hope to see you there. We will also be electing new officers for next year. Barb Moss, Central District, President

Willamette Valley District Council February 14, 2015 Lebanon, Oregon

Ah-h-h Valentines and daffodils.....can Spring be far behind?

Members of WVDC met at the Korner Kitchen in Lebanon where we ate heartily and did business. Omega Mu was our hostess chapter. As usual they did a wonderful job with great decorations. Linda Brown brought origami baskets which were amazing. At the end of the meeting, those who were interested were able to purchase one for \$20.00. Linda, also, had photos of other items made by her contact so if anyone is interested more can be ordered. Especially intriguing were the origami peacock baskets in glorious color.

Lizzie Rust, our President, has resigned due to health reasons and Vice-President Katie Hobson has assumed the title. After much discussion regarding filling the post, it was decided that Katie would continue as President. Ellie Allen volunteered to fill the post of Vice-President until the end of the 2-year term. Thank you, Katie and Ellie. We hope that Lizzie's health problems improve.

It was announced that Epsilon Theta of Waldport will be the hostess chapter in June. The chapters reported on their projects and, boy!, are we busy. This is a good thing!!

Alpha Zeta is continuing to support Bags of Love. On Monday nights, volunteers help with anything that needs to be done, such as; bagging, sorting, making quilts, etc. We, also, continue to clip coupons. Five members attended Winter meeting where we delivered 24 Santa Hugs to State President Leianne Stinton.

Delta Gamma – Their auction was a complete success raising over \$15,000. This is their main project for the year. Thanksgiving Baskets were given to seven families. Sandy Diess, Su McDonell, Joy Serkowney and her daughter, Susan, attended the auction.

Epsilon Theta – The WHS athletic games keep members busy selling tickets at the gate. Ongoing projects include clipping coupons for our troops, Red Cross blood drive, cookies for the Christmas in Waldport event. Gift exchange for Christmas was done in the manner of musical chairs but it was the gift that made the rounds. Sounds like fun!

Omega Mu – Members had a Christmas party with spouses invited. There was, also, a cookie exchange in which 6 members participated. Three guests attended and from that two new members were recruited. The chapter is, also, raising funds to help spruce up the Lebanon Girl Scout Center.

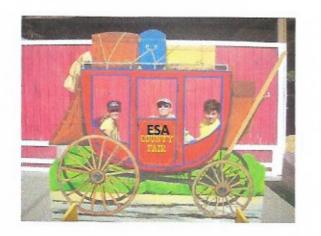
Kaycee Headley, Oregon ESA First Vice President, gave a brief report on IC Leadership. One of the most interesting items introduced was the concept of a hybrid chapter in Community Colleges. Members would include not only students but staff and faculty who would guarantee continuity. This might be a way to break into the 4-year college community. Kaycee, also, mentioned that membership-to-go kits are available on the website.

The district project for this year selected by Epsilon Theta is Seashore Family Literacy. This organization works with students who need after-school supervision, homeless youth and provides breakfast every Saturday. A used clothing "store" is, also, run by Seashore Family Literacy.

We were reminded to make our reservations for State Convention after which we bid fond farewells to our sisters and drove off into the sunshine.

Lani Shimer, Publicity





ESA County Fair! Featuring "Ways & Means" Projects Friday, April 24th 7:00 pm

Rent a table to market your chapter's Ways & Means baskets, crafts and gifts.

The fee is \$10 with the proceeds going to Oregon Food Bank.
(Lois Collins' favorite local charity).
This is your only time to sell your basket tickets and merchandise during state convention.



Reserve your Concession Booth today!

Ren	nt a "Concession Booth"
Chapter Name & #	# of Tables
Contact Person	Phone #
Rental Fee: \$10 per booth. Make	check payable to: Omicron Omega Convention 2015
Please send form and check to:	Judy Palmer 16061 NW Oak Hills Drive



Omicron Omega presents: Three Shades of "C" State Convention

April 24th – 26th, 2015

Crown Plaza Hotel 14811 Kruse Oaks Blvd Lake Oswego, Oregon 97035 1-800-593-5447

Registration: \$120.00 Saturday Banquet: \$40.00 per guest

Make checks payable to: Omicron Omega Convention Acct Registration Due: April 10, 2015 Late Registration add \$10.00

Room Rates: Standard \$109, Suites \$139.00 - both plus taxes
Deadline for Room rates is April 3, 2015.
When reserving your room please mention
Epsilon Sigma Alpha Convetion 2015

Member Name	
Address	
Chapter Name/Number	
Banquet Dinner Choice: Pork Loin	or 3 cheese Tortellini
Special Dietary Needs:	

Mail to: Judy Palmer, 16061 NW Oak Hills Drive, Beaverton, OR 97006

RULES FOR JUDGING

There will be six (6) divisions of art to be displayed at Convention.

Certificates will be awarded to First Place winners in each division.

A special ribbon will be given for "People's Choice".

Rules for entering the Association of the Arts

- 1. All participants must be members of Epsilon Sigma Alpha International.
- All interested individuals must file an entry form with the State Chair by the deadline of April 1, 2015, in order to participate.
- It will be the responsibility of each artist who enters her work to arrange it's transportation both
 to and from convention. No items are to be mailed prior to Convention with the exception of the
 Literature and Music Division V (see below)
 - a. Literature and Music Division V entries must be mailed to the State Chair postmarked no later than April 1st.
 - b. Literature entries must be typed, double spaced, on 8 ½" X 11" paper and be 500 words or less. Judging will be on content, originality, form and expression.
 - Music entries must be original in composition and requires the actual sheet music and a tape to be sent.
- 4. **Items not claimed by the close of Convention will be returned at the artist's expense. **
- Each artist is limited to two (2) works for each category to be exhibited during the designated times. You may enter as many categories as you desire.
- Although security precautions will be enforced, please remember we are not covered by casualty insurance should damage or theft occur.
- Graphics, paintings, drawings, calligraphy and photography must be framed or matted, ready to exhibit. (your own display table-easels brought to Convention are appreciated)
- The Association of the Arts Chair shall secure four (4) outside judges to judge the Literature and Music Divisions. These Divisions are judged prior to Convention.

The Association of the Arts Chair shall serve as a Head Advisor and votes only in case of a tie.

NOTE: ** This differs from IC rules and was amended at the 2000 Oregon State Convention.

ASSOCIATION OF THE ARTS
ENTRY FORM

Association of the Arts Chair

Debbie Sanguras

635 Heights Avenue

Hood River, OR 97031

541-387-0280

dsanguras@yahoo.com

This form must accompany all entries including Literature and Music. The deadline for all entries is April 1, 2015. All entries, other than Literature and Music, are to be brought to the display room on Friday of State Convention by 7:00 pm.

All entries are to be picked up before leaving Convention. Those not picked up will be returned at the artist's expense.

Artist's Name	
Address	
Chapter Name	Number City
Division I - Quilts # of Entries in category	
Division II - Needlework Crewel Embroidery Counted Cross Stitch Needlepoint Crocheting Hardanger Silk Ribbon Cloth Weaving Other # of Entries in category	Drawing, Pastels or CharcoalBasket WeavingJewelryRubber StampingDecoupageGlassWoodOther # of Entries in category Division V - Literature/MusicPoetry
Division Ill - PaintingTole PaintingPainted PotteryChina PaintingOil PaintingWatercolors # of Entries in category	Short Story or Essay (500 words or less)Music # of Entries in category
	Division VI - Photography (matted & framed) Black & White or Color Photos Graphic Design Computer Assisted Design # of Entries in category