



# The Oregon Grapevine

2016-2017 March, Issue 4

## From your President



Aloha!!

Is it just me or is this year going by fast? I remember thinking when I agreed to run for 2nd Vice President that I was making a 4-year commitment and now I am writing my last Grapevine message as your President (should that be capitalized?). What a fast trip!! I just want to say thank you to everyone for a great response to this year's state meetings. Mahalo, muchas gracias, merci, danke and, since it is almost St. Patrick's day, go raibh maith agat. Never say that the Irish aren't voluble. Why use one or two words when you can use four? (Thank you, Google,)

On to other things:

Remember to get all forms in to the state chairpersons

Make your entries for the recycling project

Nominate your outstanding members

Finish your educationals and

PLEASE enter as many State contests as you can (we love hearing what you have been doing)

We are working on State Convention and

doing our best to surpass Winter Meeting. I didn't think Debbie could outdo her Leadership Murder in Maui but she proved me wrong. We had a great time at Winter Meeting. I know that I laughed a LOT. Thank you to Jerry and Will for allowing us to rub their bald pates. A bunch of money was raised for Easter Seals. We will learn how much at State. Carolyn and Douglas District did themselves proud. The venue was wonderful and some of us even watched while a young man used the side garden to propose to his chosen one and she said "YES". We all applauded this wonderful reminder of young love.

But I digress, my purpose here is to thank everyone who answered my call to serve and those who participated by helping and/or attending. I feel the love and, believe me, it is reciprocated four-fold.



Mahalo



The Oregon State Board having a great time. Wait someone is missing ... Treasurer Ann Choate where are you?



## From your 1<sup>st</sup> Vice President

First off I want to thank all of you for sending me to IC Leadership this past weekend in Denver Colorado. I met several new people, reacquainted with some old friends and learned so much that my head was to about explode.

One of the first things I would like to touch on is that we/you are not allowed to use the ESA Logo on any merchandise that will be sold or given away without permission from IC. They generally will give you permission, but you have to ask first, they will send a conformation of some kind to you and a copy of this will need to be given to the company you use for printing whatever it is you are having done.

Another thing that they stressed on was when making flyers/letterheads you need to not put ESA or the chapters name first. It should start out with Epsilon Sigma Alpha then the chapter's name. The Epsilon Sigma Alpha should stand out more then the chapter's name also. For ESA is the international name for all of our chapters' districts and states, so it needs to be recognized as the established name not the chapter, district or state.

As for membership we talked a lot about different ways to have parties for the community and getting new members. We were put into groups and made poster boards of something we made up or something that someone in the group had done. I have some examples of them with me if you would like to see them.

We also talked about conflict resolution. There were some incoming presidents that mentioned they have some chapters with personal or personality issues. IC wanted to make it clear that we all need to be more accepting to the new ideas of newer members and not get stuck on (well we have always done it this way or in the past). Dress codes are not always welcome to change either, but we should take the new members, young members, any age for who they are not how they look. One issue was having children at a chapter meeting. If you have a chapter or older members this may not work, but if you have a chapter of younger members, this may be the best thing ever for getting members. So be respectful and remember, we were all young once or a new member ourself and you may have worried how you would fit in then, too.

We talked about collegiate chapters and what happens when the members graduate... how do we track them? Well, Tracy Swanson from IC and I talked a lot about this and this is the best I can explain it. There is no true way to contact them after they graduate, but if they ask if there is a chapter in the state they will be going to, IC will most definitely give them all the chapters in that State/town they are going to. They are always given the information for IC headquarters, so they can contact them down the road if they decide they would like to belong to a chapter in the state they are in.

The incoming IC president is Sandy Alexander and her theme for 2017-2018 year will be 'Inspire'. She wants to know who or what inspires you and see how you can make this work in your chapters next year.

Jill Rankin 1st Vice President  
February 2017







### From your Second Vice President



Just a reminder that you can let everyone in the state know how amazing your chapter is (if they don't already know), by turning in your "Outstanding Chapter Report" to be postmarked on or before April 1st: Nancy Reid, PO Box 504, Burns, OR, 97720. I can hardly wait to start reading them!  
Nancy Reid

### Presenting Candidates for State Council Board 2017-2018



President: Jill Rankin Omega Mu, Albany  
Jill joined ESA in 2011  
She is currently our 1st Vice President  
Chapter Offices held: Treasurer, Vice President, President, Chaplain and  
2nd chair Philanthropic  
District Offices held: Treasurer  
State Offices held: 2nd Vice President, 1st Vice President, Winter Meeting  
co-chair, Hope for Heroes/Care Connection, Balloting

Jill has attended 6 State Conventions, 10 District meetings in the past two years, two IC conventions, and she has attended IC Leadership in Colorado.



1st Vice President: Nancy Reid Beta Omicron, Burns  
Nancy joined ESA in 1986  
She is currently our 2nd Vice President  
She has held the chapter offices of Parliamentarian, Educational Chair,  
Corresponding and Recording Secretary, Vice President and President.  
District offices held: President, Vice President, Recording/Corresponding  
Secretary, and Treasurer.

State Council Offices held: 2nd Vice President, Workshop, Corresponding and Recording Secretary, Treasurer, Association of the Arts, Chaplain, Educational Chair, Historian, Audit Chair, Flag Ceremony.

She has attended one IC Convention, about 23 State Conventions, and four District meetings in the past two years.



2nd Vice President: Ann Choate Beta Omicron, Burns  
Ann joined ESA in 1984  
She is currently our Treasurer  
Chapter Offices held: President, Vice President, Recording Secretary,  
Educational Chair  
District Offices held: President, Vice President, Recording Secretary  
State Council offices held: Recording Secretary, Educational Chair,

Contest Chair, Workshop, Association of Arts, Awards, Historian, Balloting, Auditing, Flag Ceremony, Outstanding Member



Corresponding Secretary: Kaycee Headley Omega Mu, Albany  
 Kaycee is currently Jr. Past President  
 She has held various offices at the Chapter and District level.  
 District level she was a major collaborator helping to organize the 2014 IC Convention  
 State offices held: Jr. Past President, President, 1st Vice President, 2nd Vice President, Treasurer, Workshop Chair, Recording Secretary, Publicity

She has attended 5 IC Conventions, 12 State Conventions,



Treasurer: Linda Gratteri Alpha Upsilon, Hillsboro  
 Linda joined ESA in 2004  
 Chapter Offices held: President, Vice President, Treasurer  
 District Offices held: President, Vice President, Treasurer  
 State Offices held: Educational Chair, Philanthropic Chair  
 She has attended two IC Conventions, 8-9 State Conventions, and 6 District meetings in the past two years



Recording Secretary: Debbie Sanguras Delta Kappa, Hood River  
 Debbie joined ESA in 1979  
 Chapter Offices held: All offices (except Treasurer) multiple times  
 District Offices held: Vice President, Secretary, and Audit, St. Jude, Easter Seal and Scholarship Chairs  
 State Offices held: Workshop Chair, Leadership Chair, Association of Arts, Awards, Chaplain, Easter Seals, Education, Philanthropic, Outstanding Member, and Publicity

She has attended two IC Conventions, 34 State Conventions, and all of the District meetings



Workshop Coordinator: Barb Moss Beta Omicron, Burns  
 Barb joined ESA in 1999  
 Chapter Offices held: President, Vice President, Recording Secretary (several times)  
 District Offices held: President, Vice President, Recording Secretary  
 State Offices held: Recording Secretary - 3 years, State President, 1st Vice President, 2nd Vice President  
 She has attended two IC Conventions, 12 State Conventions, and 6 District meetings



Jr. Past President: Lani Shimer Alpha Zeta, Eugene  
 Lani is currently Oregon State President  
 Chapter offices held: President 3 times, Vice President 2 times, Secretary 6 times, and Publicity 5 times  
 District Offices held (WVDC): President and Publicity  
 State Offices held: Workshop, Treasurer, Recording Secretary, Publicity, Budget Committee, 2nd Vice President and 1st Vice President  
 She has attended 2 IC Conventions, 1 IC Leadership, 11 State Conventions,

and more than 12 District meetings over the past two years.





## From your Recording Secretary

It has been my pleasure to serve these past two years as Recording Secretary, first on Kaycee's board and now on Lani's. It is a wonderful way to get to know more sisters from all over the state. I appreciate your patience with my learning curve. I have learned a lot. It never ceases to amaze me the incredible talent pool and big hearts that this organization contains. The minutes are in order and ready to pass on to the next secretary.

Updates: New phone # 541-991-0077

New address 25626 Hall Road  
Junction City, OR 97448

Marsha Klosterman



## From your Corresponding Secretary

Recognition of Years of Service to ESA is an important event within the membership of ESA. None of us belong to ESA because we expect payment for what we do for others but... it's nice to be recognized by our peers for the years we have donated to something as important as ESA is in our lives. We honor anniversaries of marriage, we deplore the years we are forced to celebrate our

ages and yet... it's so very nice to be wished Happy Birthday by those who care about us too.

So... NOW is the time to recognize, honor and celebrate the anniversaries of our service to the ideals of ESA in 5 year increments.

Please email, call, text or otherwise inform me of those chapter members who wish to be honored at our ceremony in Pendleton at our State Convention.

The same goes for chapters. How many years has your chapter been in existence? If it's time to recognize that anniversary... I need to know that also.

The earlier you can get that information to me... I will be grateful for the gift of time you allow me to prepare something special. (bmysu2795@gmail.com or 541-912-8001)

See you in Pendleton....Su



## From your Jr. Past President & Disaster Fund Chair

Happy Spring, everyone! I am sorry that I missed everyone at Winter Meeting. We are all moved in to our new place and now we are just figuring out how everything works. Thank you to those of you who sent cards, it really is a lot of fun to move into a new place!

In February, I attended IC Leadership and I hand-delivered your donations to the Disaster Fund to our IC chair, Rickie Brown. Please be sure to make your donations before the end of the ESA year. My new address is: 1988 River Road, Lebanon, OR 97355.

Fun Fact: ESA has only ONE Disaster Fund. I've heard a few references to the "State Disaster Fund"- there is no such thing. The Disaster Fund is handled at the IC level.

I am looking forward to seeing everyone in Pendleton!

Kaycee Headley



## From your Hope for Heroes Chair

### Hope for Heroes

Last year Emmy Neustrom IC Hope for Heroes Chair person, called me to tell me that Oregon had the best report of chapters helping our veterans and active military people in the country. She was very impressed. She said to tell our members to continuing doing what we did last year.

There are new guide lines for coupons:

1. Cut out the coupons.
2. Sort coupon into two piles by status.
  - a. Expired. Not expired more than 2 months. (e.g. If today's date is 3/1/2013, you would cut out coupons with and expiration date that is not older than 1/1/2013.
  - b. Unexpired. At least two months of life left.
3. Sort each of those two piles into four piles by type:
  - a. Food items
  - b. Non-food items
  - c. Baby food/items
  - d. Pet items-dog food
4. Put them into plastic baggies.
5. Write the status (expired or unexpired) and the type (food, Non-food, baby, pet) on them.
6. Total the retail savings of the baggies and write it on them. This helps to track the value of the overall program.
7. Mail them to SOT as follows:  
Support our Troops@  
P.O. BOX 70  
Daytona Beach, FL. 32215-0070

Only "Manufacturer's coupons can be used." They can be from the newspaper, dispensers in grocery stores, tear-pads, and elsewhere as long as it says Manufacturer' coupons on them. No assistance vouchers, No food stamps, no store coupons, no restaurant coupons and no internet coupons.

Other programs that Hope for Heroes are working with the Military and Veterans are the following:

1. Camp Hope in Farmington, MO. It's a non-profit camp where wounded veterans can go to help with the stresses in their life. It was started by a father and mother that lost their son in Iraq.
2. Final Salute Inc. are working with the homeless Women Veterans to help them find safe and suitable housing.
3. Savings Assessment and Financial Education- This is for Women Veterans that need help with rent, security deposits and utility assistance.
4. Stand-up-This help Women Veterans with Professional Business Attire, dress shoes, accessories, make-overs, image consulting and professional head-shots.

So keep up the good work that you members have been doing to help our Active Military and Veterans from all branches of the service .

Jo Ann Kellar

Hope for Heroes-Chairperson





I had a very good time. This was my first event and everything there was enjoyable. I didn't expect food and was pleasantly surprised. The selection on clothes was impressive. The volunteers were friendly and did an excellent job from helping get outfits together, to getting hair and makeup done. I met other wonderful women Vets and networked alot. I can not tell you how pleased I am. Thank you soo much for this opportunity.

-- Tabitha



As a Displaced Veteran and unemployed, it was a great activity and really amazed at the turn out. Katie and I had a great time and were able help others in finding outfits. The selection of clothes and sizes were fantastic.

-- Samantha



I want to tell you and all the people that worked on this project "THANK YOU" for such a great day. Thank you for the working attire, the makeover, and the professional shots. Especially, thank you for a great day being around fellow Vets. I had a great day and felt so special leaving the event.

-- Tanya

What an awesome event!!! Thank you so much for putting what was obviously a lot of your time and effort into such a rewarding day. I look forward to hearing more about how I can help you continue to put this on for other Veterans.

-- Tegan





## From your Chaplain



Happy Spring!!!

Fun time, we met and gathered again for our Winter Meeting. Nice job Carolyn and Beta Iota. We have a "wave" of "growth"! Carolyn Warren is expecting another Grandchild, Ann Choate is going to be a great grandmother. Mary Lambert had a great granddaughter Saison Mathilda Maultsby, in September, Claudia Hale has three new great grandchildren, Caleb Hale born in October and Ryan Hale in January, (I think I forgot another, Mathew Robert Hale) and Donna Orth, a great grandson Arlo Felix Kurtz in November. Congratulations to all!

Good news: Delta Xi's Pat Stupur has retired, Alpha Lambda's Tallie Lastiwka is up and about after her broken hip, Alpha Upsilon's Marlene Nash, and Delta Gamma's Marsha Klosterman are doing well, Alpha Zeta's Anne Malarsie celebrated her 100th birthday, Delta Xi's Chris York had hand surgery in December, but it didn't keep her down. Louise Granger of Sutherlin had heart surgery, but is home doing better and Hood River's Betty "Boop" Dean has some health issues. Thoughts are needed for Mary Ecklund, Bunnie Barrett and Jenni Dickenson, all have husbands with some health issues. Carolyn Warren is going to need more foot surgery.

Sad news: we've had some losses, Delta Xi's Donna Orth lost two nieces Carol Vosin and Susan Courteau, Terri Taylor lost her father Walter William Prue, Jill Holden lost her brother Robert Anderson, Alpha Upsilon's Sandi Kucera her Aunt Helen, Beta Omicron's Barb Moss lost a cousin in a logging accident, Delta Xi's Kathy State lost a brother-in-law Ron Wieskamp, Gamma Beta's Lynn Hughes her sister Cathrine Clauer and recently Alpha Lambda's Pam Smith her brother, Jim Morehead, husband of Virginia Morehead in January. Omega Mu's Jerry Saxwold lost his mother Kay, Kaycee Headley her grandmother and Madison Headley her great grandmother in July. Gamma Beta's Muriel Sollender her husband Loring, Marian Burns lost her son Steve Burns, Kathy Schuler lost her daughter Cindy Thompson and Omicron Omega's Lois Fitzsimmon her husband Gordon, this was Twyla Reed's father, Doris Russell's sister-in-law and Connie Russell's niece. Hope I have not forgotten anyone. Thoughts to all of you!

Sadly since the first of this year we have lost four of our Oregon ESA Sisters. Gavel Marge Timmons in April, Florence Thissell in May, Delta Xi's Virginia Hammersmith in October and their Bev Breunder in January.

This pretty well catches us up... Jeannette [jcrhodes@charter.net](mailto:jcrhodes@charter.net)

Life is a mixture of sunshine and rain, teardrops and laughter.

And

"Remember each day is a gift! Use it wisely!"



## From your ESA Foundation Coordinator

This year is flying by so quickly and it seems to me I haven't done nearly what I wanted to by way of getting the word out about ESA Foundation. I'll continue working on that. If any of you have questions about the Foundation and what it does, I'd be glad to answer that by email, phone, text or in a personal visit to your chapter or District.  
([bmysu2795@gmail.com](mailto:bmysu2795@gmail.com) or 541-912-8001)

Those of you who are members of the Foundation have received your invitations to the ALL ABOARD THE ESA EXPRESS Fantasy Vacation. This is a Tax Deductable donation in lieu of actually doing all the packing, worrying about train schedules, taxis, clothing and toting luggage. You won't have to sit by anyone you don't want to or listen to fussy babies and you can't miss the train!



# CONVENTION 2017

## ARE YOU READY FOR A LUAU?

Eastern District is looking forward to seeing our Sisters ... We're putting the finishing touches on a fun filled weekend. Get your registration in, checks to Eastern District Council and sent to Jo Kellar.

Be ready to have a Friday night Luau and celebrate with all your sisters as you get to mingle with the Sisters running for office in the new year. On Saturday it will be a busy day with meetings, our Saturday luncheon and awards, as well as a guest speaker from Death Valley National Park. Then get yourself ready for the installation of your new officers at the banquet on Saturday night. And, as always, Sunday rolls around and we all have to say our goodbyes at the brunch.

Your Eastern District Sisters are looking forward to welcoming all of you, but a lot of these Sisters are also looking forward to going to their first State Meeting and seeing a bigger picture of ESA.

CAN'T WAIT.....Eastern District Council

Bunnie Barrett & Jo Kellar, Convention 2017 Co-Chairs

## WORKSHOP

### From your Workshop Coordinator

Thank you so much to all members who were at Winter Meeting and who donated so generously to "The Joys of Living Assistance Dogs." Our chapter will be planning a fundraiser for them. If anyone needs further information, let me know. Speaker Leigh Anne Jasheway was also well received and was impressed with ESA.

Joy St. Peter is the Founder and Director of The Joys of Living Assistance Dogs (JLAD), a 501(c)3 non-profit organization. She launched JLAD in 2004.

"Our mission is to provide a skilled, devoted companion to support and assist a person living with disabilities -- creating a cohesive team focused on building a life of greater freedom and independence."





## Parliamentarian and Documents

Jeannette Rhodes [jcrhodes@charter.net](mailto:jcrhodes@charter.net)  
and Kathy State [kathystate@rconnects.com](mailto:kathystate@rconnects.com)

If the proposal passes, the updated Bylaws will appear in the upcoming President's yearbook and the Website. The Policy and Procedures have also been updated. Anyone needing a copy please let us know. If you have any questions please ask!  
Jeannette & Kathy

### Official notification of proposed Bylaw:

#### Article XIV. Representation and Voting

Section 1. Voting power shall be as follows, one vote for each member, including pledges in good standing with ESA Headquarters and the Oregon State Council. Proxy votes are allowed if they are signed by the member and mailed or presented to the Credentials Chairman prior to a State Meeting. Proxies are cast by the Chapter President/Delegate or the Credentials Chairman.

Section 2. Voting shall be determined by a simple majority of votes cast including proxies.

Section 3. A member who has not paid State and ESA Headquarters dues is not entitled to vote. (same old Section 6)

Section 4. A member of a chapter which has not paid International Council dues is not entitled to vote. (similar to Section 7 adding a member)

Section 5. An active member-at-large whose ESA Headquarters dues are current must pay fifteen dollars (\$15.00) in order to be eligible to vote. (same Section 8, eliminated voting power)

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Eliminates Section 1 "A member shall belong to ESA for six (6) months before eligible to be a voting delegate." Combined in new Section 1"

Eliminates Section 2 "Voting for the Chapter shall be done by the Chapter President or Authorized Alternate at the Meeting"

Eliminates Section 3 voting power becomes new Section 1

Eliminates Section 4 quorum becomes unnecessary with the new proposal

Eliminates Section 5 "Active Gavels shall be entitled to one vote each"

Section 6 becomes new Section 3

Section 7 becomes new Section 4, adding "A member"

Section 8 becomes new Section 4

Notification of Housekeeping - unless there is a question, these are automatic updates.

#### Article XII Meetings Section 5:

A meeting of the General Board shall (change to may) be held at the Annual Meeting held at Convention. It is becoming customary not to hold this meeting unless it is necessary.

#### Policy and Procedure for Convention

Some of these are outdated and we are finding that Convention Hostesses need a larger advance for Convention planning.



Section 2. delete upon the approval of the State President, ESA merchandise may be sold at State Convention with all proceeds going to the State Treasury.

ESA Headquarters had a traveling merchandise kit, it is no longer available.

Section 4. Convention Hostesses may borrow funds from the Oregon State Council Treasury, funds permitting. This must be requested in writing before December 1st of the year prior to Convention. The amount of the loan is to be paid back to the State Treasury by the Convention Hostesses on or before June 1st of that year.

Eliminated a set amount, some facilities require larger deposits than before.

Section 10: Eliminate "Any excess funds from the Outstanding Member Recognition shall be turned over to the Oregon State Council Treasury.

Chairmen are allowed \$5 collected from the Chapter wishing to honor their Outstanding Members. They usually stay within this amount and there is often no funds left over.

Section 13. Refers to the final Convention report. Eliminate the State Recording Secretary and that the report will be filed for the permanent record, has not been done in at least 10 years.

Again if you have any questions PLEASE contact Jeannette and/or Kathy. Thank you for your patience.

Jeannette Rhodes  
Parliamentarian

Kathy State  
Junior Parliamentarian



### From your Association of the Arts Chair

How exciting it is to tell you that I have my first entry for the Association of the Arts exhibit/competition for 2017!!! I was thrilled when I opened that first entry.

For the rest of you, please work hard to complete the many projects that I know you have in process. Please mail your MANY entries and entry forms to me by April 1. The actual entries for literature and poetry must be mailed and all other entries should be brought to Convention, but send the form to me by 4/1. I will be out of town between March 31 and April 10. If you call me during that time I will return your calls as soon as I return.

For your Recycle project. Please submit a form for each one as it will help me request the proper space in Pendleton so they can be "Artfully" displayed. We are all waiting with expectation.

Sandra Bristow



### From your Outstanding Member Chair

As the State Outstanding Member Chair, I just want to remind all the chapters to be sure to vote for their outstanding person and submit the name to me before April 1st. Please include the required \$5.00 fee and a brief sentence or two telling why she/he is outstanding and what they have meant to your chapter.

Being named 'Outstanding Member' is a real honor for the recipient so please don't jeopardize this special recognition by being late with your submission. Thank you.

Joy Serkowney



## From the Gavels

The Gavels met at the Oregon State Council amazing Winter Meeting and discussed many important matters sitting in front of the lobby fireplace. Somewhat awkward but it worked!

To those of our sister-Gavels dealing with health issues of their own or their spouses...we all are thinking of you and hoping for the very best of outcomes for each of you. Please let us know if our presence in your lives would be a welcome intrusion.

Service Pins are coming up at State Convention for many of us. Please call, email, text or write to me (bmysu2795@gmail.com , 541-912-8001) and let me know if you are planning to be in Pendleton to accept your pin there.

The Gavels still have some charms and/or pendants for both past and present State Presidents. They will be for sale in Pendleton. If you're a collector, here's your chance to pick up some you may be missing.

Gavels... remember we have a new President to induct into our ranks in Pendleton! See you there.

ESA Hugs, Su



## From your Educational Chair

I want to thank all of our ESA members for embracing the Pono, Do No Harm, recycle program.

Dan, my husband and I have for a long time been scroungers. This has been a great opportunity to share what we have learned along the way.

I am looking forward to reading the educational reports and celebrating the journeys all the chapters have been on. Don't forget your deadline of April 1st to be eligible for the Gold Link Award.

If your educational director this year has done an exceptional job, please submit her/him for Distinguished Athenian Award, also due by April 1st.

Are you having fun with your art boxes? I can't wait to see the outcome of your imaginations displayed at convention. See you there.

Linda Howes

State Educational Director

Linda demonstrating reclaimed items that are in our landfills and what new uses they can be put to. As she tosses them into a trash can, Ann Choate is attempting, to catch them...the key word is attempting!





## From your Circle of Life Sr. Chair

Hi Everyone,

Missed many of you at Winter Meeting. Hope you are all doing well and will look forward to seeing more of you at Convention in Pendleton. Pray for good weather.

Thanks to all who participated in the scavenger hunt. I have sent St. Jude \$160.

The Portland Radiothon was in December when we received our first winter blast. The few ESA sisters who braved the weather were able to earn credit of \$27,434 from the total \$187,560. The ladies who worked the Albany Radiothon in February received \$26,370 credit of the total \$124,000+. Good job. Medford's Radiothon, also in February, had a record \$351,000 and they broke last year's total by \$51,000. Medford earned a credit of \$46,614.00. Have not heard the amount of credit the ESA chapters were given but I know they worked hard during their times on the phones.

Did anyone who volunteered their names in September to be a secret shopper hear from St. Jude? Again, I have not heard anything about this from Jill after sending her the list.

Please use the new tier system when reporting on the pre and post event forms. When you do an event, like the paint and pour Alpha Zeta did which earned \$350 for St. Jude, you can see which Tier and the percentage of revenue you can claim for your event. This information along with the Booked Event and Completed Event forms are on our ESA Website under St. Jude Forms. Please make sure you use them.

I have not heard from anyone, since my last Grapevine article, who would like to use the American Airline miles and make a contribution to St. Jude. I will be using these miles and sending St. Jude \$500. Thus our virtual walk will be credited with \$4715. Not bad! They are already advertising for the 2017 St. Jude Walk/Run and registration is open. I was told at Winter Meeting that we got our walk picture in a video that headquarters put together. WOW!!!!!! Jill Rankin has agreed for another virtual walk at Leadership next year. I will help Connie Russell set this up through Seattle again, but you can start now to get people ready for donating. Hopefully I will have the information ready at Convention.

Please fill out your chapter St. Jude reports and mail to me by April 1st. Any questions call or email and I will do what I can to help.

Lastly I am working with Jill Witsoe from the Seattle regional office to have a presence at State Convention in Pendleton. I will also have a raffle to earn more monies for the hospital and I hope you all bring a bit of money to contribute. Just \$5 from each one would give us a good sum. If you are not going to be able to be at convention you could send money with a sister to enter for you.

See you all soon.

Thank you much

Judith Huntley

ESA Oregon State St. Jude Senior Chairman





## CHAPTER AFFAIRS

### ALPHA LAMBDA CHAPTER NEWS



A.L. chapter sends our greetings to all of you and wish you a very Happy/Healthy/Inspirational New Year.

Our chapter has been totally involved with Education, Service and Association. That's what makes ESA so special. We are a three fold organization.

**EDUCATION:** Our Educational Chairman, Chris Miller has been keeping us on a theme, Recycling. We have been having a lot of fun with it and learning how to keep our environment cleaner and safer.

**SERVICE:** In December we made a generous donation to Easter Seals of Southern Oregon for their ongoing projects, using part of our convention monies. We also helped with the First Saturday dances in October, November and December. We always enjoy ourselves almost as much as those attending and dancing their hearts out.

The annual St. Jude/Q100.3 Radiothon took place the 16th and 17th of February. As always, it was a huge success.

**ASSOCIATION:** Our socials have been great. We all attended a Valentine's dinner out and husbands were included. During the year we have had potlucks for special occasions.

Alpha Lambda Chapter will host the Southern District Spring Meeting, Installation of Officers and Outstanding Member recognition. We will meet on Saturday, March 11th at The Meadows in Central Point. We welcome all interested in attending. Please call our President, Pam Smith, with reservations, 541-664-3288, asap.. We would love to have you join us.

Gamma Beta, Grants Pass will host our annual Founder's Day celebration, date to be announced.

We have a new member. Virginia Lane who joined ESA - Alpha Lambda chapter. Virginia is a fantastic addition to our chapter membership .If you would like to welcome her to ESA, her address is 2789 Brookdale Drive, Central Point, 97502.

Life is good in Southern Oregon!

Tallie

Natalie Lastiwka - pltl@aol.com

### Delta Gamma

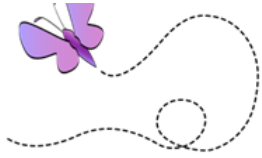


Delta Gamma:

Wow! It's hard to believe that it's March already! As they say, 'My, how time flies when you're having fun!' Since my last report, we learned that our Holiday Auction netted \$11,000, which means we can continue to do good work in our community and beyond, and that pleases us beyond measure. At Christmas, we provided gifts for 13 children of four families and gift cards for their parents. That was such a 'feel good' project! Can't wait to do it again! We also helped the elementary school music teacher so that she is able to purchase small instruments for her music program. Our chapter decided to dedicate some of our efforts and funds to an annual yearly project. We have chosen for this year to focus on Education, benefitting our middle school. We are working with the 6th grade team to build up their supply room, as well as providing support for the elective art class which is in need of art supplies for the next semester. It is our intent to choose something different each year. One thought for the future would be to help the homeless. As time goes by, I am certain we will find many areas that could benefit from our efforts...the possibilities are endless! We have had two really great Educationals! A local author, Sally Rash, talked about her book 'Sally's Small Step System - Common Sense Lessons on Getting Things Done'. We also enjoyed a visit from

Patricia Immel, owner of the Wellspring Clinic, who is an acupuncturist and an herbalist. Our member, Cindy Wobbe, is knocking it out of the park as it relates to Educational and she has even more planned for the future. Last, but certainly not least.... we initiated a new member, Annette Foglio, and we reinstated Rhonda Adler. We are so fortunate to have both of these ladies in our Chapter. Until next time!

Janet Huston, President.



## Gamma Beta



Gamma Beta continues volunteering with the Pregnancy Care Center, First Saturday Easter Seals Dances, Hope for Heroes with the 4H stocking program, and has donated several quilts and lap robes at the White City Dom. The Chapter also contributed to the December festivities by donating cookies and candy canes. Our Educational Program has taken us on tours of the Food Bank/ Raptor Creek Farms, taught us about solar power, what we can do for our environment and to Recycle, we also had a guest speaker from the local recycling company. We are looking forward to revealing our Outstanding Member at the upcoming Southern District Meeting. And continue to be "Seashells and Butterflies" ...unique in every way as are those of ESA".



## ALPHA ZETA

After our December hiatus, we were ready to have our first meeting of the year on January 4. For those of you who don't remember, we had an ice storm in Eugene that lasted for a week!! It was beautiful, but very dangerous and damaging to trees and bushes. Needless to say, we had to postpone our meeting which, after many delays, we held it on January 21 in conjunction with an already planned Dutch Auction which we held for the

State Disaster Fund.

We still volunteer one day a month at Bags of Love but we changed our scheduled time which was from 5:30 to 7:30 p.m. Us old girls have a hard time driving in the dark especially when it is raining. So now we go from 12:00 to 2 p.m. in the afternoon. This time we were allowed to pack some "Bags of Love" which had been requested. It is enlightening to see what goes into each bag as they are age-appropriate.

We continue with coupons and pop tabs. And we are having quite an education on recycling. We went to BRING and were shown around. It is amazing what they gather, all of which can be reused in your own building project. Of course, we always go for lunch before or after any of these educational. Perhaps next year we can do our own food critic analysis of the local food palaces. We also visited Food for Lane County which is an enormous project. They provide Meals on Wheels, fresh garden produce grown on the premises, meals are provided at the location . . . It is a very busy and thriving organization.

As you all know, our next function is the Newport Seafood and Wine Festival and after that we will be helping with another Point and Pour which will benefit Malabon Elementary School.

Lani Shimer, Publicity



Su McDonnell hamming it up at the Newport Seafood and Wine Festival.



## ALPHA UPSILON

HOORAY FOR SPRING!

With winter in the picture (snow, freezing rain, melting snow and floods)

Alpha Upsilon was forced to cancel the December 2016 and January 2017 meetings. We met for the first time in two months in February 2017. It was decided at the November meeting 2016 to change our meeting time to 4 pm with brief social time to catch up on happenings in our lives, meeting following at 4:30pm-6:30pm. It worked out well and all members were grateful to be able to be on the way home just as dusk was approaching.

Our president, Claire Duran, chose as her theme this year, "Eat Dessert First" with focus on "Aging and Qualities Of Life" as our Educational. Since health becomes an issue for most as we age, many things are worth keeping a record of, for our family to keep them informed when we get sick. Eleanor Mills presented this educational. She presented important information her family needs to know, Entitled "What I Have Learned in Life", a list of important information her family would need to know if and when the time came and she was unable to care for herself. She encouraged all of us to do the same. Excellent.

We have had three Rushees, and one reinstatement this year.. March will be our Model meeting when we meet these four ladies who are all anxious to see what ESA, Alpha Upsilon, is all about. Susie Parks is our Rush Chairman. We are looking forward to meeting: Linda Wilson, pledged by Shirley Woodford, Anne Torgerson pledged by Linda Gratterer, Carolyn Fowler pledged by Eleanor Mills, and Ilona Herlenger pledged Claire Duran.

Our Philanthropic efforts continue: Hope for Hero's, Rosewood Memory Care, St Jude Ranch for Children, Dress For Success, St Jude Hospital for Children, Hillsboro High Schools Scholarships, and Easter Seals. In addition we support our Family in need with monthly gift cards for groceries and medical needs. We also are active and support many civic and community needs.

We still make time for fun. We are trying something new "LADIES GAME DAY" 1-3 in the afternoon, a new social idea from Shirley Woodford. The last Tuesday of every month we will meet and play games. We had our first one just this past Tuesday.....we challenged our minds with numbers...we played Rummikub, we challenged our minds with words..we played Quiddler..FUN FUN.

I close with a word from our chaplain, Barbara Freersken: a quote from a book of sentiments written by several authors called " From the Heart."

"You are all loved and you all love "From your Heart"

Pearl Lushina, Hillsboro, Oregon

Be a  
Pineapple







## Omega Mu News

Doing a little catch up on all the amazing happenings of Omega Mu. Every year it seems we just keep getting better (No Ka Oi) and it is all thanks to everyone we get to share it with.

Omega Mu hosted another Paint & Pour on 11/12 benefitting Easter Seals. We were able send our friend a check for \$58 while having an amazing time with friends. The completed pictures and the food were fabulous.



*Omega Mu Paint & Pour*

This year we had a Mystery Dinner on Friday the 13th (January). This was good to stretch the minds while solving the "who done it" and "how" it all went down. Good news....I am happy to report that none of your friends at Omega Mu have committed any felonies and we are all still in good standing with ESA and the Court of Law.

We had a fun time at the St. Jude Children's Research Radiothon hosted by our friends at KRKT Cricket Country. The Radiothon brought in.....drum roll please.....a whopping (and new record breaking) total of \$123,219.00. Love to hear positive things happening for St. Jude.



*Final Check and group photo for St Jude*

Winter meeting was a wonderful time to see familiar faces, learn about assisted living dogs, laugh a lot about how change is really about perception, seek out treasures and new finds on the scavenger hunt. Special thanks to Help for Hero's (this is something that is personally close to my heart as my daughter has vision issues) and to Leigh Ann Jashway for reminding us that laughter really is the best medicine. It was also a great time for our chapter to do a little geocaching...which has become our custom (Thank you Linda) on every road trip we do try to find a few if the time allows for it. It was our first "Mystery" (also known as a "Puzzle") cache. If you haven't tried it you really should. The options and locations are endless.



*St Jude Patient*

As you know planning and training is underway for the Newport Seafood & Wine Festival taking place 2/23-2/26. We really would like to thank each and everyone of you who were able to commit your time to this event. Best wishes to you and we are all looking forward to the results.

So what's next? Omega Mu always has something "in the works" - we have elected our officers for the coming year, working to collect items for our 2nd Annual Auction on 4/1, and our 2nd Annual Golf Tournament on 5/20. More details coming soon.

Big hugs to all our sisters.

Omega Mu



## DELTA XI HAPPENINGS

Happy Spring!!!! I am sure we are all looking forward to it getting here sooner than later. Enuf winter already!!!!!!

December was a busy month for Delta Xi members. The Independent Living Resource Center Christmas Party was held on the 9th with several of our members working and providing desserts. We also helped a 13 year old boy who had been in foster care transition into his grandfather's house by providing some furniture for him. This was accomplished through the Trillium Family Center. Several of our members also worked in the Human Solutions Store held for 3 days and also donated stuffed animals which were happily received. Mary and Pat delivered suitcases, duffle bags, back packs and yarn to the Morrison Center. This has been an ongoing project for us and anyone having any of these items they would like to pass on, just let us know. JoAnne McKenney, Mary Lambert, Kathy State and Donna Cassidy worked the St. Jude telethon on December 8th and 9th and helped raise \$187,560. We finished up the busy month by celebrating at our Christmas Party where our Secret Sisters were revealed.

We continue on with our ongoing Philanthropic projects; The Clark Center, Hanson House, Birthday Bags for Snowcap, Dress For Success, Mercy Corps, The Tulip Sales for Easter Seals, The HIV Center and collecting books for the Literacy Program.

We are also busy planning on attending Winter Meeting and hostessing the NWDC meeting being held at the Spaghetti Factory in Clackamas. Also in the planning stage is our Annual Dinner and Auction to be held March 18th at the Madeline Hall. There is a change of pace this year.....Different location.....at the Church of the Madeline .....taco and brownie bar....but the same format.....the silent and oral auction. Lots of surprises and wonderful items. We are also gearing up for our annual flower sale.

Our Educationals are still on track. We have learned about Bees and Pesticides ; Sugar; chicken and European Open Markets all following our theme on Heart Healthy Food and What We Eat.

On the personal side..... Chris York had successful hand surgery; Andrea Storm had successful thyroid surgery, but suffered a stroke afterwards, however, she is doing well. A sad note to report; we lost our member Bev Breuender. She was a very special lady and will be sorely missed. Donna Orth is in the hospital with breathing problems and other health issues, but at last report, is doing better. Karen Hertl has also undergone surgery. We wish them all a speedy and healthy recovery.

We are looking forward to convention and most of all some good weather.....

Pat Stupur  
Delta Xi





# DISTRICT AFFAIRS

## CENTRAL DISTRICT COUNCIL

The Central District Meeting will be held in Burns on Saturday, April 1st (no joke) at the home of Nancy Reid, 742 Hines Court, Hines. Social time will start at 11:30 and installation of officers/lunch at 12:00, RSVP Nancy Reid, [nandog.reid@gmail.com](mailto:nandog.reid@gmail.com) or call 541-573-6970. Hope to see you! Nancy

## DOUGLAS DISTRICT COUNCIL

Aloha!

Village Green Resort and Gardens welcomed ESA Oregon with open arms for our Winter Meeting. We enjoyed the 1950's quaintness of the resort and since the weather cooperated nicely for us we were able to tour the gardens a bit.

Members participated in the St Jude scavenger hunt in the Wedding Garden, based upon clues and looking for items that were cleverly hidden in plain sight. The winner was determined by who found all items in the quickest time. There was a tie for the winner with Jill Holden and Karen McNeil agreeing to split the prize of their registration fee being refunded and raising \$160 for the children at St Jude's.

With an attendance of 59 we had a full house. We did miss our members from east of the mountains who had to cancel due to Mother Nature once again visiting a snow storm upon the area just days before. Village Green has graciously agreed to refund a portion of the food costs which should be received sometime in mid-March. After discussion with President Lani it was decided to wait until that is received before any refunds, partial or full, are disbursed to the 10 cancellations that we were notified of. At that time we will also turn over any remaining funds to the State Treasurer as per the meeting policy. A full Winter Meeting report will be presented at Convention.

I and the entire Douglas District would like to thank everyone for coming to Cottage Grove. It was our pleasure hosting you.

## SOUTHERN DISTRICT COUNCIL

**"Embrace the Wonder and Excitement of ESA"  
Are we not all "wonder woman"  
often "wondering" what we are all about?**

We will be meeting in March and welcoming our new Outstanding Members from Alpha Lambda and Gamma Beta. We will also be installing our new officers, President Shirley Reese; Vice President, Tallie Lastwika; Treasurer, Norma Pittman; Secretary, Diane Yarrish; Parliamentarian, Marian Burns, Chaplain Ricky Hartinger and Jr Past President Jeannette Rhodes. The district continues to support Hope for Heroes, the First Saturday Easter Seals dances and worked the recent Radiothon in Medford. We keep busy as usual and looking forward to seeing everyone at Convention.

Until we meet again,  
Jeannette Rhodes, President



## WILLAMETTE VALLEY DISTRICT COUNCIL



WVDC met on February 18, 2017 to plan our first effort at district wide fundraising. As a group, we joined the vendors at the Newport Seafood and Wine Festival.

This event was held in Newport (of course!) on February 23 - 26. The Festival is in its 40th year and booths were to be decorated in ruby red and silver. Linda Brown (Omega Mu) graciously donated rolls of metallic netting which was draped around a collapsible frame.

The workers in our booth all wore identical shirts loaned to us by Epsilon Theta. In fact, we won Best Dressed booth because of the shirts!! Joy Serkowney (Alpha Zeta) was one of the organizers and Su McDonell (Alpha Zeta) was our cashier. Marsha Klosterman (Delta Gamma) organized the schedule and kept all of us in line. Linda Brown furnished the house in which we stayed during our sojourn. She, also, fed us some delicious food. As you can see, we all contributed either behind the scenes or closely involved in the actual function. We feel that we represented the winery well and made some monies for the chapters which will be divided up evenly after all bills are paid. The consensus seems to be that we will continue to participate but the final decision will be made when we see how much we made. The weather was less than friendly. In fact, on Sunday, it poured, it hailed, it blew and we had hand warmers, mittens, and jackets to help us generate some heat. All of this takes place in a huge parking lot under the cover of massive tents. Someone asked "why do they (Newport) hold this in February?" and the answer is - to draw tourists to the beach in the middle of winter. And it works!!



3 of the 5 that poured Saturday at the Newport Seafood & Wine Festival  
Joy, Su and Kaycee



Other than the above, all chapters continue their good works:

Epsilon Theta - Continues to take gate monies for the high school athletic games. They, also, made cookies for "Christmas in Waldport" and helped fill baskets for the holidays.

← WVDC President  
Katie Hobson





*Drum Roll Please!*

Pouring for Joel Gott Winery the WVDC team was vote Best Dressed! This Thursday night crew of lovely ladies is Su, Joy, Marsha, Lisa and Marcia.

Alpha Zeta - We stole an idea from Epsilon Theta and held a Dutch Auction at Su McDonnell's house. This function was held to raise money for the State Disaster Fund. With just a few of us attending, we raised almost \$200.00. Not bad for a first effort!! We continue to volunteer at Bags of Love and to collect coupons. So far we have completed 6 of our 9 educationals.

Delta Gamma - has had another very successful Auction which was held at Three Rivers Casino. This money helps DG provide Thanksgiving baskets, Christmas gifts for 4 families and art supplies for an elective art class. The above are just a few of the projects supported by DG.

Omega Mu - has hosted another Paint and Pour - this time to benefit Easter Seals. A Mystery Dinner was held in January and OM participated in the St. Jude Radiothon in Albany. The Radiothon brought in \$123,219.00. At this time, OM is planning its 2nd Annual Auction and 2nd Annual Golf Tournament.

Whew!! We have been busy.

Lani Shimer, Publicity

A few of the crew at the house (front row) Joy, Julie, Lani, Linda. (Bk Row) Katie, Su, Marsha



## NORTHWEST DISTRICT COUNCIL

Northwest District Council met on Sunday, February 19, 2017 at the Old Spaghetti Factory at Clackamas Town Center in Portland, Hosted by Delta Xi chapter of Portland.

President, Linda Gratteri welcomed the members and Guests. Linda's theme this year is ESA: A Flower Garden of Love, The head table was set with colorful tins of flowers. Guests included Lani Shimer, President of the Oregon State Council, Joy Serkowney, a Past President of the Oregon State Council and our speaker, Margaret Hartsook.

Margaret Hartsook was introduced by Mary Lambert, Delta Xi. Margaret received the first Art Spark Grant which was given at the International Council Convention, held in Loveland, Colorado in July 2016. The Grant was set up through the ESA Foundation to honor B.J.Clark, retired after many ears as Executive Director of Epsilon Sigma Alpha, International. Margaret is a licensed Professional Counselor and works as am Art Therapist with Cancer patients at the Healing Center of Legacy Emmanuel Hospital.

Debbie Sanguras reported that a scholarship was given this year to a Clackamas Community College student. NW District has been working with that center exclusively for their Scholarship program

Delta Kappa donated a beautiful basket of wine and other goodies to benefit the Northwest District Scholarship fund. There was a total of \$102 made for the Scholarships.

Elections were held with the following results: President. Shannon Willis, Vice President, Karen McNeil, Secretary, JoAnne McKenny, Treasure , Jean Braden and Parliamentarian, Linda Gratteri.

The May meeting will be held on the 20th or 21st, 2017, TBA. Omicron Omega will host, the Drawing will be by Delta Phi and Chapter Report by Delta Kappa.

Submitted by Claudia Hale, Alpha Upsilon

### Calendar of Events

**Due by April 1, 2017:**

**Service Pins & Chapter Anniv. to Su McDonell State Corr. Sec.  
Assoc. of the Arts entry form to Sandi Bristow Assoc. of the Arts Chair  
Disaster Fund Donations to Kaycee Headley Jr. Past Pres/Chair  
Distinguished Athenian Service Award & Educational Report to Linda Howes  
Outstanding Chapter Report to 2nd. VP Nancy Reid  
Outstanding Member Recognition to Joy Serkowney  
Philanthropic Report to Mary Davis Philanthropic Chair, Bonnie Cook Easter  
Seal Sr. Chair, & Judy Huntley St. Jude Sr. Chair.**

**Prior to Conventions Proxy Authorizations to Dorothy Burgess Credentials Chair  
April 28, 2017 Chapter Rosters (updated) to be turned in at Credentials & Registration  
Desk at Conventions**

**April 28, 2017 Items for Assoc. of the Arts must be in the Display Room at  
Convention by 7:00 p.m.**

**April 28-30, 2017 Oregon State Convention - Red Lion, Pendleton, Oregon**



# "Come Celebrate Oregon's Luau" Oregon State Convention April 28 - 30, 2017

Registration \$125.00

Red Lion Hotel Pendleton

Room Reservations 541-276-6111

Be sure to mention ESA OR State for these rates:

Room Rates: \$91.00

(Subject to State and Local Taxes currently 9.8 % plus \$1.50 assessment)

for Single, Double, Triple and Quad

Cut off date 04/07,2017

Registration Includes

Meals on Friday night, Saturday Lunch, Saturday Banquet  
and Sunday Brunch

+++++

Members Name \_\_\_\_\_

Address \_\_\_\_\_

Phone # \_\_\_\_\_

Chapter Name & # \_\_\_\_\_

Special Dietary Need \_\_\_\_\_

Brd Member \_\_\_\_\_ Gavel \_\_\_\_\_ Guest \_\_\_\_\_

Mail to: Jo Kellar  
1402 W Ave, LaGrande, OR 97850  
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