



The Oregon Grapevine

Epsilon Sigma Alpha Int.

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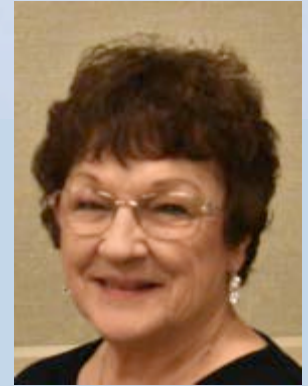
Road Map

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Executive Board

President Transitioning to State President

First of all, I hope most of you voted in the IC Election of Officers. It was certainly easy! The difficulty was getting every member's correct email on a list for the IC Council so you could receive your ballot. Which is a reminder to ALWAYS check your roster to make sure ALL of your information is correct. This is extremely important!



“WE CAN'T CHANGE THE DIRECTION OF THE WIND, BUT WE CAN ADJUST OUR SAILS TO GET US TO OUR DESTINATION.” That was the introduction of a presentation at IC Leadership in February – before COVID-19 entered the scene. Little did I know that we would be using this as a compass on our journey this year, nor did I know we would have to cancel our State Convention – twice! But keeping in mind that the bigger the challenge, the greater the opportunity, this has presented us with the “opportunity” to think outside the box, to look at different ways to get things accomplished. We ARE going to have our Convention. It will be a little different but you won't spend any money and you can take part at home, in your jammies with a cup of coffee if you wish! We're working to put it on ZOOM!

During the IC Convention on ZOOM on July 18, we were urged to move forward and not hang out in our “waiting place.” Some chapters have held their Installation of Officers and their planning meeting, chosen their educational themes, and are moving forward with a positive attitude. (Good for you!) We have and will continue to face many challenges this next year, but WE CAN DO THIS! When things open up again, we don't want to be in the holding pen ... we want to be at the starting gate, ready to go!

The difference between an optimist and a pessimist: An optimist laughs to forget; the pessimist forgets to laugh. Keep that in mind as we journey through this year. The going may get a little rough here and there, but always remember that, like IC President LeAnn Wray will say: “WE ROCK!” Together we are strong!

Linda Gratteri

**** Editors Note – Linda's new email address is lindagratteri@gmail.com ****
Editors Note: Linda's Updated General Board list is attached

1st Vice President

“Adaptation” is the word of the moment! I can assure you that the message from IC on membership this year is that we cannot remain “in waiting” while we endure Covid 19. We must see what we “can do” now rather than what we can’t do.

The needs in our communities are greater than ever. We need new members to keep moving and provide for those needs as we have done in the past. Think about on-line activities & outside activities in small groups with masks according to local rules. Learn about ideas for “Zoom classes.” (or other virtual technology) Have a chapter workshop to explore what the members in your chapter have access to, what they have used and find ways to explore and use this technology. I’m sure there is someone in your chapter who is more familiar with technology and can help.

Think about handling Rush activities differently. Although October is traditionally the time chapters do “formal rush activities,” perhaps you want to make each social a “mini-rush” event by inviting guests whether in person or through Zoom, etc. For ideas on recruitment go to www.esaintl.org and sign in with your member number and password. Then go to member center & “Recruitment” shown at top of page.

Respect and appreciate those who choose not to participate but keep in touch with cards, phone calls. Do what you can!
Chapters, please let me know when you get new members and who they are. I would love to welcome them! I hear that the Eugene chapter already has a new member. Email me at dsanguras@hrecn.net
Like all challenges we face, this too shall pass! Let’s be ready to continue our “ESA-Journey of the Heart” with Linda!

Debbie Sanguras



2nd Vice President

Where has the time gone? What a crazy year this has been so far! I think it's just going to keep being crazy, with stay at home, masks, and social distancing in effect for the foreseeable future. This of course means, with no in-person leadership, that I cannot personally seek out, talk to, beg, cry or twist the arms of my sweet sisters in ESA. Who wouldn't want to join this next board under the fun leadership of Debbie Sanguras? It will be a hoot and a half, for sure! I'm looking for a 2nd Vice President, Recording Secretary, Treasurer, and Workshop Chair. If it's out of your comfort zone, but something you would like to try, just *remember that there are lots of ESA sisters willing to support and help you.* Please email me at julie541@msn.com or call me 541-991-7906

"Air Hugs to all"

Julie Rassman



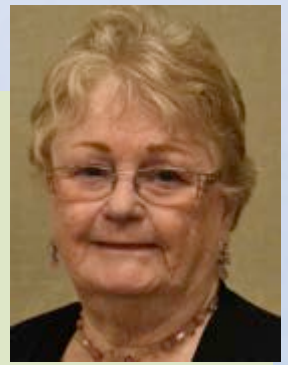
Corresponding Secretary

I would like to first thank all of the members, chapters and districts for getting back to me with their correct information for the President's Yearbook and your choice of what form you would like to have. It is ready to go to print and we will get back to you regarding the cost etc. We are in a very different time and the distribution will certainly be different. At this time the plan is to distribute the Books, CD's and Thumbdrives to the Districts and/or State Officers so they can be given out to the chapter presidents. I will be keeping you all informed as to how and when this will be done.

In the meantime enjoy the rest of the summer and stay safe. Our Convention/Leadership is certainly going to be different. We will be attending via ZOOM. A new and exciting experience for sure.

Thanks.

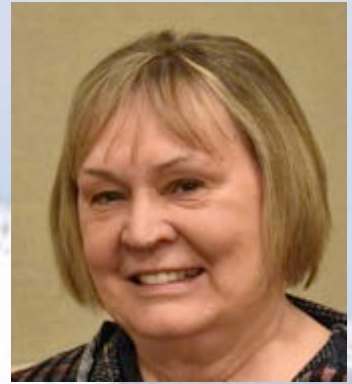
Pat Stupur



Editor's note: The cost of a printed Yearbook is \$15.00 if you ordered one. Checks can be made out to *ESA Oregon State Council* and sent to:

Connie Russell
172 Val Street
Sutherlin OR 97479





Jr Past President, Disaster Chair

Greetings from the vineyard. This is certainly not the kind of article I thought I would be writing at this time. Who knew how our lives would be turned upside down. I became a Jr Past President, but without the ceremonies and closure. I'm still hoping that one day we can experience some of them. The past year, although it also began in an unexpected way, was one of the best of my life. I loved working with the people in this great organization. One of my goals was to help move it forward and try to strengthen our membership. I'm not sure if that was accomplished, but what I do know is that anytime I had a crazy idea or needed some help with something, every person asked jumped in to work with me.

We are entering a new era, stumbling, and making it up as we go along. As an organization we are in uncharted waters. What I know is that there are many great minds who will find a way to not only survive but continue to grow in the work that we do. We need to work together to find solutions to our new world.

Right now we are working hard to bring a virtual convention to the state. Talk about a learning curve. Then we can all get creative and go forth with the jobs we have taken. As disaster fund chair, I will be finding a way to reach out to our chapters to continue to support this fund. There will be basket/raffles at our last two meetings and I look forward to chapters sending their contributions like they have done in the past. Send to me and I will send on.

Again, I appreciate so many of you and the support I have had this year. I can't wait until I can give you all a hug.....

Marsha Klosterman
Jr Past President

State Treasurer

Hi everyone hope you are enjoying your summer anyway you can. Here in southern Oregon we are looking for shade but enjoying our beautiful flowers and fruit.

Just remember each day we start a NEW ADVENTURE and there are always great possibilities and opportunities we just have to stop and listen and then make the best of what we have.

Even though we have had to cancel our in person State Convention I am excited to get a chance to see many faces on the Zoom convention.

I have just a couple of reminders as your newly elected Treasurer.

First, State Dues WERE DUE May 1st, so please send your chapter's dues to me at Connie Russell, 172 Val St, Sutherlin, OR 97479. The checks need to be made out to "Oregon State Council of ESA". Just a reminder it is \$15.00 per member per your roster.

Second, International Council dues were due August 1st, so if you have not paid please be sure to get them in the mail today. There is a form on the ESA website. You should send the form and the check to Brenda Meyers, 242 Oxford Drive, Fairborn, OH, 45324. Brenda is the new IC Treasurer. The form did have last years info when I looked it up.

Third, please be thinking about the Tax Facts report. It is due September 15th and every chapter and district needs to submit this report ON TIME so our not for profit status is secure with the IRS. Submit to ESA headquarters, this form is also on the ESA website.

IF anyone needs help with any of these items please feel free to contact me at cjrseattle@msn.com and I will do my best to help or find you answers if I don't have an answer.

!!! ESA FRIENDSHIPS WILL HELP US BE THE BEST WE CAN BE !!!

\$\$\$\$\$. Connie. \$\$\$\$\$\$



General Board

Educational Program - 'Journey Of The Heart'

Time is ticking by quickly and here we are in August already. I don't know about all of you, but I really thought time would drag while we were forced to stay home. Surprisingly, though, just the opposite has happened - time has flown by! This means we are already four months into our ESA year. Have all you chapters started your educational programs yet? Please keep in mind that just because we may not be able to have regular meetings, we can still carry on with the various programs we participate in every year, the educational program being one of them. It's not too late to start - you still have time to squeeze in six programs before next April 1st to qualify for a Gold Link award or even nine if you want to compete at the IC level.

Your program doesn't have to be complicated or elaborate. This can be as simple as the members telling something about themselves or a life experience they have had, or making up a chapter cookbook, or even talking about trips you've taken. The important thing is that you are learning about something and sharing the experience with each other. Remember, this is a 'Journey Of The Heart' and is meant to be shared.

Joy Serkowney
Educational Director

Parliamentarian/Documents Committee

We will be voting on changes to the Policy and Procedures for All Official Oregon State Meetings, for Convention, and combining Leadership/Winter Meeting. The old Winter Meeting Policy and Procedure will be eliminated. Leadership/Winter Meeting are very much the same with the duties for planning, so it was thought that combining the two would make more sense. We have attempted to clarify the duties so it will be easier for Chairmen to plan their event. Please have your members review this document and if you have questions, please let me know. We will be voting to adopt these changes at our September Convention.

Kathy State

Editors Note – Proposed changes are in second email along with Official Ballot



ESA Foundation State Counselor –

Hello Everyone, hope this finds everyone doing ok and staying safe and in good health.

I want to let you know about the winners of various ESA Foundation Scholarships for the 2020-2021 Academic Year are:

- Oregon State Council Endowment is Rona Stublefield of Wolf Creek in the amount of \$1000
- Oregon State Council Endowment is Jacob John, Lebanon in the amount of \$100
- Hope Baney Memorial Endowment is Kelsey Weber of Vale in the amount of \$1975.
- Hazel Knapp Endowment is Ashlee Rapant of Salem in the amount of \$1975.
- Oregon Endowment is Avarham Lance, Hillsboro in the amount of \$1500
- Charline E. McCue Memorial Endowment is Michael Bahn, Grants Pass in the amount of \$700
- Dorothy Hendricks Endowment is Ashlee Rapant, Salem in the amount of \$700
- Jerry & Judy Huntley Endowment is Nam Nguyen, Vale in the amount of \$1200
- Kenneth L. Varns & Harvey D. Varns Memorial Endowment is Ashlee Rapant, Salem in the amount of \$600
- Lynn & Rich Hughes Family Endowment is Rona Stublefield, Wolf Creek in the amount of \$2600
- Roger & Rita Weaver Endowment is Ashlee Rapant, Salem in the amount of \$600
- Sandi Kucera Endowment is Ashlee Rapant, Salem in the amount of \$600

Super job, sure hope we can get more students to apply for the scholarships in the coming year.

I would like to thank all the chapters for donating their change at the meetings.

Congratulations to Oregon State Council which is now a Life Active Member of the ESA Foundation.

The rest of the money turned in will be decided after State Convention/Leadership in September.

Looking forward to seeing everyone in September at the coast, hopefully.

Hugs to all, Barb

For Easter Seals

As you know, along with others, Easter Seals has had to cancel events in this crazy year, so they are probably short on funds. I have not heard back from them about anything specific they would like us to help them with, so I am just suggesting that if you normally have Easter Seals included in your yearly budget please keep them there and maybe add a bit if you can, and as soon as I have more information I will be passing it on to you and maybe a suggestion or two about something fun. Thanks

Karen McNeil

Hope for Heroes –

Hello to all of you

My husband is retired military, as are two of my sons; so, I believe strongly in finding ways to honor and support those who serve and their families. It is my job to encourage your chapter in ideas for Hope for Heroes projects. Here is a quick list of ideas to consider ways you can honor and support our service members and families. Think local.

- ✓ Oregon National Guard, specifically care packages for deployed service members
- ✓ Family support for locally deployed service members
- ✓ Doing the same as above for Army, Navy, Air Force, or Marine reserve units or individuals
- ✓ VFW, Veterans of Foreign Wars
- ✓ Give donations to VVA, Vietnam Veterans of America
- ✓ VA hospitals or retirement homes
- ✓ Involvement in Veterans Day activities
- ✓ Follow and support USO activities
- ✓ Wounded Warriors
- ✓ Local Guard and Reserve deployment, welcome home, and Christmas activities
- ✓ Quilts of Valor, making and awarding quilts to service members
- ✓ Coupon collection

Blessings to all,
Ann Torgerson



Gavels –

At our February meeting, the Gavels made a donation to the Oregon State Scholarship in honor of two of our active members, Donna Orth and Marlene Nash, as well as one past member, Marge Teague, that we sadly lost during the past year. We also voted to support Chris York in her campaign for IC Parliamentarian. We all felt she was an excellent candidate, well worthy of our support, and we were truly disappointed when she didn't win.

Since the State Convention scheduled for May was canceled, we were unable to get together to hold our usual business meeting and election of officers. However, the current board suggested they remain in office for another year, so an online vote was taken and affirmed this decision. As a result, the officers for 2020-2021 are:

President - Joy Serkowney
Vice-President - Pat Stupur
Secretary - Lynn Hughes
Treasurer - Judy Huntley

Our 50/50 drawing will take place at some point during the virtual Convention/Leadership meeting and the winner will be announced at that time. Also, Ardyce Moore is taking orders for President Linda Gratteri's pins and charms. It is hoped that everyone who wants one will be able to get their choice so be sure to contact Ardyce to place your order soon. To make this easier for her, please try to do this as chapters rather than individually. She can be reached at kenneth.moore37@frontier.com or by phone at 503-646-3440.

Take care everyone, and please stay safe and healthy.
Joy Serkowney

Philanthropic Chair

Challenges during the pandemic can change the way we do some or all of our philanthropic projects. How can we prepare for this coming year?

Assess your existing projects to see if you can continue doing any of them as you have in the past. If so, yea!

If your projects cannot take place as they have in the past, be creative, how can you adapt them to fit the restrictions you face now?

What are some new ways you are adapting your projects? Please send your ideas to me, your philanthropic chairman. I will be happy to share with our Oregon Chapters. We are all looking for ideas.

To find ideas for successful philanthropic events to try, go to the Epsilon Sigma Alpha website epsilonsigmaalpha.org. Click on the member tab, enter your member number and password then go to Home/Make a Difference/National Service Projects
Here is an example of an event featured on the site: Birthday Bags for the Food Pantry (Beta Pi, Alabama)

Create birthday bags – kits containing a cake mix, pan, sprinkles, frosting, candles, birthday, and a coloring book/crayons to the food pantry so families using the pantry can get a bag, make a cake and give it along with a coloring book to their child on their special day.

Chapters will receive their State President's Yearbook soon. Please look at the philanthropic projects, guidelines, and report forms. If you have questions please contact me orcycler@mac.com

Lynn



St Jude Children's Research Hospital



St Jude Circle of Life – JoAnne McKenney

You're invited to join us as we launch this year's St. Jude Walk/Run Portland!!!! We've lined up three incredible nights of inspiration and fitness that you can enjoy from home. We kick off the launch series on Wednesday 8/5 and will learn more about this year's event and enjoy a workout with Orange Theory Fitness.

<https://www.eventbrite.com/e/st-jude-walkrun-virtual-northwest-launch-party-series-tickets-114164930380>

Last year, you helped make a huge impact for the kids at St. Jude and we need your help more this year than ever before. We have an incredible virtual event planned that you will not want to miss. The experience is packed with incredible ways to engage with the mission of St. Jude Children's Research Hospital and will not disappoint!! Registration is free and each with our new app! On your Android or Apple device, you can download the "St. Jude Walk" app for free. The app makes fundraising and earning great incentives easier than ever before.

I hope that you join us for the launch party tomorrow night and register now to join us for the St. Jude Walk/Run Portland 2020. Thank you for your continued commitment to the kids at St. Jude! A special thank you to the sponsors for the 2020 St. Jude Walk/Run Portland: Pacific Lifestyle Homes, Royal Moore Auto Group, Vancouver Mall and Vancouver Vision.

ALL EVENTS this year for St. Jude will be virtual. The Memphis Marathon is as well. You can get the St. Jude Walk/Run app for free. Go to the app or to StJude.org to sign up for any event. Virtual is this year's theme, as you will have many options to sign up for.

As a reminder, we decided together to offer the following incentives:
Dominos Pizza for the Largest Team based on number of team members registered as of 6/14
Empire Athletics Party for the Highest Fundraising Team for the most raised between 6/7-6/14
Instagram post – register and share to enter to win a \$25 St. Jude Gift Shop gift card

Many things are happening for this year's walk/run even though we are not physically going to meet at PIR. So stay home and sign up for our launch parties.

Other than being at home, hope that everyone is safe and healthy.

JoAnne

REGISTER HERE!

ST. JUDE WALK/RUN VIRTUAL LAUNCH SERIES

Break a Sweat at Home!

Series Events Weekly at 6pm

*Prizes will be given each night - tune in to learn more!

8/5: Orange Theory Fitness Workout + St. Jude Mission Moments

8/12: iLoveKickboxing Workout + St. Jude Mission Moments

8/19: FIT4MOM South Seattle Body Back HIIT Workout + St. Jude Mission Moments

St. Jude Walk/Run

Chaplain News –

Hello Everybody –

We've had a slow time with news coming in but we'll take what's available. In case you haven't received the emails here's a recap of what's happened in the past few months.

Epsilon Theta, Waldport - Rhonda Adler's dad, Jim Allen, (widower of Ellie Allen), is recouping from his July leg surgery

Beta Eta, Sutherlin - Mary Westcott is home after falling in mid-July and spending 6 days in the hospital

Beta Iota, Roseburg – Carolyn Warren's daughter Ashlee (former DESA) exchanged wedding vows with Nathan Mattix, the couple will be making their home in Roseburg where Nate will be teaching at the Riddle High School while Ashlee finishes her schooling through Corban Univ (happy couple pictured below)

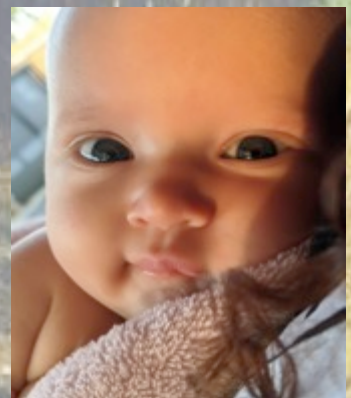
Delta Xi, Portland – Mary & Dick Lambert welcomed their 6th great granddaughter on 6/30, weighing in at 9In 3oz & 21 ½ " long is Saffron Brunhilda Maultsby (Saison & new sister Saffron pictured below)

Delta Nu, LaGrande – Bunnie Barrett had to have 3 stents placed in her heart in mid-July

Omega Mu, Albany – Patty & Rob Anderson welcomed their first grandchild Raelynn born 4/20 6lb 12oz, 18" (Raelynn is pictured below)

Please keep sending me news of happenings so I can share the news with everybody. Just email me at ciwarren@charter.net and I'll get the word out.

Carolyn Warren



District Diaries

Central District –

Hello Everyone. Hope you are all safe doing well.

I was in hopes to be able to have a Charting Ceremony for the new Bend Chapter, Beta Rho.

So sorry we have not been able to meet to new ladies from Bend, I am so looking forward to meeting them and have them as part of Central District.

Hope in the near future we will be able to meet and have wonderful luncheon to welcome them.

We hope everyone is healthy and taking care yourself.

Hugs to all,
Barb Moss

WVDC -

We had a good turnout for our June 20th meeting which was held in Jill Rankin's backyard. A little rain didn't deter us and Jill had canopies up to keep us dry. We were instructed to bring our own chairs, lunch and drinks so that we could maintain social distancing and be safe.

Sandy Diess installed President Joy Serkowney, Vice President Patty Anderson (Jill Rankin stood in for Patty), Secretary Lani Shimer, and Treasurer Marsha Klosterman.

Marcia Bradley and Jo Nightingale conducted a beautiful memorial for our wonderful and sorely missed Ellie Allen.

Our next meeting will be hosted by Delta Gamma in Florence on October 17th.

Initiation of 2020-2022 Officers

Julie Rassmann, WVDC Publicity



Douglas District -

With a theme of Harvest Love in ESA Douglas District was so excited about hosting everyone at the 2020 State Convention, but as most of you know that event is not going to happen. It was with heavy hearts and the leadership of our State Presidents (current and past) the difficult decision was made to cancel the In Person convention. All involved were concerned for the protection of all our membership. We greatly appreciate the The Mill Casino and Hotel, they have been a great partner in all the planning and most gracious about having to cancel. Please visit them when you have a chance, they are working very hard to keep everyone safe and still provide a fun experience. Hopefully in the future we could plan a meeting there to thank them for their help.

We look forward to having a meeting late in the fall or early in the spring. Who knows if the state convention zoom goes well we might try it ourselves. New experiences are always a way to grow and enjoy each other.

Thank you everyone for your support and understanding during these challenging times. We look forward to seeing some of you next time you visit Douglas County.

Connie Russell, President, Douglas District



Chapter Check-ins

Alpha Zeta, Eugene –

We started having meetings in June when we were told we could have meetings with fewer than 10 people. That works for us in spaces since we have 8, count 'em, members. With facemasks affixed, chairs spaced 6 feet apart and many air hugs, we had our first meeting in 3 months in Joy Serkowney's backyard. Luckily, the weather favored us, in fact; it was rather warm. Joy's backyard was gorgeous (thanks to Lloyd per Joy).

Besides our chapter members, we had two guests from Delta Gamma: namely, Past State President, Marsha Klosterman and Jean Forsman.

Marsha, with the able assistance of Jean, installed our new chapter officers.

President	-	Joy Serkowney
Vice-President	-	Linda Howes
Secretary	-	Su McDonell
Treasurer	-	Sandy Diess
Educational	-	Lani Shimer

It was an inspirational installation and each new officer received a bright yellow carnation to commemorate the occasion.

Lani Shimer, educational director, presented our theme for the year and we will start our presentations in August in order to catch up.

July found us in Linda Howes' backyard, and we followed the above described procedures. As before, we brought our own bag lunches and drinks. And, once again, we had beautiful weather.

We are continuing to collect pull-tabs for dialysis and coupons for Hope for Heroes. There is not too much else we can do because of statewide restrictions.

Last but not least, we have a NEW PLEDGE!! Melissa Gilliam expressed her interest in joining Alpha Zeta and we are beyond excited. Melissa met some of the chapter members when they were at the US Bank to change over signatures for the Oregon State Council. Melissa thought we were very funny and...the rest is history. At our July meeting, she described us (in lieu of names) as sassy, sassy and very sassy. We love her.

Our next meeting will be in Lani Shimer's backyard on August 13 at which time two of us will be presenting our educationals. Once again, we will bring a bag lunch, drinks, and tales of how we are dealing with COVID.

Lani Shimer, Publicity

Alpha Upsilon, Hillsboro -

Good Grief Charlie Brown, what a crazy 6 months! **A.U. President, Sue Horton** couldn't have picked a better theme. The simple Charlie Brown life (with masks) seems to be the new norm.

Although we are unable to enjoy monthly chapter meetings in person, we have been meeting via **ZOOM** successfully. Alpha Upsilon sisters continue to busy themselves by supplying items to be packaged up and sent for our **"Hope for Heroes"** project to 140 service members in Kosovo, Army National Guard, Delta Co., 2-162, Infantry, based out of Hillsboro. Currently, our hardworking and determined sister, **Ann Torgerson, along with her husband, J.V.**, have sent 7 of the largest one-rate boxes, (with 73 boxes of Girl Scout Cookies to our "Heroes"), the latest being 23 baseball gloves, along with snacks and other items, for the troops to provide something from home and an outlet from day-to-day military demands. We continue to "gather and send" for our HEROES!

Our President, Sue Horton, held a social gathering in her backyard in July where sisters gathered with masks and social distancing for a time of sharing experiences, frustrations, news, and of course laughter. Another smaller gathering outdoors was held at Sue's for an afternoon of Rock Painting, with great creations and designs.

Scholarships Chair, Claudia Hale, reports our Scholarship Project provided \$2,000 in scholarships (\$500 each) to seniors at 4 high schools in Hillsboro. Students were Tyler Bickford - Liberty H.S., Garrett Rogers - Hilhi, Madison Ross - Glencoe, and Yesenia Delorenza, a 16 year old Century High student who studied in school her Junior year and went online in the evenings to finish her studies for her Senior Year, graduating in 2020. Our best wishes go out to these students for a successful and rewarding college experience.

We come to realize how much we miss gatherings of any kind (so many have been canceled or postponed) where we can truly connect with people be it serious conversations or just playfully bantering back and forth. People NEED people!

ZOOM meetings have become the norm and we at Alpha Upsilon especially like it (once the bugs were worked out) because we can connect visually (and no masks) with members who live longer distances from Hillsboro. **Sandi Kucera signs on from Goodyear, Arizona** and **Patsy McLean signs on from the Central Oregon coast**. A recent inquiry as to what we all missed due to the **COVID-19 Virus** was family get-togethers, friends dropping in, hugs, kisses, going to movies, holding our little family members, especially newborn babies, the conversations and giggles like we have at our gatherings and just the social connection which gives such a boost to our very existence! So many events in our lives have been canceled and the frustrations of feeling like a pack of Darth Vaders with our masks always in place seem to be the biggest "bug-a-boo". Won't it be nice to see full faces, in person, of one another?!! Alpha Upsilon sisters wish you good health and, GOOD GRIEF, a lot of patience.....Keep praying for those affected by COVID-19 and for a vaccine!

Publicity Chair, Patsy McLean

Alpha Upsilon cont.



Charlie Brown tree with Flag wreath made out of coffee filters dyed with food coloring

Sue Horton wearing her 4th of July mask



Delta Gamma, Florence

We had our first meeting/social since March on July 25th in President Julie Rassmann's backyard where we could maintain social distancing. It was a "bring your own lunch and drink" affair. It was so much fun seeing each other again and catching up on news. The highlight of the day was initiating Christine Cole into our group. She has proven to be a fun and active addition.



Delta Gamma - Meeting/Social - July 25, 2020
Initiation of Christine Cole

We are in the process of deciding how to conduct our Annual Auction. With the pandemic, we feel it will not be held as planned. We are looking at ways to do a virtual auction. When we have solidified our plans, we will let you all know.

Julie Rassmann, Delta Gamma President



Delta Xi, Portland -

Our year like many of yours has gotten off to a slow start. At least we are starting. In June we held our installation of officers in Pat Stupur's back patio. It was a beautiful day and we enjoyed seeing everyone and catching up. This was our first get together since early March. Jean Braden installed Jill Holden as President and her theme is "Create Your Own Delta Xi Journey". Other officers are Donna Cassidy, Vice President, Karen McNeil, Secretary, Mary Lambert, Corresponding Secretary, Chris Dole, Educational Director, and Pat Stupur, Past President. This year's chairmen were announced.

Our planning meeting was held on Jill Holden's deck, with masks and social distancing. Plans were made for the coming year, but with the idea that we needed to remain flexible because of the pandemic. We decided we would not hold our dinner and auction this year, but would work on other ways to earn money. We were able to provide Ducks for the Easter Seal camp this summer, but weren't able to go and help with the races in the creek. Our Educationals for this year will be "Your Bucket list, Past, Present, or Future". August held our annual picnic with Delta Kappa at Cascade Locks. It was a very cool day and everyone brought their own lunch, chair, and masks, with social distancing as a must. Jill Holden made masks for the Hood River girls and each one selected one they like. There was much fun and conversation, along with a lot of laughs. We enjoyed our time together.

We will miss seeing everyone at Convention, but will go forward in figuring out how to continue our start new projects during this crazy year ahead.

Kathy State
Delta Xi Publicity Chairman



Delta Kappa, Hood River –

2020-2021 officers

Due to COVID 19 our installation was delayed until June. It was held outside at Tami's so we were able to keep our "social distance" (except for pictures!). Three new members joined our group but were unable to attend. They are: Patti Fortier, Maria Walker and Claire Walsh.

Our planning committee met in July where chairmen were named, tentative dates set and ideas discussed for the upcoming year. Our major fundraiser, Bingo, is scheduled for November and hopefully we will be able to have large gatherings by then. More information will be in our next newsletter.

As another year is about to start, we hope that all of you are well and ready to roll up your sleeves and see what we can do to help out in our communities.



2020-2021 Delta Kappa Officers: Back row (L to R) Kathy Hines (Education Chairman), Penny Phelps (Treasurer), Vickie Simpson (Secretary), Debbie Sanguras (Vice President). Seated: Martha Hoskins, President.



Past president Tami Arthur presented gifts to her outgoing officers as she was unable to do so earlier. They were cheese boards that she made with the help of her grandson, Ben. It was a nice surprise for Dorothy, Penny and Martha.



The theme this year for our chapter is "Open Your Heart to the Magic of ESA" which was reflected in the table decorations at our installation. Thank you to Penny and Tami!



Congratulations Ardyce! *65 years of love, loyalty, laughter* *and devotion to ESA*

Ardyce Moore began her journey with ESA in Coos Bay, in 1956 working for Evans Products, a lumber Co. as a bookkeeper/accountant alongside the likes of Rich Hughes (Lynn), Hal Lapp (Helen) and Dick Mobley (Bert). When that mill shut down, she and her beloved husband, Kenny moved to Portland.

She joined a chapter there and began to PARTICIPATE. She began as she intended to go on.. in full support of this organization to which she has given her whole-hearted support and love for 65 years. She fulfilled all the qualifications through the years and in 1978-1979 she served as State President with *"Smiles Are The Flower of the Heart"* as her theme. A few years later she and several other 'sisters'-chartered Kappa Kappa chapter. They were a group to reckon with as they consisted of past Oregon State Council Presidents.



Early on in Portland Ardyce found a niche in Easter Seals and made that a focal point of her life. She has served as ESA's liaison with them for many years and devotes herself, still, to making a difference to and with that organization. She went on to be instrumental in making it Oregon's State project and then also an IC Project which we still participate in today, thanks to Ardyce and her 'never give up' attitude. Her Kenny made it his mission to support her efforts in ESA both privately and always within call when the chapter or state needed his help. Ardyce serves today on the Easterseal Board. In her younger years and even later Ardyce and Kenny took time to play together on their snowmobiles! The woman is never at a loss for energy and fun! She belongs to 2 bowling leagues and remains an active bowler.

St Jude is another of Ardyce's commitments. She has participated in all the St Jude fundraisers within the Portland area and most of them at the IC level also even when she declares them out of her personal comfort zone. She's 4th from your left & in the very front row of this gathering in Memphis last year. No way was she missing that milestone put on by St Jude honoring the ESA commitment to Their work since 1972. She proudly proclaims her Life Active membership in the ESA Foundation as well.



Perhaps her only truly passionate 'out-of-ESA' participation is quite unique and truly epic in proportion to some people's way of thinking but she and Kenny became, and she remains, legend in the annals of those following the Portland Winterhawks Hockey team. Not only have they had season tickets for a very long time but when that 'kiss-cam' was activated it didn't shut down until Kenny and Ardyce had their kiss! They've travelled a lot of miles in order to be in the seats to cheer their team on. She and her Kenny managed to take home, feed and care for their team; lots of them over the years, and the Winterhawks are fully aware of who their biggest fan

remains to be. Ardyce is theirs, collectively.

She said good-bye to her beloved Kenny in April of 2015 but continues to carry him with her, always in her heart.

This year, at what should have been our IC Convention in Texas, Ardyce would have taken part, as she almost always has, in honoring those who have been faithful in their attendance at the IC Convention. That didn't happen. Normally, Ardyce would have been the very last or near to the last one standing as they counted down the years of attendance. She would have been standing tall, representing Oregon ESA, the strength of Kenny's continual support of her work in ESA and her own pride of place as having been to **57 IC Conventions!!** As far as we're concerned ..she was there because she went to great lengths to prepare herself to be a part of the IC Convention on Zoom in July.

If you will dig out your Journey Magazine from ESA Headquarters for Fall of 2019 (with the big picture of the gang at St Jude's on the front) take a look at page 14. 'A Lifetime in ESA' thanking Ardyce for "*keeping the joy of ESA alive*"!

Among other things, if you've ever been to IC Convention and you haven't seen Ardyce 'cut a rug'... you have never seen such use of energy; hard to believe in one of a certain age group, such unfettered joy and abandon. She is a joy to behold, a source of laughter and goodwill and certainly, a figure to which we might all aspire. This writer has been informed there is many a dance floor shut down by this woman and any who aspire to keep up with her!



When the Gavels decided to fund their ESA Foundation scholarship, they looked into over the years was having pins and pendants representing the State Presidents theme made and sold to the Oregon membership and others. Years ago, Ardyce stepped up and took this project on. She tends to it from beginning to each incoming State President and the Gavels have always appreciated her efforts on their behalf.

This year, Ardyce is gifting the membership with Linda Gratteri's pins & pendants. She won't take 'no' for an answer and insists it's one way she can thank the state for all she feels she has benefited from being an ESA member for 65 years. We can only surmise it's her way of celebrating being part and parcel of all that goes on behind the scene in so much of what ESA has done & continues to do since 1956. We hope you ordered yours before they were gone.

*Thank you for your service, Ardyce.
We consider you so worth celebrating!*

..and then she said, but then again, I've found something oddly comforting about the inevitability of change. It's not as easily accomplished as one ages but it's going to happen so why not accept it, try to understand it, embrace it, work with it, use it and incorporate it into my life? Fair? Maybe not but where is that written?

Thinking back, I seem to remember so many of the older generation saying things like "Nothing lasts forever" and "change is inevitable" and 'don't you wish you could change things up a bit', and I got to thinking....



Old adages are 'old' because they last and they last because there's usually, always, a truth or two in them. The truth of the matter is that we're in the midst of one of the largest and most momentous time of changes since about 1919 and look what happened after then.

Did you, by chance, have the opportunity to hear what your grandparents had to say about what they lived through then? The greater majority of our children and grandchildren will live to tell their own, in turn, what it was like in 2020 when COVID19 was all over the world and everything changed. And, we have the technology allowing us to see it everywhere and KNOW we're not experiencing it alone.

While we have no way of looking into our collective futures we witness and are involved in moving acts of bravery, humanity and sheer determination of the most incredible people who surround us. We see also stupidity at its inception, at its worst and we hope for the best outcome.

Change is happening while we watch or take part. Are we part of the problems or the solutions?

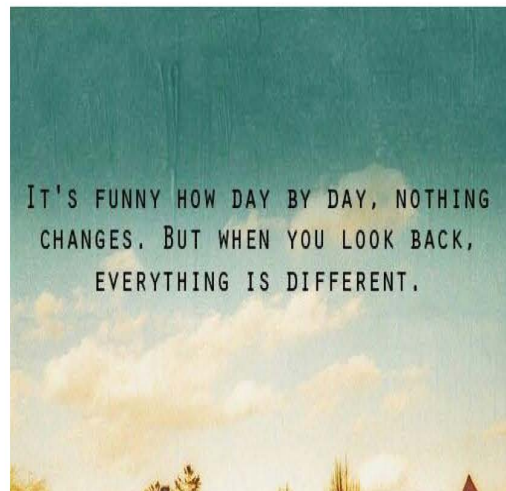
What if this is what's known as "*a teachable moment*"?

Educating us about ourselves, our relationships, about what the pandemic has uncovered – the gaps in care, in preparedness, the amazing things we're capable of, as well as the shameful.

It is tearing apart and revealed the divide that can exist between who we think we are as individuals and as a society, and how we actually are. Often for the better. Sometimes for the worse.

Ah yes... a teachable moment in time,

...and it would be a shame if the collective 'we' don't take the lesson.



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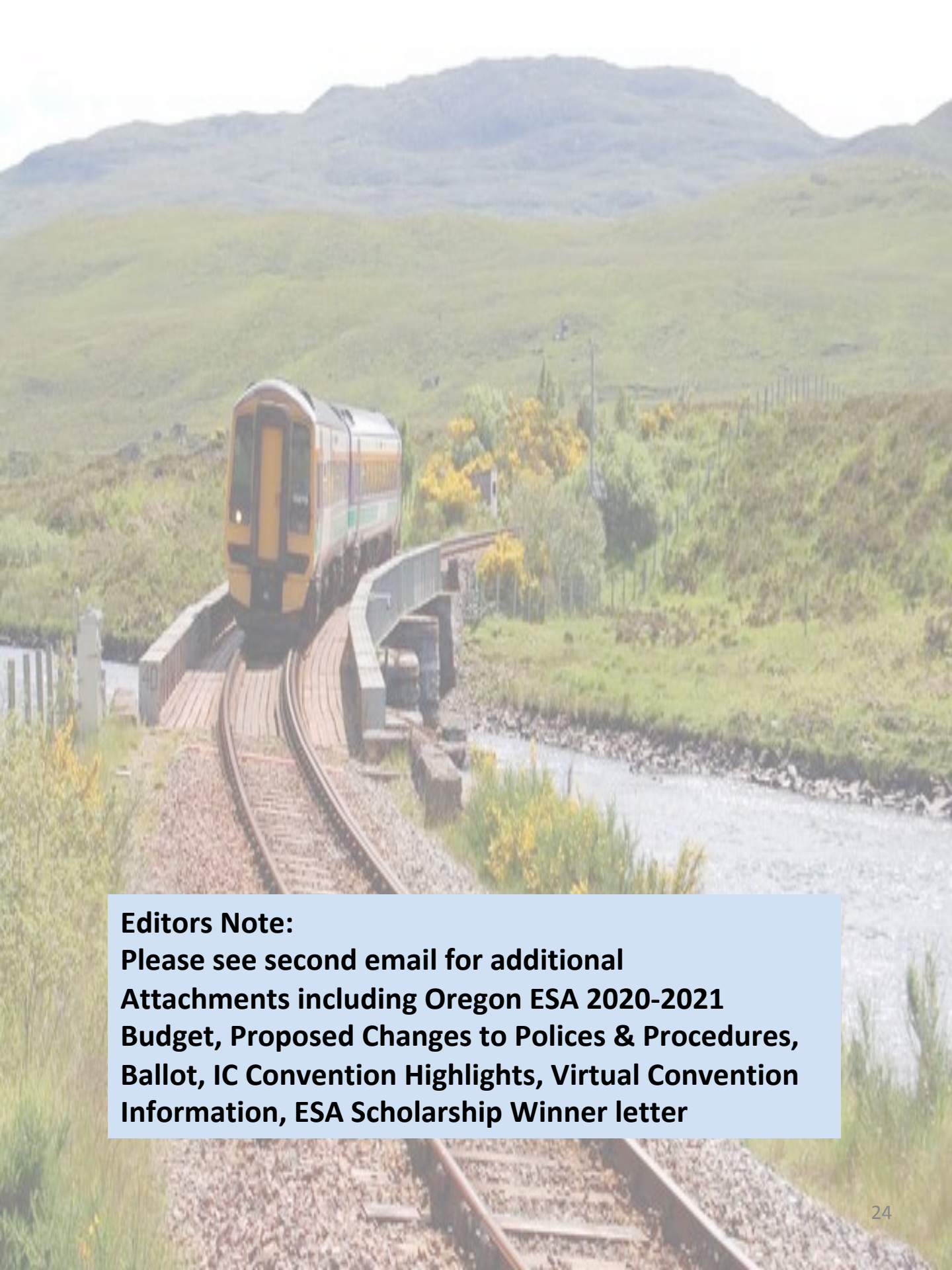
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Editors Note:

Please see second email for additional Attachments including Oregon ESA 2020-2021 Budget, Proposed Changes to Policies & Procedures, Ballot, IC Convention Highlights, Virtual Convention Information, ESA Scholarship Winner letter