



The Oregon Grapevine

Epsilon Sigma Alpha Int.

Volume #75 Issue 2

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Executive Chefs (Executive Board)



State President –

Hello ESA Sisters –

Your State Board is working on “The Appetizer Round” for Leadership in Boardman. It was wonderful to see everyone in person at convention & we hope to whet your appetite for the new members, projects, sharing & caring ESA will serve up in the new year. I know there has been some confusion with trying to get rooms for Leadership but truly hope you have made your reservations & will join us!

Those of us who attended IC Convention in Louisville, Kentucky had great fun. Louisville is all about bourbon and barbecue! I think Linda Gratteri and I tried most of the local restaurants including Guy Fieri’s Smokehouse! Oregon sisters took tours of Church Hill Downs, local distillers, the baseball history museum, a Shaker village and my old Kentucky home.

There were plenty of workshops to attend and I feel I learned even more ways to “spice Oregon up a bit!” One of my favorite speakers was Martin Harbolt, Chairman of the Vets Committee for the Kentucky Elks Assn. He provided information on how to connect with local Elks Lodges to help with the Homeless Vets Program. It was truly amazing to see what Oregon and other states do for St Jude. A “crazy hats” workshop was fun & we created some “doozies” for our own Kentucky Derby race. The Welcome Party saw Ardyce Moore as one of the last sisters on the dance floor. She put us all to shame! We also celebrated her 65 years of ESA service.

I was able to make some new friends at IC Convention and formed some special bonds as ESA sisters do. Our new IC President is Robin Bussey from South Carolina. Her theme is “Don’t Just Fly – Soar with ESA!” Her state presidents are known as “Robin’s Wings.” I hope to represent Oregon well & keep ESA flying high. Thank you all for sending me to IC Convention. I am looking forward to sharing information about awards earned by Oregon at IC.

I would like to thank Kathy State & the other members of the Documents Committee who have been working hard to update & revise our State Guidelines. We hope our members will benefit from these changes.

I have been traveling a lot this summer & it is pretty hard to keep up with healthy eating habits. I feel like a quote I recently saw - “I’m on a 20 day diet – so far I have lost 10 days!” Hope to see you all soon!

Agape & Bon appetit

Debbie Sanguras



1st Vice President

Hope you all are having a grand summer, being active and safe at the same time. We live in a new reality and that is okay, and maybe a good thing. We need to learn to adapt and grow. Speaking of growing! Now is the time to add new members to our wonderful organization. Ask yourself why you joined. My reason for joining has always been to make new friends, meet more people, and do wonderful things for my community and beyond. It really doesn't get much better than that!

Debbie's theme is "ESA – Recipe for Success" "I know we have the essential ingredients – our members & a desire to help others. No one is born a great cook – one learns by doing!" Let's challenge ourselves to recruit new members – "look for incentives as the year progresses. Members are our *yeast*. They keep us rising to the occasion." This quote is Debbie's and is perfect, so I'm going to use it!

This logo is from the ESA International website. Check it out for some great ingredients to add to our "Recipe for Success."

As soon as you get new members, please let me know. I'd love to, at the least, send them a card of welcome, or better yet, meet them in person!

One last note! I really hope to see you all at Leadership, beginning September 24th. I'd like to stir up some big hugs and maybe a little trouble!

Hugs,
Julie

Julie541@msn.com or 541-991-7906





2nd Vice President

Although it is over 100 degrees today, I'm sure I see Fall in the horizon. Which means it's time to start planning your chapter's New Years goals and how you can accomplish them. I'm asking you to put OUTSTANDING CHAPTER AWARD on your goals. Many of you are doing all the items on the list you just need to fill out the report. Please ask someone to be in charge of filling out the form. This is a great way to show members and prospective members all the wonderful things your chapters are doing. The form is being updated and will be available in the President's book and online in September. I hope to be able to share all your great ideas at next year's convention. LETS CELEBRATE ALL THE GREAT THINGS EACH CHAPTERS DOES.

Another way each of you can help ESA Oregon grow and prosper is to be a member of the State Board. We need your ideas and help to keep ESA your organization, if you held a chapter office or a district office you are eligible. Please remember there are many members here to help, all previous board members are great resources, the gavels are great mentors. That is what ESA is all about, supporting each other and helping us all grow our skills. Please contact me if you or someone you know would be interested in being on the Board.

cjrseattle@msn.com

509-954-6743

Connie Russell

The "12 step" chocoholic program – Never be more than 12 steps from chocolate!
(by Terry Moore)



Corresponding Secretary

I am sure that others will be reporting on the IC Convention in Louisville so I will just say that it was so wonderful to gather in person and to be able to hug and laugh and catch up. It was a very nice convention and Debbie represented us well (no surprise). Linda was also busy, accepting our awards for last year. Such a thrill!

Thank you to the chapters and Districts for providing me with your rosters. Please remember to let me know if any changes to members' contact info so that I can share that with the membership.

I have a list started of those wanting a hardcopy of the President's Yearbook. If you want one, but have not let me know, (or you wonder if I really have your name on my list) just contact me. I will advise you on the cost when I know what it will be.

Donna Cassidy
cassidy97213@comcast.net
503-249-0327
971-227-8184 (C)



State Treasurer

A full report is included in the issue.

Penny Phelps



Ardyce Moore
66 years of service to ESA

Jr. Past State President & Disaster Chair



For some of you who may not know very much about the ESA Disaster Fund, here are some facts and also some IMPORTANT new information regarding the application process:

The Disaster Fund is funded by ESA members and is to assist an ESA member whose home and/or personal belongings are destroyed or damaged extensively by fire, flood, etc. The need for assistance must have occurred in the current ESA year from June 1, 2021 through May 31, 2022. International Council Guidelines states, "Assistance may also be given when a member incurs heavy financial responsibility due to a debilitating illness or accident, which involves the member or their spouse or immediate family member who resides in the home due to physical or mental impairment whom they have legal guardianship over and are legally responsible." The money does not have to be repaid as it is not a loan. The maximum amount given for a claim is \$5,000. A second claim for the same illness or accident cannot be paid.

Now here is the NEW information I learned at the IC Convention:

The application does NOT originate from the chapter nor does the chapter president sign it. It is NOT to be sent to the State Disaster Fund Chair for review and approval. The applicant sends it DIRECTLY to the International Council Disaster Fund Chair. This will not only maintain privacy for the applicant but will also speed up the process. Past IC Presidents Terry Olson and LeAnn Wray have been working on this with the hope that more members will use the fund when needed. Additional information will be forthcoming.

All contributions must go through the Oregon State Disaster Fund Chair. Checks are to be made to "ESA Disaster Fund" and sent to me. All contributions will be documented and sent to the International Council Disaster Fund Chair.

So now you know! As your chapters are budgeting for 2021-2022, please include a donation to the ESA Disaster Fund. I look forward to seeing you at Leadership in Boardman! In the meantime, I pray for everyone's safety and good health. Enjoy the rest of the summer!

Linda Gratteri

Sous Chefs (General Board)

Philanthropic Report

Greetings from the vineyard. It has been a long hot summer and I have found myself hunkered down in my house to avoid the heat when possible. The garden, however, is very happy. This year we aren't run over so much by zucchini, as we are by the cucumbers. It has been great to get to back to some sort of normal routine although I don't know how long it will last. I have so enjoyed seeing some of my sisters and meeting in person. ZOOM and I will never be friends!!

I am embarking on a new adventure this year in ESA, since I took on Philanthropic. It is something I have avoided up to this time, so it will be a learning situation for me, and perhaps for some of you. I would remind all members to keep track of all you did this summer, even if your chapters did not meet. At Leadership in Sept, I will provide worksheets and instructions to all chapters. However, these forms can be found on the State website and are easily available to all of you now.

I look forward to seeing all of you in Sept at Leadership. This should be a great year under the capable leadership of Judge Debbie!

Marsha Klosterman

Savor the moments in ESA



Distinguished Individual/Youth

As Chair of the above-named position, I am once again requesting that all of you look for that special person whom we can celebrate at State Convention. It has been difficult these past two years to find someone due to the pandemic. We did have a prospect right when the health crisis loomed its' ugly head and no further contact was possible.

Do what you can and let me know, as I will have to get forms from Headquarters.

I know that you will do your best and I appreciate your efforts.

Thank you.

Lani Shimer, Chair





**Debbie & Linda,
IC Flag Ceremony**

Thank you, Linda for appointing me Philanthropic Chairman. I was honored to serve on your board.

Our members worked 7,403 hours. We donated \$102,244.63 worth of goods. We traveled 10,220 miles amounting to \$5,924.72. We gave \$552,783.60 to International, State, District and Chapter projects. Together we gave away a total of \$660,952.95. Sixteen chapters, one district and the Gavels submitted reports.

Thank you everyone for working so hard this past year.

Lynn Hughes

Hope for Heroes

Those of you who attended convention in Hood River know what a wonderful job Ann Torgerson did as Chair last year. A speaker talked of volunteering for Quilts of Valor, making and awarding quilts to service members. This is just one of the many programs our members can show appreciation for people who have served our country in the military.

There are other ways chapters can participate. Send care packages and letters to service members overseas. Clip coupons and send them through the Overseas Coupon Program. Invite veterans to join you in your events. Partner with Easter Seals or the Elks.

Go to epsilonsigmaalpha.org and into the member center to learn about more opportunities.

Welcome Home Vets - Help provide home starter kits to homeless veterans moving into permanent housing. **Operation Paperback** - A national nonprofit organization whose volunteers collect gently used books and send them to American troops overseas and to veterans and military families here at home.

Last year seven chapters sent in reports to the Hope for Heroes Chair. Please make an effort to complete the form and return it to me by April 1. I know many of you are doing Hope for Heroes projects. Let's celebrate our combined efforts. You will find forms and instructions in your mailboxes at Leadership.

Lynn Hughes



The Chaplains' Corner

Delta Gamma, Waldport (7/30)

Rhonda Adler's father, Jim Allen, passed away on July 1, 2021. He had been dealing with declining health for some time. Losing both parents just over a year apart has been difficult for the family. A note of support and ESA love may be sent to Rhonda at: 1519 Arlington Ave. Woodburn, OR 97071

Rhonda Adler, Delta Gamma, had major colon surgery on July 20th. The surgery went well and she was sent home to recuperate just to almost immediately turn around and go back to hospital due to complications. More surgery is not deemed necessary at this time but she remains in hospital until the healing process is more stable. Notes of encouragement may be sent to her at: 1519 Arlington Ave. Woodburn, OR 97071

Beta Omicron, Burns (7/27) (updated)

Nancy Reid is on the mend since her recent surgeries. She has been to St. Charles Medical Center for two surgeries. The surgeons high-fived each other after the last surgery because it went better than anticipated. All the while she has been fulfilling the duties as Acting Recording Secretary and taken on the duties as Treasurer. (I really think Cricket, her kitty, is helping).

Nancy recently lost her brother-in-law, Chuck, who had been on Hospice. He was surrounded by all the things he loved when he passed in his sleep.

Nancy Reid, PO Box 504 Burns OR 97720 nandog.reid@gmail.com

Delta Epsilon, LaGrande (7/13)

Joyce Fothergill, a long time member of ESA lost her grandson to suicide this last weekend. Please keep her and her family in your prayers. She is currently in Spokane and is not sure when she will be coming home. If anyone wishes to send her condolences her address is: 1804 Foley Street, La Grande, OR 97850

Beta Omicron, Burns (7/12) (updated)

Ann Choate has completed her 4th chemo treatment and seems to be tolerating things well. She has been taking care of a local lady with dementia several times a week. She is enjoying that so much.

She has also loved the cards and calls from the membership. She has been in awe of how many people have responded to her. Seeing everyone at Convention was so good for her soul, as your prayers will be now. 608 S. Fairview, Burns, OR 97720 annchoate50@hotmail.com



The Chaplains' Corner, cont.

Alpha Zeta, Eugene (6/2)

Sandy Diess, 51-year member of Alpha Zeta Chapter in Eugene, OR., celebrated the life of her beloved brother, Jim Wohlwend, with other family members and long-time friends in Corvallis, OR this past weekend. Jim passed away on Memorial Day, May 31, 2021. He was 86 years old. Jim was, in all ways, the older brother all sisters wish they'd grown up with.

Jim's wife, Pat, their daughters, Andrea and Stephanie and their spouses, as well as the grandchildren are all left with full hearts and the memories they made together.

Cards or emails will reach Sandy at: 26072 Crow Rd., Eugene, OR 97402 or sdiess2@gmail.com

Delta Xi, Portland (2 members) (5/26)

JILL HOLDEN (current member of Delta Xi Chapter)

Jill had a stroke on May 15th, 2021 and after spending time in the hospital has now been transferred to a rehab center. She is doing better but still has several issues to overcome. Her spirit is strong and she has a good support system but cards of encouragement, etc. will be most welcome. They may be sent to Jill Holden – 2808 S.E. 174th Avenue, Portland, Oregon 97236. rnjholden@comcast.net

DIANE MORRIS JOLIN (MAL)

Diane Morris Jolin passed away quietly in her sleep on May 10, 2021 at the age of 77 years. Diane had three daughters, Nancy, Connie and Karen. She married Gerald (Gerry) Morris in their senior year of high school. She and Gerry were married for 37 years before divorcing and remaining friends; at which time Diane took back her main name of "Jolin". She was a long time member of Delta Xi chapter before going member at large. Unfortunately, she had many health challenges throughout her life. No matter the problems she had she was always up beat and making light of her situation. She was a very caring and fun loving person and will be missed by many.

Cards can be sent to Family of Diane Jolin, 27 NE 199th St, Portland OR 97230

Peace be, Su

Chaplains & Editors note – Chaplain emails are sent to the Executive & General Boards, Chapter & District Presidents & Gavels. It is the thought that Chapter Presidents will forward message to their Chapter members.



Part of the secret of success is to *eat what you like* and let the food fight it out inside.

—
MARK TWAIN
SOPHISTICATEDGOURMET.COM



Educational Chair

Hello everyone,

I hope everyone is having a great summer!

As we start up our new year after summer break I wanted to remind everyone of the theme for this year's educationals: Spice up your Year with Some Tasty Educationals! Please see the full list of ideas in the Special Edition Grapevine that came out after Convention, this is still on the Oregon ESA website.

Mary Anne Puhl

RECIPE FOR
SUCCESS:
HEAT UP AN **IDEA**
TAKE **ACTION**
MIX IT UP WITH
PASSION AND BELI
THEN ADD A DASH
OF **PERSISTENCE**



Western States Council

As we all know Maxine tells it like it is!
Well, as your Oregon Western States
Regional Council Representative,

YOU ARE



Hey, it's
time
for Maxine
on Saturday
again!

Charges being, have you paid your dues?

If you have not paid, the \$4 covers both 2020 and 2021. Would you please do so.

All you need to do, is send your \$4.00 to Judy Huntley, treasurer @ 378 Valley View Road Sutherlin, OR 97479 or to me Sandy Diess, 26072 Crow Road, Eugene, OR 97402. For any questions concerning whether you have paid or not, please contact me at 541-345-7915.

PS. I will be sending out information on the next 2022 Western States Fling to be held in Palm Spring to all the Chapter Presidents as soon as things are finalized. **DON'T FORGET TO PAY YOUR DUES, PLEASE!**

Sandy Diess
Representative

Oregon State
Convention
The Mill Casino
Coos Bay, OR

Save the Date
May 20-21-22



Chapter Charcuteries

Delta Nu #5502 – LaGrande

We are working with our Districts other chapter, Delta Epsilon, trying to make sure all will be ready to welcome our State Sisters to the 2021 Oregon State Leadership. PLEASE COME TO VISIT.

Meanwhile our chapter has been busy with some of our quiet projects we do all year.

Bunnie Barrett



Alpha Zeta, Eugene

Here we are in August once again facing wildfires, new mask mandates, rising COVID rates. It was so nice for a while to not have to wear masks and go to restaurants, go shopping, visit friends, etc. However, we will prevail and sometime in the future will look back on this pandemic as old bad news.

Here in Eugene/Springfield, we have started our educationals but are not having meetings per se. We get together, visit and have a presentation. We have enjoyed our first one in July (which I missed because I was in Hood River with my son, Mark) and will have our second one August 18 hosted by Lani Shimer at her home.

We have continued to collect pull tabs, clip coupons and volunteering on an individual basis. We, also, have a quasi-book club going on in that when one of us finishes reading a book, we bring it to our get-togethers, share our insights and someone takes the book home and brings another. I know that I have read many books that I would not have considered were it not for this.

We had a good time at Convention and are looking forward to Leadership under Debbie Sanguras' guidance. If past performances by Debbie are any indication, this year should be a lot of fun!!

See you at Leadership.

Lani Shimer

ALPHA UPSILON, HILLSBORO

Hillsboro Elks Club was the scene of our May installation and dinner for AU. JoAnn Lumaco chose a Dr. Seuss theme of "Oh the Places You Can Go!" which will make a great educational and a wild ride as we share our travels or bucket lists.

The State Convention in Hood River was so much fun and we in Alpha Upsilon could not be more proud of State President Linda Gratteri who served during the weirdest and most frustrating time in the world! What would we have done without ZOOM?! And aren't we happy to leave it & go back to in person meetings?!

Some things we are doing to cope with summer heat – staying hydrated, ignoring heavy house & yard work, heading to the beach, and taking it very easy.

Alpha Upsilon voted to combine the planning with our regular meeting in September, with a "salad social" (always popular)!

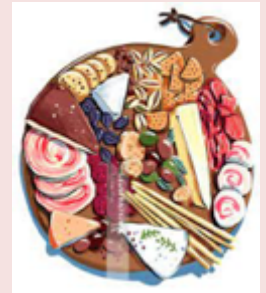
COPING WITH CORONA

*We've become creative with rocks to paint
We've breathed in paint fumes until we could faint
We've gone for drives, gazed at the moon
Listened to music that once made us swoon
We've read all the books on our living room shelves
We walked and jogged to improve ourselves*

*We bake and eat and read recipe books
We've eaten enough to change our looks
From svelte to pleasantly plump they say
But we'll diet again some how, some way
We've escaped the Covid and praise the day
But for those who did not, we truly do pray*

*We're still cautious regarding the virus that looms
And have learned to connect with family by ZOOM
All agree that 2020 was a year full of fret
We can only hope we will never forget
How much we love and need family and friends
And pray that the virus these vaccines will end!*

Patsy McLean



Delta Xi, Portland

Hello from sunny (hot) Portland. It has been quite a summer and people have been getting out a bit more including our Delta Xi members. We were lucky enough to have nine of our members go to State Convention. Congratulations Delta Xi on receiving Outstanding Chapter in Oregon. It was nice to see everyone in person rather than zoom. As I write this, two of our officers, Donna Cassidy and Mary Lambert are at IC and having a good time.

We had our installation May 11th at the home of Jill Holden. Our new officers are Donna Cassidy, President; Chris Dole, Vice President; Mary Lambert, Treasurer; Kathy State, Rec/Corr Secretary; Chis York, Educational Director and Jill Holden, Past President. Our outstanding member this year is Jill Holden. Jill served us a wonderful lunch of homemade soups with cheese bread and other goodies. It was nice sitting under her grape arbor and enjoying each other's company. Sadly to say, Jill had a stroke the following Saturday. She is doing better and working hard with her Physical Therapists. Please remember her in your thoughts and prayers.

Our Educational this year will be "Food for the Soul". This is right up Delta Xi's alley! Our planning meeting was held June 8th and it was decided we will be going back to two meetings a month. Our goal is to still keep most of our philanthropic activities going this year. We will be working with Easter Seals, Jeans Place, Hope for Heroes, Morrison Center, Trillium, Snow Cap and of course St. Jude's Childrens Research Hospital.

Our social for the summer will be a picnic with Delta Kappa in Hood River.

Stay Safe
Andrea Storm



Beta Omicron, Burns

We decided a dinner and social at the Pine Room was the perfect venue to complete the necessary business and also, the very important, getting together and visiting with everyone in person.

Business

Hoping to keep meetings available to all our membership it was decided, for now, that weekend meetings would be a good start. These meetings will include business and our educationals.

Phyllis, Gail and Connie all felt that they needed to step down from their membership. We're hoping to have them visit our meetings and be a part of our socials and fundraisers.

Mel asked for volunteers to fill the executive board. We decided that it would be best if the terms were only one year. The following were the volunteers for the executive board :

President - Mel Swann
Vice President - Ann Choate
Rec/Cor Secretary - Susan Hurlburt
Treasurer - Nancy Reid

After all our hard work, we gave the 'Outstanding Member' award to our tireless Treasurer, Gail Faulhaber. We then shared stories with our revealed secret sisters and stories of our travels.

Delta Kappa, Hood River

Well ladies, we had quite a year -- or not!

We finished with our 75th ESA State Convention here in Hood River. I hope you all enjoyed yourselves and were able to see some of our beautiful Columbia River Gorge. Thank you to everyone who made it possible starting with our co-chairmen Martha Hoskins and Chris York.

Congratulations to our own Delta Kappa members Debbie Sanguras as our new State President and Penny Phelps as the new State Treasurer. Tami Arthur will also be serving as Awards Chairman. Way to go girls -- we're very proud of all of you!

Delta Kappa also took second place for outstanding chapter and was accepted by President Martha Hoskins. Job well done!



Delta Kappa, Hood River, cont.



Our new Delta Kappa officers were installed in May. They are:
Standing (left to right): Patti Fortier (Secretary), Tami Arthur (Education Director), Debbie Sanguras (Vice President), Penny Phelps (Treasurer). Seated: Martha Hoskins (President).

We were definitely curtailed in doing a lot of the fundraising and helping our seniors/veterans/students, etc with one-on-one experiences. Hopefully this next year will bring us to a better place and we can get back to helping people in our community on a more personal level.

As Debbie begins her year with the theme of **“ESA -- Recipe for Success”**, remember:

A recipe has no soul, you as the cook must bring soul to the recipe – Thomas Keller
AND ON A LIGHTER NOTE,
I hate when I go to the kitchen for food and all I find are ingredients.

Rhen Adamson



Delta Gamma

We are on summer break, but that doesn't mean we are not active. On July 17th, Delta Gamma once again worked on the Singing Pines Park and Tennis Courts as our 'Power of Florence' project. The Siuslaw News got to the park before the whole crew showed up, and this picture is of our organizer Carrie McNeill, her two daughters, and her mother. We even had tennis players volunteer to help us out this year. Our own Christine Cole and hubby, Jamie, have been going to the park periodically to keep things neat. So, the job this year was a breeze.



1

It was a tie! We honored two Outstanding Members this year. Jan Galbraith and Janet Huston. Two caring, giving and all-around wonderful members of our DG Sisterhood.



Delta Gamma Doing & Giving

2018-2019 Officers President: [Name] Vice President: [Name] Secretary: [Name] Treasurer: [Name] Public Relations: [Name] Membership: [Name] Social Media: [Name] Website: [Name] Newsletter: [Name] Fundraising: [Name] Community Service: [Name] Education: [Name] Career Development: [Name] Professional Development: [Name] Diversity & Inclusion: [Name] Environmental Stewardship: [Name] Global Awareness: [Name] Health & Wellness: [Name] Leadership: [Name] Life Skills: [Name] Personal Growth: [Name] Service Learning: [Name] Volunteerism: [Name] Career Planning: [Name] Financial Literacy: [Name] Entrepreneurship: [Name] Cross-Cultural Understanding: [Name] Critical Thinking: [Name] Communication: [Name] Problem Solving: [Name] Collaboration: [Name] Creativity: [Name] Self-Management: [Name] Teamwork: [Name] Initiative: [Name] Leadership: [Name]	2018-2019 Committees Finance: [Name] Fundraising: [Name] Membership: [Name] Public Relations: [Name] Social Media: [Name] Website: [Name] Newsletter: [Name] Fundraising: [Name] Community Service: [Name] Education: [Name] Career Development: [Name] Professional Development: [Name] Diversity & Inclusion: [Name] Environmental Stewardship: [Name] Global Awareness: [Name] Health & Wellness: [Name] Leadership: [Name] Life Skills: [Name] Personal Growth: [Name] Service Learning: [Name] Volunteerism: [Name] Career Planning: [Name] Financial Literacy: [Name] Entrepreneurship: [Name] Cross-Cultural Understanding: [Name] Critical Thinking: [Name] Communication: [Name] Problem Solving: [Name] Collaboration: [Name] Creativity: [Name] Self-Management: [Name] Teamwork: [Name] Initiative: [Name] Leadership: [Name]
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Of course, the big event, our Annual Charity Auction, is scheduled for November 13th. We are all excited to be back at the Florence Events Center. Get your lucky bidding paddle, enjoy the fun, food, drinks, and help us raise funds to help our community and beyond. Stay tuned for updates and sneak peeks. If you have any questions, just ask President Marsha Klosterman at marshaklosterman@hotmail.com or auction Chair Janet Huston at janet.huston@msn.com.

Note from Nancy Reid

Sweet Ladies. Thank you so much for thinking of me these past few weeks. The cards, emails and phone calls have brought my spirits soaring, and they were pretty high just to have come out of surgery so well. I'm so grateful for such an incredible group of friends who care so much for me.

Love, Nancy 😊

Harold & Nurse Cricket



Smokey & Nurse Cricket



Here's a photo of my feline caregiver if you really are in need of articles. Otherwise, just enjoy. I call Cricket, Nurse Cricket, because both times I had to be airlifted to St. Charles, she wouldn't let me out of her sight. She circled me, meowed at me, and won't let me close the bathroom door since I went to St. Charles four months ago. She gets on the bathroom sink to take my alcohol pads, and she hides them in the hot water heater closet, in case I need some later. When I take a bath now, regardless of the fact that she doesn't like water at all, she sits by the tub until I finish, and then she goes on her way when I'm completely finished. She's a little over a year old and is following in her big brother Willie's footsteps as an 'Extreme Caregiver'. When he came to our home as a two year old, he would not leave my bedside when I will ill. He's still taking that role at night when Cricket goes to sleep in Harold's game room. Willie is 13 and a big boy, but the sweetest boy ever, besides our other one year old kitty names Smokey.

District Desserts

DOUGLAS DISTRICT

While we were disappointed to have to cancel State Convention last year we are happy to be joining Southern District in hosting the 2022 State Convention.

We have had a zoom meeting with board members and have been communicating thru email. The decision was made to contribute some of our treasury funds to local food banks in each area and also contribute to St Jude's. We felt that was a way we could give back during this difficult time.

The district is planning an in person meeting for later this summer, hoping to see many of our members in person.

We want to invite everyone to our fall meeting, it will be our first chance to be together in person so we are going to have fun and games and get reacquainted.

Our next meeting will be Saturday, October 2, 2021 at noon. It will be held at Connie Russell's home, 172 Val st, Sutherlin, Oregon, 97479. Please RSVP by September 27th if you can join us.

Connie Russell, Douglas District

Willamette Valley District

We had our June meeting....in person. We were outside in Lani's beautiful backyard! Yes... it was hot, but there was a good breeze. It was wonderful to see everyone, as always. It was a BYL (bring your lunch) affair, with drinks and a wonderful selection of yummy cakes for dessert.

We honored our Chapters' Outstanding Members with gifts, smiles, and laughs! It's so much fun to learn what these fabulous ladies are doing to make a difference in their communities.

Our next meeting will be hosted by Omega Mu on October 16th. Place to be announced. It will be fun!
Hugs to you all!

Julie Rassmann



IC Convention Highlights

St. Jude Total

OREGON
\$78,957



Left: Debbie & Linda in their Derby Hats at IC Convention



Above: Welcome Party

Below: Oregon State at IC Banquet



IC Convention Highlights

AWARDS WON BY OREGON!!

We put Oregon on the map again.
Here are the awards presented at the
2021 International Council Convention:

Top Ten Educational Programs
Alpha Zeta

State News Bulletin (*5 Issues or More*)
3rd Place

Disaster Fund
3rd Place

Easterseals - State Monies
1st Place

Easterseals - State Hours
2nd Place

St. Jude Donations - (*Oregon*)
\$78,957!!

Congratulations to All!!!!!!

Table Talk

Subject: Michelin *Stars

What does a tire company have to do with restaurants? When did Michelin Tires become expert in culinary expertise? Seems a bit far-fetched, doesn't it?

When one begins to digest the implications and realize that the Michelin Tyre Co. is headquartered in France and the cooking center of the world has, for centuries, usually taken its cue on cuisine from France **and** in 1900 there were fewer than 3,000 cars on the roads of France... And, without cars there was no need for tyres (French spelling for a French company?)... It follows that a very enterprising ad executive would get a brilliant idea to entice more people to want to go more places and thus buy more cars causing more need for TYRES!

Now, how do we put that into motion? Why, by publishing a guide for French motorists. **The Michelin Guide.**

Over 35,000 copies of this then free publication were distributed. It listed useful information. Maps, tyre repair & replacement instructions, car mechanics listings, hotels and petrol stations all over France.

It was a success from the get-go. 1904 there was one for Belgium. In 1911 one for the British Isles and it grew.

Ah, but the food, you ask. What about the *Stars? Well, in 1922, after WWI, they began to charge for the Guide (about \$2.15) and made some changes to it, notably adding restaurants by specific categories and they removed advertisements. They recruited a team of inspectors to visit and review restaurants and they were & still are ALWAYS ANONYMOUS! Michelin reviewers (commonly called "inspectors") are anonymous; they do not identify themselves, and their meals and expenses are paid for by Michelin, never by a restaurant being reviewed. Michelin has refused to allow its inspectors to speak to journalists. Since 1926, following the usage of other guides of the time only one star was used to denote worthiness. In 1931 the number of awarded stars was introduced and the criteria for them was published in 1936.

So, there you have it. From tyres to a much coveted award for excellence.

- 🌟: "A very good restaurant in its category" (*Une très bonne table dans sa catégorie*)
- 🌟🌟: "Excellent cooking, worth a detour" (*Table excellente, mérite un détour*)
- 🌟🌟🌟: "Exceptional cuisine, worth a special journey" (*Une des meilleures tables, vaut le voyage*)

No Restaurant ever has or ever will receive 4 stars

FYI; as of 2021 there are only 132 Michelin 3 star restaurants in the world. The United States has 13
California = 6 Chicago = 1 New York City = 5 Virginia = 1



2018 Guide



ESA STATE COUNCIL
Treasurer's Report
6/4/2021 to 8/9/2021

BEGINNING BALANCE	\$12,672.75
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DEPOSITS	\$1961.00
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06/07/21	Dues – Omega Mu	\$90.00
06/17/21	Dues – Delta Gamma & Delta Kappa	\$510.00
06/23/21	Dues - Delta Xi & Delta Nu and repayment of loan from NW District for convention	\$1300.00
06/28/21	Payments for Grapevine	\$61.00

EXPENSES	\$528.69
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06/04/21	Check 1543	Carolyn Warren – Grapevine	\$9.07
06/04/21	Check 1544	Linda Gratteri – Luncheon award	\$298.60
06/04/21	Check 1545	Connie Russell – Ink & checks	\$72.11
06/06/21	Check 1546	Maureen Orr Eldred – Speaker room	\$148.91

ENDING BALANCE	\$14,105.06
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Certificate of Deposit Matures July 2021	\$4085.07
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Editor's Note: The Tax Facts are due on September 15. Members can go to the IC website, to chapter section and click on "Treasurer and tax information" to get the current form.

**ESA – RECIPE FOR SUCCESS
2021-2022
OREGON STATE COUNCIL BOARD**

President	Debbie Sanguras 635 Heights Avenue Hood River, OR 97031	Delta Kappa – Hood River 541-387-0280 H 541-490-3074 C dsanguras@hrecn.net
1st Vice President	Julie Rassmann 83360 South Cove Drive Florence, OR 97439	Delta Gamma – Florence 541-991-7906 C julie541@msn.com
2nd Vice President	Connie Russell 172 Val Street Sutherlin, OR 97479	Beta Eta – Sutherlin 541-459-4826 H 590-954-6743 C cjrseattle@msn.com
Corresponding Secretary	Donna Cassidy 5614 NE Thompson St Portland, OR 97213	Delta Xi – Portland 503-249-0327 H 971-227-8184 C cassidy97213@comcast.net
Recording Secretary	Joyce Hodge P.O. Box 378 Port Orford, OR 97465	Alpha Psi – Port Orford 541-366-2011 H 541-290-9023 C hdgjoy@aol.com
Treasurer	Penny Phelps P.O. Box 121 Odell, OR 97044	Delta Kappa – Hood River 541-354-2373 H 541-490-4155 pennyanddon@centurylink.net
Workshop	Jean Forsman 24441 Bolton Hill Rd Veneta, OR 97487	Delta Gamma – Florence 541-556-3818 jean.forsman04@gmail.com
Jr. Past President	Linda Gratteri 33779 SW Laurel Road Hillsboro, OR 97123	Alpha Upsilon – Hillsboro 503-628-4511 H 503-320-6072 C lindilu1@juno.com

APPOINTED CHAIRS

Association of the Arts	Jill Holden 2808 SE 174 th Ave Portland, OR 97236	Delta Xi – Portland 503-760-9603 H 503-754-8775 C rnjholden@comcast.net
Awards	Tami Arthur 3583 Neal Creek Rd Hood River, OR 97031	Delta Kappa – Hood River 541-354-2469 H 541-806-1710 C ms.tjarthur@gmail.com
Chaplain	Su McDonell 2795 Chuckanut St Eugene, OR 97408	Alpha Zeta – Eugene 541-687-2167 H 541-912-8001 C bmysu2795@gmail.com
Co-Chair	Carolyn Warren 1202 NW Keasey St Roseburg, OR 97471	Beta Iota - Roseburg 541-207-8064 C ciwarren@charter.net
Disaster Fund	Linda Gratteri 33779 SW Laurel Rd Hillsboro, OR 97123	Alpha Upsilon – Hillsboro 503-628-4511 H 503-320-6072 C lindagratteri@gmail.com
Distinguished Achievement/ Youth Award	Lani Shimer 1744 Rainbow Dr Springfield, OR 97477	Alpha Zeta - Eugene 541-746-0290 H 541-913-9872 C paulani@peak.org
Documents/ Parliamentarian	Kathy State 4195 SW Emerald Ave Gresham, OR 97080	Delta Xi-Portland 503-328-9663 H 503-313-9761 C kathystate@rconnects.com
Easter Seals Sr	Jill Rankin 650 Baker St Lebanon, OR 97355	Omega Mu – Albany 541-223-1463 C rankin99@comcast.net
Easter Seals Jr	Martha Hoskins 511 Country Club Rd Hood River, OR 97031	Delta Kappa – Hood River 541-387-0213 H 541-490-4612 C marthahoskins@charter.net

Educational Director	Mary Anne Puhl P O Box 807 Port Orford, OR 97465	Alpha Psi – Port Orford 541-322-1345 H 541-253-6699 C marypuhl59@gmail.com
ESA Foundation	Chris York 899 NE 90 th Ave Portland, OR 97220	Delta Xi – Portland 503-281-9279 H 503-459-6431 C cristinayork@comcast.net
Grapevine Co-Editor	Patty Anderson 923 Oakmont Loop NE Albany, OR 97322	Omega Mu – Albany 541-979-4968 C indebt4toys@msn.com
Grapevine Co-Editor	Carolyn Warren 1202 NW Keasey St Roseburg, OR 97471	Beta Iota – Roseburg 541-207-8064 C ciwarren@charter.net
Historian	Nancy Reid PO Box 504 Burns, OR 97720	Beta Omicron – Burns 541-573-6970 H 541-589-2071 C nandog.reid@gmail.com
Hope for Heroes	Lynn Hughes 324 NE Mead Grants Pass, OR 97526	Gamma Beta – Grants Pass 541-476-4617 H 541-291-2474 C orcycler@mac.com
Philanthropic	Marsha Klosterman 25626 Hall Rd Junction City, OR 97448 marshaklosterman@hotmail.com	Delta Gamma – Florence 541-991-0077 C
St Jude Coordinator Sr	JoAnne McKenney 8820 N Seward St Portland, OR 97217	Delta Xi – Portland 503-289-8473 H 503-446-7053 C doggiesrus8@gmail.com
St Jude Coordinator Jr	Vicki Boler 118 Ina St Myrtle Creek, OR 97457	Beta Iota – Roseburg 541-670-2919 H 541-680-0717 C vickiboler@aol.com
Western States Council	Sandra Diess 26072 Crow Rd Eugene, OR 97402	Alpha Zeta – Eugene 541-345-7915 H 541-912-2016 C sdiess2@gmail.com

STANDING COMMITTEES

Archivist	Carolyn Warren 1202 NW Keasey St Roseburg, OR 97471	Beta Iota – Roseburg 541-207-8064 C ciwarren@charter.net
Auditing Committee Chair	Jean Braden 18711 SE Giese Road Gresham, OR 97080	Delta Xi - Portland 503-667-2569 H 503-880-0619 C jean.braden@comcast.net
Balloting Chair	Christine Cole 4878 Cloudcroft Lane Florence, OR 97439	Delta Gamma – Florence 559-760-2040 C ilvsocwk@gmail.com
Budget Committee Chair	Penny Phelps PO Box 121 Odell, OR 97044	Delta Kappa – Hood River 541-364-2373 H 541-490-4155 C pennyanddon@centurylink.net
Credentials Chair	Judy Huntley 378 Valley View Rd Sutherlin, OR 97479	Beta Eta – Sutherlin 541-459-2550 H 541-643-1007 C jhuntley@teleport.com
Flag Ceremony	Joy Serkowney 4055 Royal Ave Spc 6 Eugene, OR 97402	Alpha Zeta – Eugene 541-688-1667 H 541-272-1736 C joyserkowney@peak.org
Membership Committee	Julie Rassmann 83360 South Cove Dr Florence, OR 97439	Delta Gamma – Florence 541-991-7906 C julie541@msn.com
Nominating Committee	Connie Russell 172 Val St Sutherlin, OR 97479	Beta Eta – Sutherlin 541-459-4826 H 541-964-6743 C cjrseattle@msn.com
Outstanding Member	Barb Moss PO Box 188 Lakeview, OR 97630	Beta Omicron – Burns 541-947-0214 H 541-417-0529 C jack.moss2017@outlook.com

Photographer	Sandra Diess 26072 Crow Rd Eugene, OR 97402	Alpha Zeta – Eugene 541-345-7915 H 541-912-2016 C sdiess2@gmail.com
Publicity	Twyla Reed 2400 NE 95 th Court Vancouver, WA 98662	Omicron Omega – Portland 360-909-7291 C 503-405-9079 W twyla.gwen@gmail.com imglassman@comcast.net
Webmaster	Chris York 899 NE 90 th Ave Portland, OR 97220	Delta Xi – Portland 503-281-9279 H 503-459-6431 C cristinayork@comcast.net

STATE MEETING CHAIRS

Leadership 2021-2022	Eastern District – Sept 24-26, 2021 The River Lodge & Grill, Boardman, OR	
Co- Chairs	Jo Keller 1402 “W” Ave LaGrande, OR 97850	Delta Nu, LaGrande 541-963-7294 C
	Kathy Rudd 708 “C” St LaGrande, OR 97850	Delta Epsilon, LaGrande 541-910-6122 C
Winter Meeting 2021-2022	Willamette District - Date & Place TBA	
Chair	Jill Rankin 650 Baker St Lebanon, OR 97355	Omega Mu, Albany 541-223-1463 C
State Convention 2021-2022	Southern & Douglas Districts – May 20-22, 2022 The Mill Casino, North Bend, OR	
Co-Chairs	Lynn Hughes 324 NE Mead Grants Pass, OR 97526	Gamma Beta. Grants Pass 541-476-4617 H 541-291-2474 C
	Joyce Hodge PO Box 378 Port Orford, OR 97465	Alpha Psi, Port Orford 541-366-2011 H 541-290-9023 C

Oregon State Convention 2021
Hood River Oregon

June 4-6, 2021

Income

Registration	31-Mar	10 \$ 150.00	\$ 1,500.00
	20-Apr	9 \$ 150.00	\$ 1,350.00
	26-Apr	17 \$ 150.00	\$ 2,550.00
	5-May	9 \$ 150.00	\$ 1,350.00
	10-May	15 \$ 150.00	\$ 2,250.00
	26-May	6 \$ 150.00	\$ 900.00
	26-May Late fee	\$ 10.00	\$ 10.00
	4-Jun	\$ 150.00	\$ 150.00
Guest meals	26-Apr	3 \$ 40.00	\$ 120.00
	5-May	1 \$ 40.00	\$ 40.00
	10-May	1 \$ 40.00	\$ 40.00
	5-May	1 \$ 20.00	\$ 20.00
	4-Jun	2 \$ 40.00	\$ 80.00
	8-Jun	2	\$ 60.00
Ads	5-May		\$ 250.00
	10-May		\$ 65.00
	26-May		\$ 50.00
Room Reimbursement	29-Jun		\$ 107.50
Total Income			\$10,892.50

Expenses

Cancellations			
Sandra Bristow		\$ 150.00	
Jill Holden		\$ 150.00	
Vickie Simpson		\$ 150.00	
JoAnn Rochester		\$ 150.00	
Cheryl Moore		\$ 150.00	
Decorations		\$ 19.99	
Convention Favors		\$ 90.42	
Gifts		\$ 99.98	
Repay Oregon State Council	\$ 1,000.00		
Flowers	\$ 39.96		
printing	\$ 512.15		
Hotel	\$ 7,968.84		
Total Expenses		\$ 10,481.34	
Net			\$ 411.16

ESA Oregon State Council Awards 2020-2021

Outstanding Chapter

1st Place – Delta Xi, Portland

2nd Place – TIE between – Delta Kappa, Hood River and Alpha Zeta, Eugene

Association of the Arts

Jean Forsman, Chairman

Division I – Quilts

1st place – Marsha Klosterman

Division II – Needlework

1st place – Sue Horton

Division III – Painting

1st place – Lani Shimer

Division IV – Crafts

1st place – Sue Horton & Joanne McKinney

Division V – Literature/Music

1st place – Lani Shimer & Debbie Sanguras

President's Choice

Judy Huntley

PEOPLE'S CHOICE AWARD– Marsha Klosterman

Educational

Joy Serkowney, Educational Director

1st place – Alpha Zeta, Eugene

2nd place – Delta Xi, Portland

3rd place – Delta Kappa, Hood River

DISTINGUISHED ATHENIAN – Lani Shimer, Alpha Zeta, Eugene

Gold Link Award:

Delta Kappa, Hood River

Delta Xi, Portland

Alpha Zeta, Eugene

Rushing

Debbie Sanguras, 1st Vice President

1st place – Alpha Zeta, Eugene

2nd place – Delta Kappa, Hood River

3rd place – Delta Xi, Portland

Philanthropic

Lynn Hughes, State Philanthropic Chairman

Philanthropic Hours:

- 1st place: Alpha Upsilon, Hillsboro, 188.85 hours per member
- 2nd place: Omega Mu, Albany, 60.85 hours per member
- 3rd place: Delta Xi, Portland, 23.31 hours per member

Philanthropic Monies:

- 1st place: Alpha Upsilon, Hillsboro \$15,434.57 per member
- 2nd place: Delta Xi, Portland, \$10,442.33 per member
- 3rd place: Omicron Omega, Portland, \$3,459 per member

Easter Seals

Karen McNeil, Senior Chairman

Easter Seals Hours:

- 1st place: Omicron Omega, Portland, 9.2 hours per member
- 2nd place: Alpha Upsilon, Hillsboro, 8.42 hours per member
- 3rd place: Delta Kappa, Hood River, 1.82 hours per member

Easter Seals Monies:

- 1st place: Omicron Omega, Portland, \$1607.60 per member
- 2nd place: Alpha Zeta, Eugene, \$907.11 per member
- 3rd place: Delta Xi, Portland, \$193.52 per member

Circle of Life (St Jude) Awards

JoAnne McKenney, Sr. Circle of Life Coordinator

Circle of Life Hours:

- 1st place: Delta Xi, Portland
- 2nd place: Beta Eta, Sutherlin

Circle of Life Monies:

- 1st place: Delta Xi, Portland \$8,171.13 per member
- 2nd place: Omicron Omega, Portland \$1,060 per member
- 3rd place: Omega Mu, Albany, \$92.86 per member

Oregon State Leadership

"Ingredients for Life"

September 25 - 26, 2021

For those Sisters who would like to come Friday - you can register early and visit.

Riverfront Center - River Lodge & Grill

6 Marine Dr. Boardman, OR

1-888-988-2009 or 1-541-481-6800

Rooms - \$99.00 Suites - \$139.00 Plus State, Local Taxes and fees

Be sure to mention ESA Oregon State Leadership - Eastern Council

Registration \$100.00 Late Fee After Sept.19 of \$10.00

Saturday Lunch and Dinner and Sunday Brunch

Please fill out application and mail with check to Eastern District Council

% Lori Ritter

64388 7th Drive

Cove, OR 97824

1-541-910-9836 Cell



COME SEE WHAT'S COOKIN.....



Member or Guest Name _____ Member # _____

Address _____ City _____ Zip _____

Chapter Name _____ Chapter # _____

Phone # (____) _____ E-Mail _____

State Board Position _____ Chapter President _____

Total Enclosed _____



We are looking forward to being with our Sisters again

"Ingredients for Life"

Oregon State E.S.A. Winter Meeting 2022

February 19th/20th. 2022

Comfort Suites Linn County Fairgrounds and Expo
100 Opal Ct. NE, Albany, Oregon 97322
541-928-2053

Complimentary breakfast, microwave, and refrigerator
Room rate is \$119 plus tax for two queen beds, \$109 plus tax for king bed.

The block will be held only till February 1, 2022

Be sure to mention ESA Winter Meeting

Registration deadline is February 6, 2022

Please make checks of \$85 (Saturday lunch and dinner)

Late registrations add \$10.00

Payable to Omega Mu

Mail to

Omega Mu

650 Baker St.

Lebanon, OR 97355

Phone 541-223-1463 or email questions to rankin99@comcast.net

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Name _____

Chapter Name & Number _____

Address _____

City _____ Zip _____

Phone _____ E-Mail _____

Diet Needs/Food Allergies _____

Elected Board _____

Appointed Board _____

Gavel _____

Guest _____