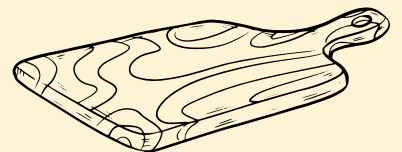
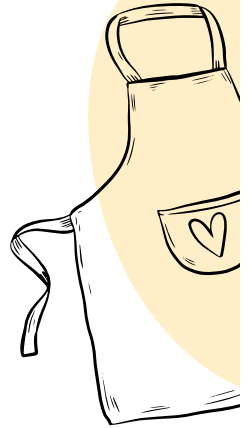




ESA Recipe for Success

2021 - 2022

Debbie Sanguras, President





Debbie's Installation

Oregon State Convention 75th

Hood River, Oregon
June 4-6, 2021

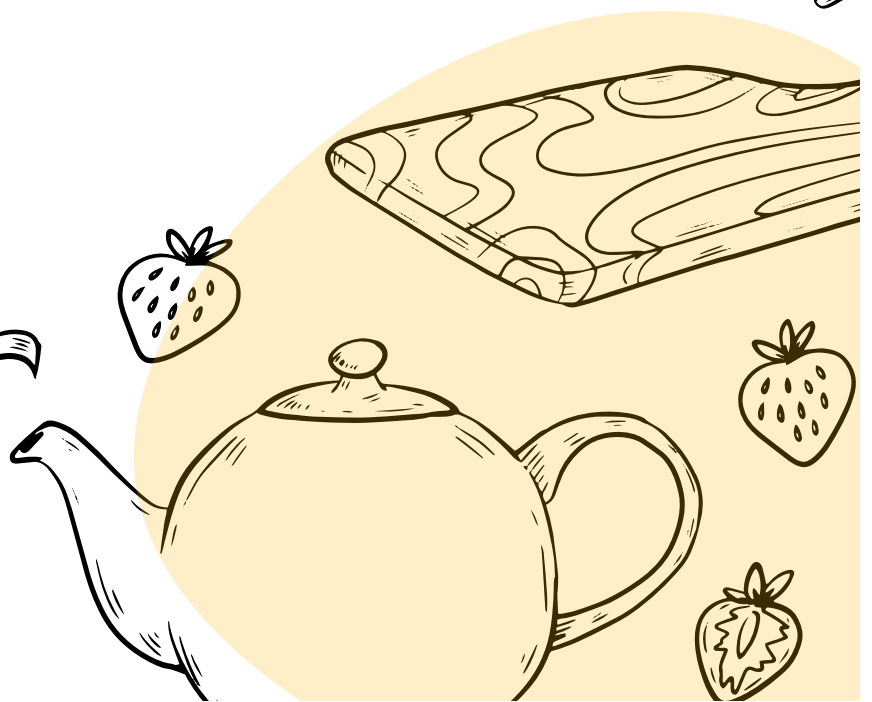
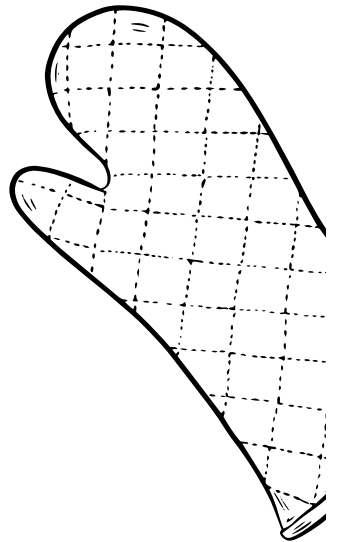
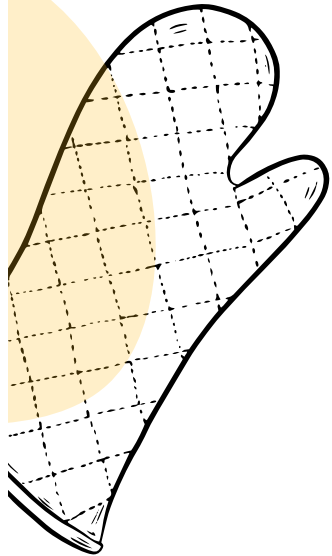





The ESA

Spice Girls

Boards





Executive Board
2021-2022

President
1st Vice President
2nd Vice President
Corresponding Secretary
Recording Secretary
Treasurer
Workshop
Jr. Past President

Debbie Sanguras
Julie Rassmann
Connie Russell
Donna Cassidy
Joyce Hodge
Penny Phelps
Jean Forsman
Linda Gratteri



Appointed Chairs

Association of the Arts
Awards
Chaplain
Co-Chaplain
Disaster Fund
Distinguished
Achievement/
Youth Award
Documents/
Parliamentarian
Easter Seals Sr.
Easter Seals Jr.
Educational Director
ESA Foundation
Gavels Chair
Grapevine Co-Editor
Grapevine Co-Editor
Historian
Hope for Heroes
Philanthropic
St. Jude Coordinator Sr.
St. Jude Coordinator Jr.
Western States Council

Jill Holden
Tami Arthur
Su McDonell
Carolyn Warren
Linda Gratteri

Lani Shimer

Kathy State
Jill Rankin
Martha Hoskins
Mary Anne Puhl
Chris York
Pat Stupur
Carolyn Warren
Patty Anderson
Nancy Reid
Lynn Hughes
Marsha Klosterman
JoAnne McKenney
Vicki Boler
Sandra Diess

Standing Committees

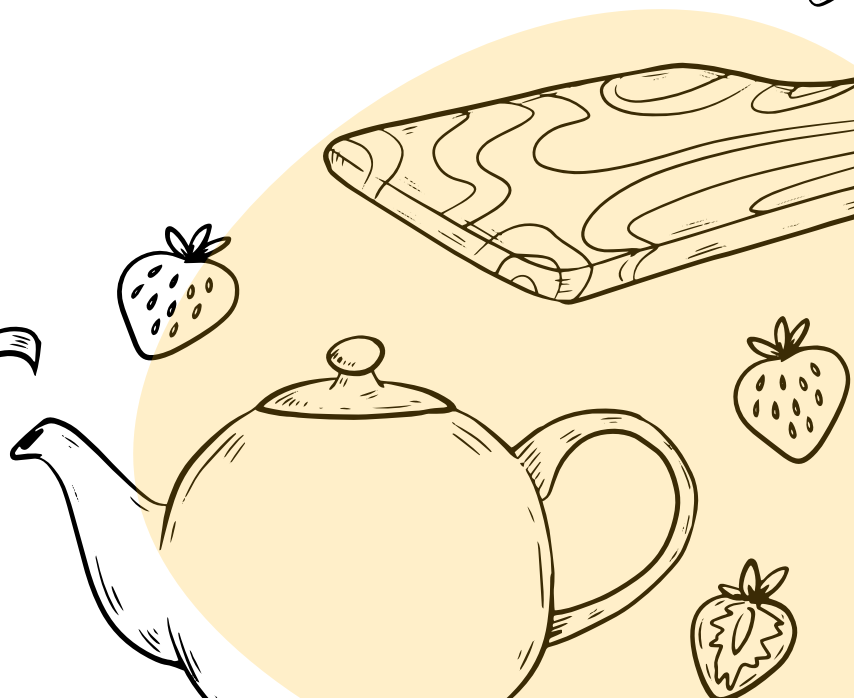
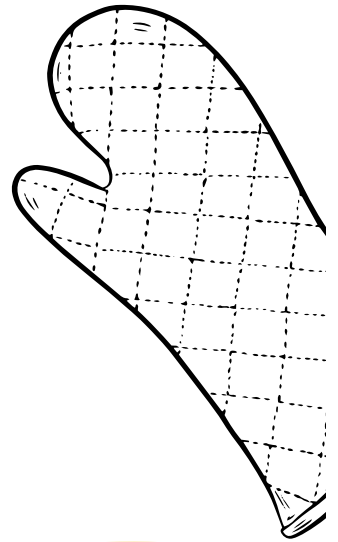
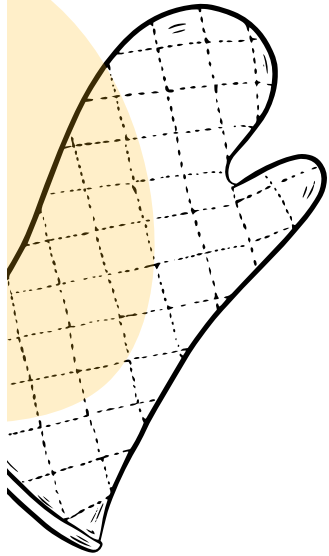
Archivist
Auditing Committee Chair
Balloting Chair
Budget Committee Chair
Credential Chair
Flag Ceremony
Membership Committee
Nominating Committee
Outstanding Member
Photographer
Publicity
Webmaster

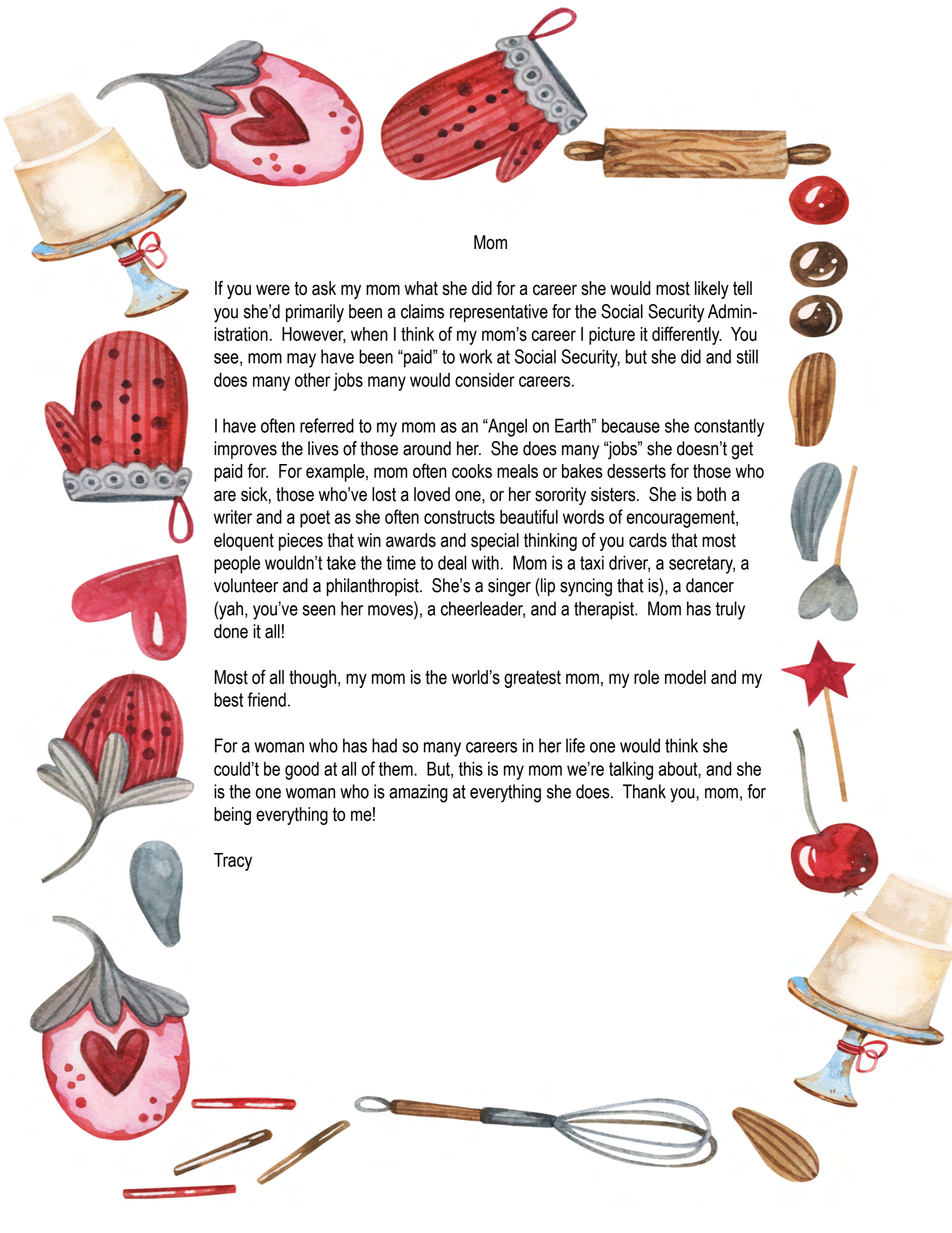
Carolyn Warren
Jean Braden
Christine Cole
Penny Phelps
Judy Huntley
Joy Serkowney
Julie Rassmann
Connie Russell
Barb Moss
Sandra Diess
Twyla Reed
Chris York



Debbie's Secret Ingredients

Love Letters





Mom

If you were to ask my mom what she did for a career she would most likely tell you she'd primarily been a claims representative for the Social Security Administration. However, when I think of my mom's career I picture it differently. You see, mom may have been "paid" to work at Social Security, but she did and still does many other jobs many would consider careers.

I have often referred to my mom as an "Angel on Earth" because she constantly improves the lives of those around her. She does many "jobs" she doesn't get paid for. For example, mom often cooks meals or bakes desserts for those who are sick, those who've lost a loved one, or her sorority sisters. She is both a writer and a poet as she often constructs beautiful words of encouragement, eloquent pieces that win awards and special thinking of you cards that most people wouldn't take the time to deal with. Mom is a taxi driver, a secretary, a volunteer and a philanthropist. She's a singer (lip syncing that is), a dancer (yah, you've seen her moves), a cheerleader, and a therapist. Mom has truly done it all!

Most of all though, my mom is the world's greatest mom, my role model and my best friend.

For a woman who has had so many careers in her life one would think she couldn't be good at all of them. But, this is my mom we're talking about, and she is the one woman who is amazing at everything she does. Thank you, mom, for being everything to me!

Tracy



Debbie Sanguras

Whenever I think of Debbie, I just smile. Being with her in person is even a greater blessing! The list of reasons for that is very long but here are a few of them:

Witty, creative, smart, caring, genuine, hardworking, and organized

This year, she has proven her love for ESA and for her ESA sisters in many ways. She has been an exceptional leader, motivator, and cheerleader. HIP, HIP, HOORAY and RAH, RAH, RAH!! (You know that Debbie would be in a cheerleader uniform, waving pom-poms!!)

Love you, Debbie, and thank you for being you!!!!

Donna Cassidy



“My Best Friend Debbie Sanguras

Many of us have friends we’ve known since childhood and still keep in touch over the years. The friends we find later in life are special.....By the time they cross our path, you know what a gift it is to have a true friend.

I’ve found a wonderful gift of friends the day I joined Delta Kappa 12 years ago. Debbie was the first person to welcome me to the group. That day has always stayed with me. Meeting me, a total stranger, with such kindness and genuinely caring, made me feel at ease, like I already belong.

From that day on, I found out the real beauty of knowing Debbie. Always caring for others on their birthday, with a batch of cookies, or if were ill, chicken soup or if a death in the family, a full course meal.

As for me, she always calls asking if I need a ride to the many events that Delta Kappa has. Business Meetings, Socials, Northwest District Meetings, Leadership, Winter Meeting and Convention.

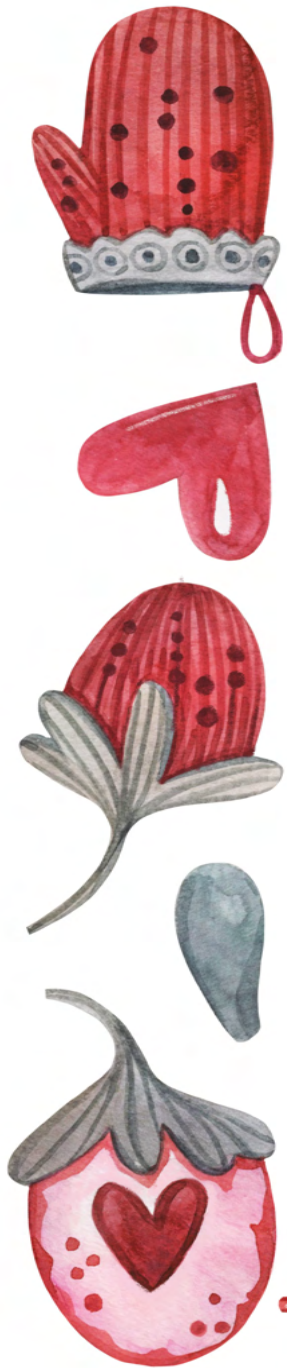
Getting me to these meetings can be a problem but not for Debbie. I am handicapped with balance problems and need a walker to assist me where ever I go. She always gets me in the car, buckled my seat belt, gets my bags, my binders, my walker, & made sure I had my purse. Then she was okay to drive us to the event.

When we went to meetings to stay the night, she booked the Hotel room making sure it was handicapped friendly. And naturally, she brings in all our bags and after we’re settled, assisted me down the event to get me seated. After all that, she finally was able to go about her busy duties and they were many. She taught me all about ESA over the years with love and respect for the wonderful organization. Always encouraging me along the way, (not thinking about me being handicapped), to join the Delta Kappa board, which I did, & served in the top two positions 3 or 4 times.

She’s a true Care Giver but, not just for me, she does all these wonderful things for her neighborhood, her family & friends. Gives 100% to everyone she meets.

I’m very lucky to know & have Debbie in my life as a friend.

Sincerely,
Martha Hoskins
=Delta Kappa, Hood River



IC Convention Highlights

Louisville, Kentucky
July 24 - August 1, 2021
Marriott Downtown

St. Jude Total
Oregon \$78,957



Left: Debbie and Linda in their Derby Hats at IC Convention



Welcome Party



Oregon State at IC Banquet

IC Convention Highlights

AWARDS WON BY OREGON!!

We put Oregon on the map again.
Here are the awards presented at the
2021 International Council Convention:

Top Ten Educational Programs
Alpha Zeta

State News Bulletin (*5 Issues or More*)
3rd Place

Disaster Fund
3rd Place

Easterseals - State Monies
1st Place

Easterseals - State Hours
2nd Place

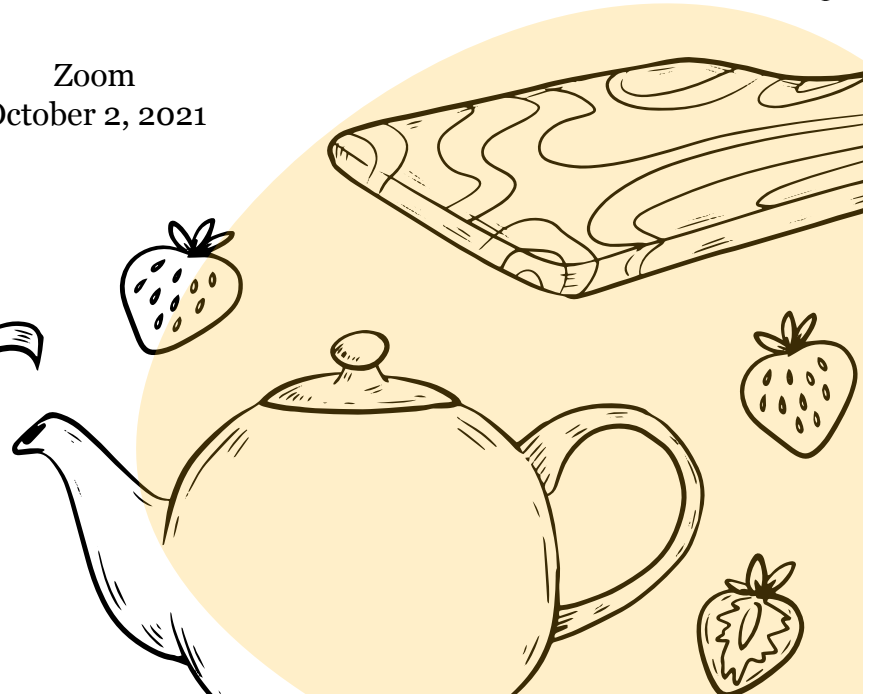
St. Jude Donations - (*Oregon*)
\$78,957!!

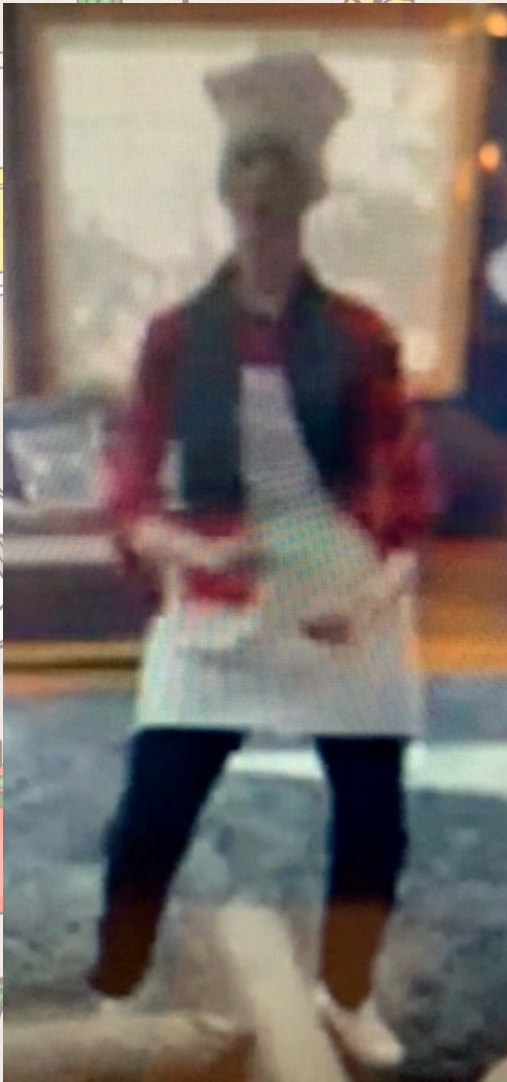
Congratulations to All!!!!!!



Leadership Meeting

Zoom
October 2, 2021









Su, Carolyn, Marsha, Rhonda, Julie, Connie

Oregon State Winter Meeting

Albany, Oregon
February 19, 2022
Comfort Suites Linn County Fairgrounds



Nancy Marsha, Rhonda



Judy Huntley



Barb, Nancy



Joyce Hodge & Mary Anne Puhl



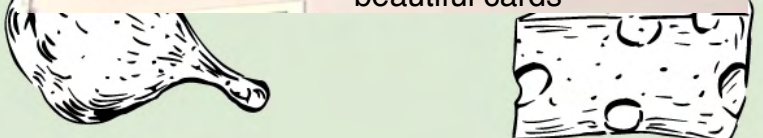
Jean Braden, Book Fundraiser for "Raining Dogs Rescue"

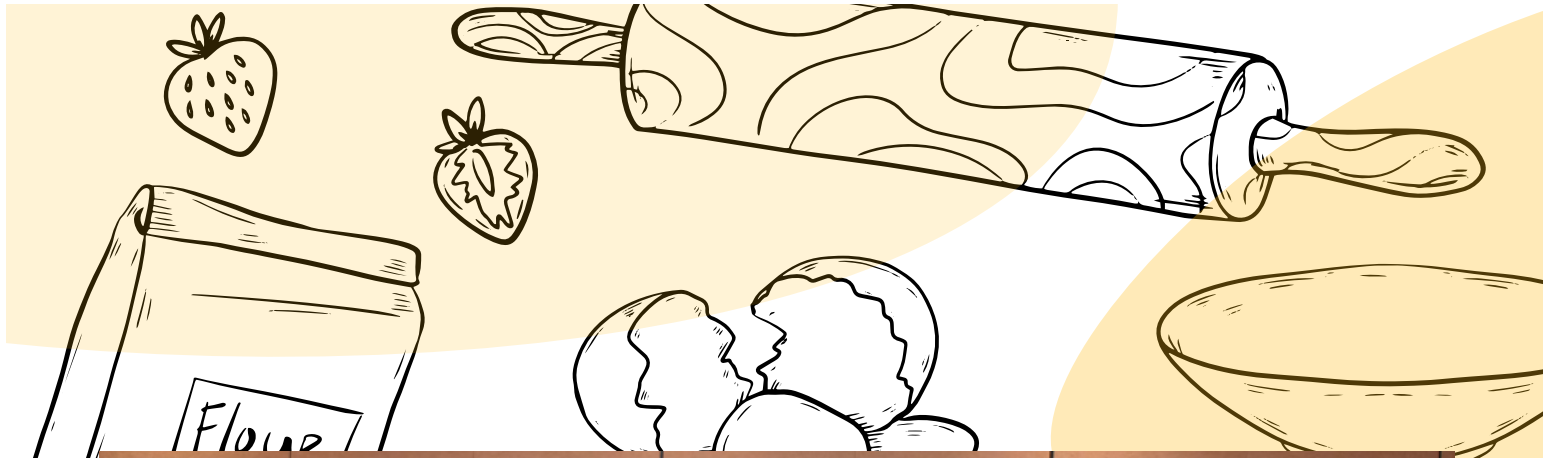


Nancy & Rhonda



Lani Shimer selling her beautiful cards





Celebrate our "Just Desserts"

Oregon State Convention 76th

North Bend, Oregon
Mill Casino
May 20-22, 2022





WELCOME FROM PRESIDENT DEBBIE

Welcome to North Bend and Oregon's 2022 State Convention. We are here to celebrate our "Just Desserts!" We have had a successful year and "how sweet it is" to spend time with all of you in person. Southern and Douglas Districts have combined their talents and made every effort to bring us a memorable convention. These ladies have been a joy to work with.

We welcome Terri Olson, past IC President who is joining us for the weekend. She has generously agreed to share what's cooking at IC and is looking forward to meeting all of you. I hope you will take time to greet her and show her some Oregon hospitality!

The Salmon Bake is a "special treat," and I am so happy that we had enough ladies to make this happen. The Friday night mixer and candidate's fair will get us in the "Hee-Haw" spirit, and we have a new game planned as a St Jude fundraiser.

A special awards luncheon is planned for Saturday, and we always anticipate the installation of new officers and banquet in the evening.

Of course, you know there will be some surprises as well!

I truly hope you enjoy all that has been planned for you. Let's have fun as we continue to learn, serve, and share as only ESA can do. Savor the flavor of another great year and remember what makes ESA a success – the secret ingredient is always "love!"

Debbie Sanguras, President
Oregon State Council
Epsilon Sigma Alpha International

"ESA – Recipe for Success"



Terri Olson
IC Representative

I'm so happy to be asked to write to you about myself for your convention book. I've been an ESA member now for 54 years. I LOVE ESA and because of that I've held every MN state office, some of them twice, including State President. I'm thrilled to be honored with the opportunity to serve as your IC Representative and promise to continue to make the ESA journey a fun and rewarding experience. I've been a member of four different chapters; my current chapter is called Delta Mu, or as we call it, a "Dinner of the Month" chapter. We go out to dinner for our monthly get-togethers to places we haven't been before and often include a theatre play, comedy show or something entertaining.

To me, ESA is all about the wonderful friendships I've made all over the US and how each of us, in our own unique way, is working toward the same goals...helping others less fortunate. I've also learned over the years that membership growth seems to happen when whatever the philanthropic project, social, educational or whatever it might be includes laughter, fun, and sharing good times. My ESA goal is to help grow our membership by reminding people to have fun with whatever they're doing. And, I believe if we have fun together, membership growth will naturally happen. How lucky we are to be a part of such a great group of folks, indeed!

Family, friends, ESA, dark roast black coffee, a nice bottle of wine, some chocolate, playing a round of golf, digging and planting in the flower gardens, reading a murder mystery, and enjoying winter on a beach are all extremely important to me. So, if any of these things sound good to you, then I know, for sure, I'm in the right place!

Terri Olson









**State of Oregon
Epsilon Sigma Alpha
2022 State Convention Award Recipients**

Educational Program Awards
Mary Anne Puhl, Educational Director

Educational

- 1st Place – Alpha Zeta, Eugene – Educational Chair, Lani Shimer
- 2nd Place – Delta Xi, Portland – Educational Chair, Chris York
- 3rd Place – Omega Mu, Albany – Educational Chair, Anne Scissons

DISTINGUISHED ATHENIAN – Chris York, Delta Xi, Portland

Rushing

Julie Rassmann, First Vice-President

Rushing

- 1st Place – Delta Kappa, Hood River – Chair, Debbie Sanguras
- 2nd Place – Alpha Zeta, Eugene – Chair, Linda Howes
- 3rd Place – Delta Xi, Portland – Chair, Chris Dole

Outstanding Members

Barb Moss, Outstanding Member Chair

Donna Cassidy, Delta Xi, Portland
JoAnn Lumaco, Alpha Upsilon, Hillsboro
Judy Huntley, Beta Eta, Sutherlin
Nancy Reid & Barb Moss, Beta Omicron, Burns
Becky Diehnel, Alpha Zeta, Eugene

Philanthropic

Marsha Klosterman, Philanthropic Chair

Philanthropic Hours:

- 1st Place – Alpha Zeta, Eugene, 106.4 hrs per member
- 2nd Place – Alpha Upsilon, Hillsboro, 97.2 hrs per member
- 3rd Place – Delta Gamma, Florence, 93.8 hrs per member

Philanthropic Monies:

- 1st Place – Alpha Upsilon, Hillsboro, \$16,291.39 per member
- 2nd Place – Alpha Zeta, Eugene, \$6,034.17 per member
- 3rd Place – Omicron Omega, Portland, \$4443.60 per member

Easter Seals

Jill Rankin, Easter Seals Chair

Easter Seals Hours:

- 1st Place – Delta Xi, Portland, 155 hrs per member
- 2nd Place – Omicron Omega, Portland, 142 hrs per member
- 3rd Place – Delta Kappa, Hood River, 83 hrs per member

Easter Seals Monies:

- 1st Place – Omicron Omega, Portland, \$9081 per member
- 2nd Place – Alpha Zeta, Eugene, \$3026 per member
- 3rd Place – Delta Xi, Portland, \$2313 per member

St Jude

Joanne McKenney, St Jude Chair

St Jude Hours:

- 1st Place – Omicron Omega, Portland, 28 hrs per member
- 2nd Place – Beta Eta, Sutherlin, 19.5 hrs per member

St Jude Monies:

- 1st Place – Omicron Omega, Portland, \$1040 per member
- 2nd Place – Beta Eta, Sutherlin, \$43.75 per member

Hope for Heroes

Lynn Hughes, Hope for Heroes Chair

Alpha Upsilon, Hillsboro
Delta Kappa, Hood River
Beta Eta, Sutherlin

Alpha Zeta, Eugene
Delta Xi, Portland
Gamma Beta, Grants Pass

Association of the Arts

Jill Holden, Association of the Arts Chair

Division I – Quilts

Marsha Klosterman, Delta Gamma, Florence
Jill Holden, Delta Xi, Portland

Division II – Needlework

Jean Forsman, Delta Gamma, Florence

Division V – Crafts

Mary Lambert, Delta Xi, Portland
Becky Diehnel, Alpha Zeta, Eugene

Peoples Choice Award: _____

Outstanding Chapter

Connie Russell, 2d Vice President

- 1st Place – Alpha Zeta, Eugene
- 2nd Place – Delta Kappa, Hood River
- 3rd Place – Tie between Alpha Upsilon, Hillsboro & Delta Xi, Portland



IC Convention

Indianapolis, Indiana

July 27th - July 31st, 2022

**RACE TO THE
MILESTONES OF ESA**



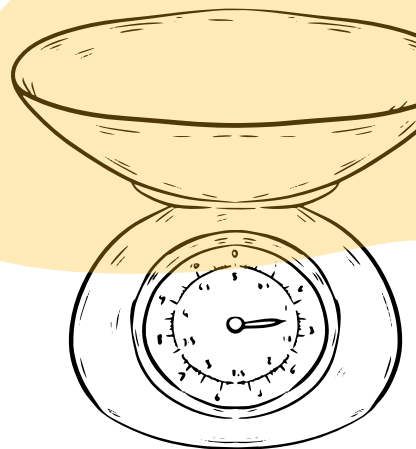
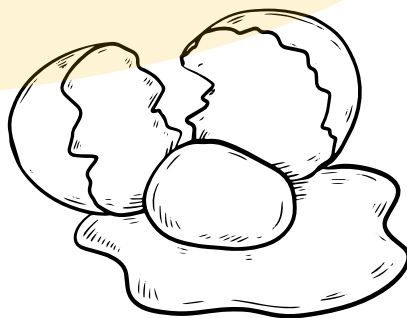
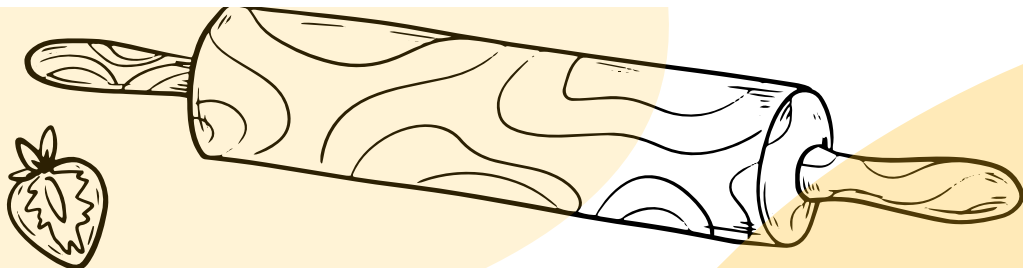
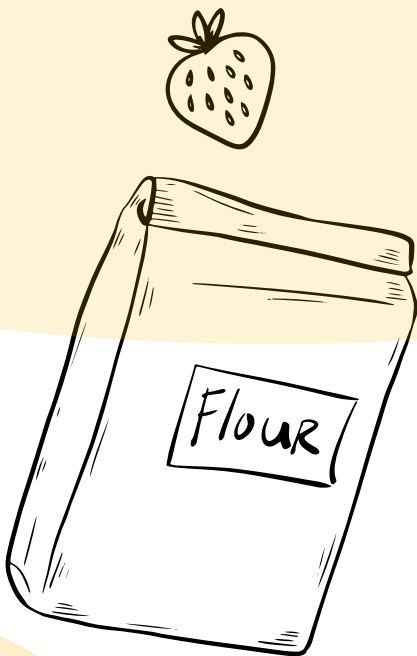
EPSILON SIGMA ALPHA

75TH ANNUAL CONVENTION

CELEBRATING 50
YEARS PARTNERING
WITH ST. JUDE
CHILDREN'S
RESEARCH HOSPITAL

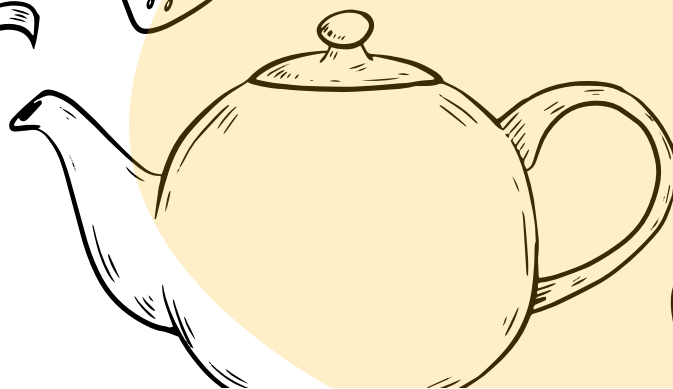
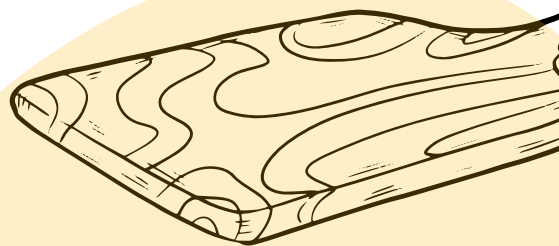
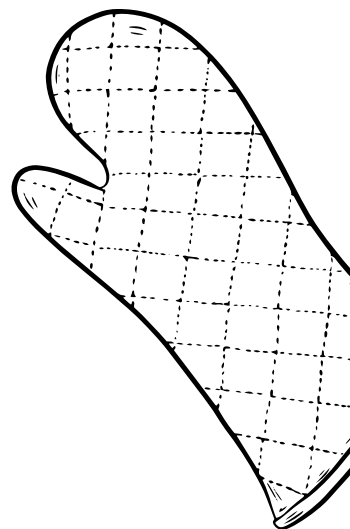
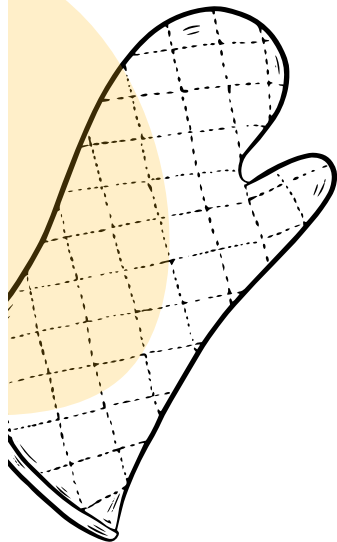
ROBIN BUSSEY

INTERNATIONAL COUNCIL PRESIDENT
MARRIOTT INDIANAPOLIS EAST



Oregon

Chapters



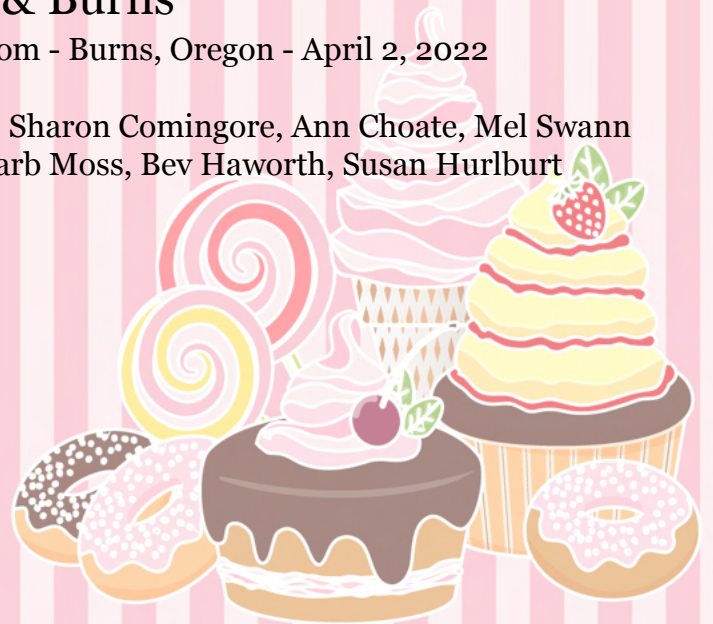


Central District

Madras & Burns

Central District Meeting - Pine Room - Burns, Oregon - April 2, 2022

Back row - L to R: Louise Muir, Nancy Reid, Sharon Comingore, Ann Choate, Mel Swann
Front row - L to R: Dorothy Burgess, Barb Moss, Bev Haworth, Susan Hurlburt



Alpha Zeta Chapter



Alpha Zeta

Eugene

Left Photo: L to R:
Sandy Diess, Lani Shimer, Su McDonell

Right Photo: Bottom L to R:
Linda Howes, Sandra Bristow, Jayne Merz, Becky Diehnel,
Melissa Gilliam, Joy
Serkowney





Delta Gamma

Florence





Florence - In House Auction Fundraiser





Gamma Beta

Grants Pass

"starting at 6 o'clock": Norma Pittman, Shirley Reese, Muriel Sollender,
Patty Davis, Lynn Hughes, Billie Patino, Ellen Ellis

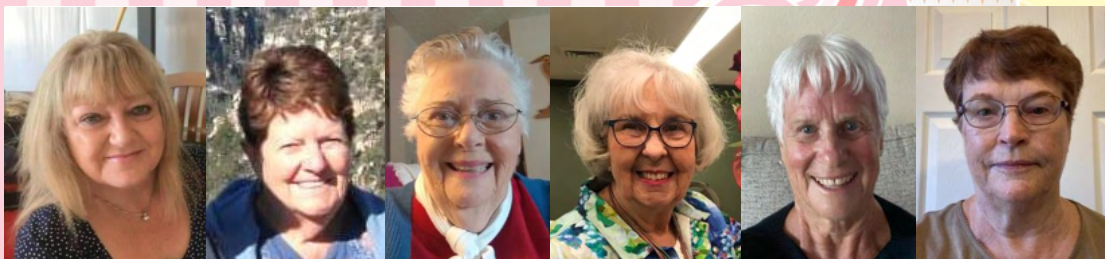




Alpha Upsilon

Hillsboro

front: Diane Lewis
second row: Susie Parks, Ann Torgerson, Carolyn Fowler
third row: Pearl Lushina, Della Schwab, Rennia Meek
back row: Connie Thiessen, Shirley Woodford, Eleanor Mills, Linda Gratteri, JoAnn Lumaco
not shown: Loretta Milnes



L-R: Sandi Kucera, Claudia Hale, Patsy McLean, Barbara Freerksen, Sue Horton, Karla Frengle



Delta Kappa

Hood River

Tracy Norton, Penny Phelps, Debbie Sanguras, Pattie Fortier,
Tami Arthur, Kathy Hines, Martha Hoskins



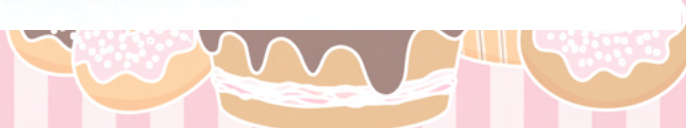
Delta Kappa, Hood River

Well ladies, we had quite a year -- or not!

We finished with our 75th ESA State Convention here in Hood River. I hope you all enjoyed yourselves and were able to see some of our beautiful Columbia River Gorge. Thank you to everyone who made it possible starting with our co-chairmen Martha Hoskins and Chris York.

Congratulations to our own Delta Kappa members Debbie Sanguras as our new State President and Penny Phelps as the new State Treasurer. Tami Arthur will also be serving as Awards Chairman. Way to go girls -- we're very proud of all of you!

Delta Kappa also took second place for outstanding chapter and was accepted by President Martha Hoskins. Job well done!





Top: Shopping for the toy drive.
Bottom: Delta Kappa serving breakfast
for the vets at the Elks.





Alpha Omicron

Madras

Back row - L to R: Sharon Comingore, Pat McKenzie, Nancy Jolstead,
Louise Muir, Bev Haworth, Kay Wiles.

Front row - L to R: Virginia Runge, Connie Howland, Pat Watson,
Dorothy, Burgess, Joan McDonald.





Delta Xi

Portland

Top - L to R: Karen McNeil, Karen Hertl, Sandy Bowen, Chris Dole, Donna Cassidy, Kathy State, Kathy Darnielle, Mary Lambert. Bottom photo - L to R: Jill Holden, Andrea Storm, Jean Braden, Pat Stupur, JoAnne McKenney, Chris York, Ann Widick.





Beta Eta

Sutherlin

Back row L to R: Cheryl Moore, Connie Russell, Margie Creacey,
Lindeen Brown, Pam Hughes, Judy Huntley.

Front row L to R: Lynn Ralls, JoAnn Rochester, Joy Garrelts,
Louise Granger, Darlene Handy.





Alpha Psi

Port Orford

Upper row L to R: Patsy Campbell, Bonnie Smith, Joyce Hodge, Thelma Belcher, Sonja Mason. Lower row: L to R: Cori Harbison, Michelle Wagner, Mary Anne Puhl





Cheryl Barrett



Jenni Dickson

Beta Iota

Roseburg



Vicki Boler





Oregon State Council of ESA
Leadership Meeting
Florence, Oregon

My Dearest Debbie:

It has been such an honor to be your historian. I have had such fun throughout the year hearing from chapters and raffling off wine at our State Meetings. But mostly I loved being a part of your outstanding year as Oregon State President. What an amazing job you did. Just being in your sphere was heaven. Thank you for all the work, love, sweat, tears, and unknow ingredients you lovingly added to our membership to make it such a special year. 2021-2022

And a special thank you to Schelly at Shepherd Graphics in Burns and always to my biggest supporter in all ESA and life endeavors, Harold.

Nancy Reid
Oregon State Historian 2021-2022