

The Oregon Grapevine

Epsilon Sigma Alpha International



Volume: 77
Issue: 2
Date: Aug 2023



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President's Message

I hope you are staying cool, but I know it's been a challenge. Hopefully you and yours have escaped the fires and are able to enjoy some fun summer activities.

Those of us who attended IC Convention in Grapevine had a wonderful time but were sure glad to return to the COOLNESS of Oregon. 105 temperatures with 85% humidity made us long for our Oregon weather.

Even with the heat, Texas was a great adventure and how wonderful see all the fabulous things all ESA members have been doing this last year. I hope each of you get a chance one day to attend an IC Convention, it really allows you to see what a fabulous organization we belong to. *And how every dollar we raise makes a huge difference in the lives of children with cancer, our veterans, anyone with a disability, and so many other charities around the country.* I was proud to represent you and all the great works each of you do everyday.

There was exciting news about a new campaign IC Headquarters is rolling out to help us attract new members, promote our activities, and win some prizes.

The Power of Us - the collective, incredible power that comes when members do good works in their communities in the name of ESA. Included in the Grapevine are the details of the campaign. I'll have more information at Leadership.

Included in this Grapevine is a tentative schedule for Leadership, notice the change in start time, the activities before call to order, and the other events the committee has planned. We are looking forward to a fun, informative meeting and hope many will attend. If you have concerns or questions please contact myself or anyone from Douglas district.

I'm looking forward to CONNECT with each of you at Leadership and the coming year. Let's show everyone the Power of Us and make ESA no longer The Best Kept Secret.

ESA is Hope, Friendship, and Knowledge that we need to share with everyone.

Connie

Jr Past President/Disaster Chair

"The dragon teaches you that if you want to climb high, you have to do it against the wind."
— Chinese Proverb

As the latest 'has been' and newly initiated Gavel, one of my jobs is to raise monies for the Disaster Fund. I have been racking my brain to find a project that would be fun and maybe different. So, my hairbrained idea is to make a quilted table runner for Leadership and Winter meetings. Leadership will be a Halloween themed table runner. I have the tickets and you can start buying now. Each ticket is \$5 or 6 for \$20! You can mail me a check or PayPal me. I will write your name on the ticket and deposit it into the jar. I will also sell tickets at Leadership and at Winter Meeting. The winning ticket will be drawn at the end of the meeting.

Please consider donating from your chapter or district even if you have not done so in the past.

A reminder to chapters: If you are not at Leadership, I am challenging all chapters to start a donation jar (or box) to donate loose change from your members for the Disaster Fund. (This is in addition to any donation your chapter usually makes). Please encourage your chapter to participate! There will be a prize at Winter Meeting for the chapter collecting the most change. Every penny counts!

We are family in ESA and our emergency preparedness kit is the 'Disaster Fund'. There is no shortage of disasters. Please help Oregon be prepared in the event any of our sisters need our help.

I am looking forward to visiting with my ESA Sisters (and Brothers) at Leadership!

Julie Rassmann

Executive
Senior
Soul
Sisters



Recording Secretary

Looking forward to seeing everyone at Leadership the end of September.

Hope you have had a great summer and ready for a new year with ESA.
Please remember to bring written reports, sure want to get all in the minutes and not miss anything,
Thank you for your help, nice to be able to look and see if I have missed anything,

Looking forward to getting to hear about I. C. Convention, from all who was able to go.
Looked like it was fun.

See everyone soon,
Hugs and Love to All.
Barb Moss

Philanthropic Chair

It is amazing how quickly the summer is going. Soon we will be looking at fall and leadership in Sutherlin. While some of us may have taken a break, I'm hoping everyone always thinks about all their volunteer work, charity donations etc. and remembers to keep that list of philanthropic hours and money. We all know how important this task is to keeping our organization going, and also know how easy it is to forget to keep track. At leadership, I'll have some information available to help us remember what we can use. And I'm always available to answer questions. If I don't know the answer, I will find out!

I look forward to seeing everyone in September and finding out what exciting things President Connie has in store for us.

Marsha Klosterman

President Yearbooks are available in print, cost will be between \$10-\$12.

Please let Sandy Diess know @ sdiess2@gmail.com if you want a hardcopy.

Credentials Chair

Hi Everyone!

Hopefully, most of you are planning to attend the Leadership meeting on September 30 – October 1. However, if there is anyone in your chapter who is unable to be there, please be sure to remind them to complete a proxy form and have someone in your chapter bring it to the meeting and give it to me.

These forms are found in the third section of the President's Book (State Forms and Information). Without this completed form, they will have no vote on any business items that may come up. If you have any questions about this, please don't hesitate to call me at 541-688-1667.

Joy Serkowney

General Giggles



Archives

If you have ever conducted a State level program in the past – Celebration of Life, Installation, Flag Ceremony, President's History – and you have this available electronically, will you please email that to me at ciwarren@charter.net.

Gavels – if you have a copy of your Acceptance and/or Farewell Speech available on your computer, please email those to me at ciwarren@charter.net.

Gavels - also, if a history of your Presidential year was not completed, please let me know so that we can work on compiling that both for your records and for the Archives.

These will be included in the ESA Oregon State History files on our website and will save me from having to scan them as I come across them in the files. Thank you.

Carolyn Warren



General
Giggles



ESA Foundation

Had a great time at International Convention in Grapevine, TX in July. Lots of fun with Oregon as well as those other folks we only see one or two times a year. Next year will be in Kansas. Plan on attending. You won't regret it!

The presentations and expressions of gratitude from the scholarship winners at the Foundation meeting were heart-warming. The amount of work – paid and volunteer – that these students put in, as well as personal and/or health struggles they overcome are awe-inspiring.

This year the ESA Foundation gave 123 scholarships. Of those \$7200 in scholarships were given to four Oregon students.

The Oregon students are:

Jasmine Pfafman, Hillsboro, OR	Alpha Upsilon #1884 Oregon Scholarship	\$850
Morgan Bogart, Baker City, OR	Oregon State Council Scholarship	\$1000
	Hazel Knapp Memorial Scholarship	\$1000
	Arlene and Dennis Schlosser Memorial Scholarship	\$2600
Abbey Hooten, Roseburg, OR	Jerry and Judith Huntley Scholarship	\$700

Contributions to the Foundation from Oregon between January 1 and July 31, 2023 are as follows:

Dues and Fees	\$55.00
Fantasy Event	\$275.00
Grant Fund	\$925.00
Endowments	\$1498.44
<u>Turn Around Funds</u>	<u>\$6921.00</u>
Total	\$9674.44

I will be bringing the report of the current members (and those in arrears) to Leadership this fall.

Please check in with me to see the current status of you and your chapter.

Looking forward to seeing everyone in Sutherlin.

Chris York

Chaplain

Gary Barber and JoAnne McKenney, Delta Xi, became Mr. and Mrs. on Saturday, August 5th. Congratulations

Andrea Storm received a "Cancer Free" result on her latest scan. Such good news. She thanks everyone for all the good wishes and prayers she has received.

Chris Dole, Delta Xi, had knee surgery on August 8th and is recovering at home.

Carolyn Warren is scheduled for shoulder surgery on August 14th.

Gary Braden, husband of Jean, Delta Xi, is also scheduled for shoulder surgery on August 18th.

Sandy Diess spent an unexpected night in the hospital in Portland after attending the Barber wedding. Seems she was dehydrated. She went home the next day and is wearing a monitor just to be sure everything is okay.

The son of Lani Shimer lost his business in the fire in Maui, Hawaii. His home is okay. Prayers go out to all the folks affected by this terrible tragedy.

Looking on the bright side always helps.

Thank You
Pat Stupur

General Giggles



Easter Seals

September 10th is the Veterans Stand-down. They are looking for volunteers. Check with your local Easter Seals office to see if they are doing anything. This address below is for Transition Projects in Portland.

https://docs.google.com/forms/d/e/1FAIpQLScFXtqfbVlwUVFtxISzHtM0oFJr7lbsLkPLFQY1C7m2JfRaQQ/viewform?usp=sf_link

This is for the Portland event.

Also if interested the St Jude Walk/Run is September 23rd at the Tualatin Community Park in Tualatin, Oregon.

Have a great summer. Stay cool



Feel good about giving.

Documents Committee

The Documents Committee has been meeting and we have completed the Guidelines for the Executive Board. We ask that you read them and give us and additional changes that you see that need to be made. The new guidelines have been sent to the officers.

The Membership/Recruitment Award has also been updated. We hope this helps chapters fill it out and submit. These documents have been sent out and will be in the new State Yearbook. Be sure to look at the date, 2023, at the bottom of the page.

The Leadership/Winter Meeting Policy and Procedure Changes will be voted on at Leadership. They are in the Grapevine, so please review them with your chapter and be prepared to vote on them.

We are continuing to work on the Distinguished Achievement Award Guidelines and hope to have them completed in the fall.

Again, thanks to Connie Russell, Debbie Sanguras, Donna Cassidy, Marsha Klosterman, and Sandy Diess for their hard work on bringing the Guidelines up to date. Let us know if you have any suggestions for us to review.

Kathy State

General Giggles



Winter Meeting

Hello Everybody

We wanted to get this information out in plenty enough time for people to plan.

Alpha Zeta is pleased to host Winter Meeting for Connie and we are going to offer a Craft Fair event on Saturday night. This will be in conjunction with a fund raiser/workshop/educational.

For all of our crafty members - there will be tables set up where you can sell your craft items

For all of our not as crafty members - this is your opportunity to purchase those craft items

A percentage of the sales will go towards one of our philanthropic endeavors. There will be a break in the evening (schedule is TBD) for a fun workshop/educational event.

All members wishing to sale items - please contact Carolyn Warren ciwarren@charter.net with what you wish to sell so that we can be sure to have enough tables set up.

Carolyn, Su, Joy

MEMBERSHIP CAMPAIGN

THE POWER OF US

ESA members are powerful. The friendship, service, and connection members make in ESA changes lives, and that power shines brightest through the values shared by members across this great organization. We will be celebrating the bright superstars of ESA throughout the 2023-2024 year through The Power of Us - the collective, incredible power that comes when members do good works in their communities in the name of ESA.

As you host events, volunteer, and fundraise for great causes this year, submit your stories to ESA Headquarters for a chance to be recognized and earn national awards at epsilonsigmaalpha.org/PowerOfUs. The Power of Us campaign is a way to show the world the power of ESA by amplifying our collective impact.

HOW TO PARTICIPATE

In accordance with the three pillars of ESA, members and chapters are challenged to complete an activity that falls under each of the Education, Service, and Association categories. Together, these three pillars create and highlight The Power of Us.

THE POWER OF EDUCATION: Chapters and individuals are encouraged to grow their knowledge through their ESA membership

- External (ie. special chapter-hosted educational event open to the public)
- Internal (ie. take a class or attend a seminar as a chapter or individually)

THE POWER OF SERVICE: Participate in a volunteer or fundraising activity, either individually or as a chapter

- Volunteering (ie. Halloween craft with Easterseals)
- Fundraising (ie. silent auction benefiting St. Jude Children's Research Hospital®)

THE POWER OF ASSOCIATION: Share the ESA love!
Your event must include at least one guest.

- Community Outreach (ie. recruitment event)
- Social Activity (ie. scavenger hunt, costume party)

epsilonsigmaalpha.org/PowerOfUs

Info
from
IC

Learn more about earning **The Power of US: Star Status**, **The Power of US: National Star Award**, and **The Power of Us: Best in Show Star Award** on the ESA website.



THE POWER OF US
EDUCATION SERVICE ASSOCIATION
EPSILON SIGMA ALPHA

PRESIDENT'S CHALLENGE TO ALL MEMBERS, ALL CHAPTERS, ALL DISTRICTS

We want to make our state meetings a more educational, fun, and exciting time together. Please email or mail me your ideas and suggestions for topics, speakers, workshops, and activities we could have at Leadership, Winter Meeting, or Convention. If you have contacts and or instructions that would help facilitate these suggestions, please include these also. I look forward to any, and all ideas.

Thanks for helping spread HOPE, FRIENDSHIP, AND KNOWLEDGE in ESA Oregon.

Connie Russell
cirseattle@msn.com. 172 Val St. Sutherlin, OR 97479



ESA is ... Knowledge

Q T O W X C E O D V X E Z J Y P A H G F B X I I K
H A O X U X C S Y L B F A I T H F U L E P X A E Z
S L B B K Z B E P B E H Q Z B M P N J L F Q N A X
Q P F P B K I R S L E A S N B Y O R F L F K H X T
T H Z E M T D V M J E A D Q F Q A D M O W S O P X
U H E Z D C M I E X G D S E B Z O C X W R P I W J
X E Z P X X W C X F K G G T R L K G K S D C Y R I
F J X M S E N E I S E Y Q E E S V T P H K L Q Q S
R Q L E E I T L B J B R M Y G R H U W I X C W F T
I P B O O S L O B C Y W Y T B G S I G P X J V E J
E C X W Y P W O L P V C T W W L C E P Y M C S D U
N F S F W A K K N E E I L Y P B U X A F F L H G D
D H T R N V L S B S R A U J J Y L L I L O A V F E
L Z H G T K J T Y S I A R T J H B Q O H U M M S S
I D S Y P N O H Y F C G N L L H D M J U N P I N D
N B E Q Z J N E V D X H M T S M B H F J D O D X G
E Y Z F Y Y Q E Y Z Y N O A Z N S L F E A F T Z Z
S J F J K V U R V S Y J F L A L I P Y I T L R A H
S Q S B N S I W F Z G C P H A L W G E X I E U X V
I Y P S T N L U W W D L Z B C R P Q D G O A T V V
Y T Q W I S D O M K Y S X R E D S H T D N R H J U
D B O M M F S F Z A X U X M V A O H A P W N D K J
N Y S F D M I Z W Y S P H S J W U E I R O I O T J
G X O X G G R A C I O U S N E S S T C P Q N L A P
Y J C Z K E Y J G C J K U B H H E X Y C X G Y L I

Beauty
EasterSeal
EpsilonSigmaAlpha
Faithfull
Fellowship
Foundation
Friendliness
Graciousness
Jonquil
LampofLearning
Leadership
Loyalty
Pearls
Pledge
Scholarship
Service
StJude
Tolerant
Truth
Wisdom

TENTATIVE SCHEDULE
2023 Leadership
September 30th-October 1st
Sutherlin, OR

All meetings, meals, and games will be at the Community Center

Friday September 29th

5pm or later. Hoping to plan an event or games at the community center. TBD

Saturday September 30th

9 am to 11:00. REGISTRATION

9:30 to 11:00. Make cards and placemats for Veterans and Assisted Residents
(please join us for visiting)

Free time to check out our shops in Sutherlin -
all located on Central Ave the Main Street of Sutherlin
Family & Friends Mercantile (owned by ESA sister)
The Woodshop
Books Gallery
upscale Resale
S & K Market Place

11:30. Call to order
Pledge
Opening Ritual

12:00. Lunch
Guest speaker

1:00 pm. Meeting
2:30 pm. Virtual Walk For St Jude's

Continue meeting

4:00 pm. Adjourned
4:00 pm. Gavels meeting

6:30 pm. Dinner
DONATE TO INDULGE AND PLAY.
St Jude Fundraiser -- Dessert Sampling
St Jude Fundraiser -- card games
Card Bingo
Sevens

Sunday October 1st

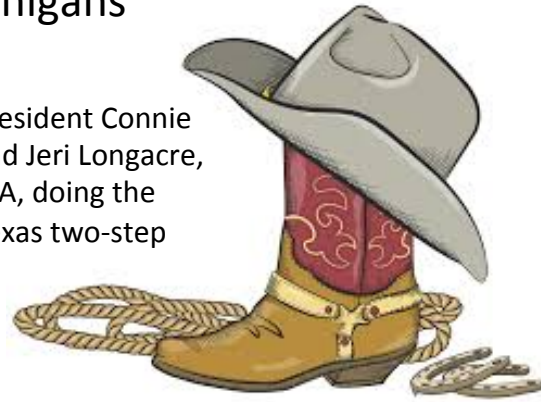
9:30. Meeting called to order.

Noon (or sooner). Meeting adjourned

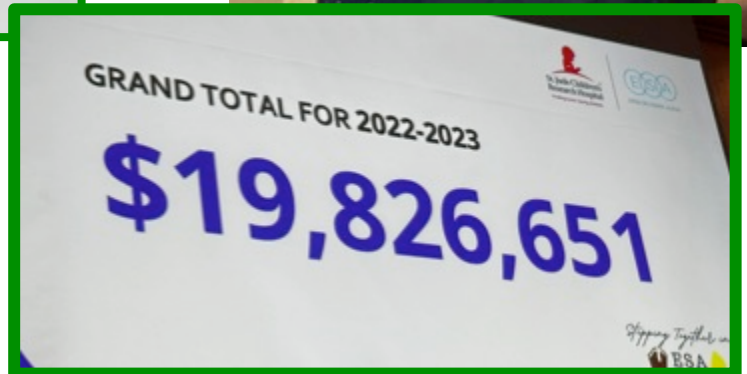
2023 IC Convention Shenanigans



President Connie and Jeri Longacre, WA, doing the Texas two-step



St Jude Presentation



**Delta Gamma
Florence**

**Chapter
Champions**



We have all been enjoying the summer in Florence.... beautiful here on the coast. The Sisterhood spent a lovely June day at the 'Thyme Garden' up the Alsea. We planted hanging baskets and had a wonderful lunch. We just had another social... going to the movies to see 'Barbie'. Everyone had a great time. It is always wonderful to see each other. Our next meeting will be Monday, September 11th at the Mustard Seed. Please come and visit.

We are also gearing up for our annual charity auction which will be held at the Florence Events Center on November 11th. The 'Buy it Now' table, the silent auction, and the oral auction will be full of good things for you to acquire while helping Delta Gamma with their many charitable projects.



**Delta Gamma
Auction and Evening of Fun!**

Saturday, November 11th at 6:00 p.m.

at the

**Florence Events Center,
715 Quince St.**

Tickets are \$25.00

RSVP & Purchase by November 1st
and receive a raffle ticket for a drawing at the Auction.

For more information, ask any Delta Gamma
member or call/text Julie Rassmann at
541-991-7906 or e-mail julie541@msn.com



Beta Omicron Burns



Helen Hardwick was presented with her 40 year pin. She's 90 now and is just as excited about ESA as when she joined.

We are planning a get together with the members who are able to come, to celebrate Helen Hardwick's 40th year anniversary in ESA. We are planning a little celebration at her home with her beautiful 40-year pin, a bouquet of flowers, dessert, certificate and a congratulations card from all the Burns members. We hope to visit and talk about whatever comes up, especially ESA. Helen doesn't get out of her home anymore, but we are looking forward to bringing a small celebration to her. She loves to have company and she has such a wonderfully unique sense of humor. We haven't seen her in quite some time. We are very excited.

Chapter Champions



Beta Eta Sutherlin

Beta Eta, Sutherlin enjoyed another successful Blackberry Festival. Thanks to fellow members from Washington and Eugene. And help from friends and family.



Alpha Upsilon, Hillsboro Chapter of Epsilon Sigma Alpha,
Celebrates 70 years of Philanthropy
1953—2023

Chapter
Champions



We thank our gracious host, Sue Horton, for opening her home and hosting such a fun party. Invitations, designed by Sandi Kucera, were sent out to all retired members of Alpha Upsilon. It was fantastic seeing so many former members, especially charter members, Arlene McCann Judah, JoAnn Tyson, and Verna Wyatt. Seated in the front row, left to right : Verna (in white and blue), Arlene (in Pink Floral) and Joann (in white sweater). Special thanks to Pat Johnson for providing me with the list of all Alpha Upsilon sisters for the first 20+ years. In attendance were sisters from Idaho, Arizona, and California, as well as many cities and towns in this wonderful state of Oregon.

Our photo represents all the women who set an example of how women of substance can make new forever friendships. We all share in the pride and joy that Alpha Upsilon has given the community for 70 years.

We have had another successful scholarship year. AU awarded four students from the Hillsboro High Schools a total of \$1500 in scholarships. In addition, "Alpha Upsilon #1884 Oregon Endowment" awarded \$850 to a Hillsboro student. The "Sandi Kucera Endowment " awarded a \$500 scholarship. Sandi has been a member of Alpha Upsilon for 40+ years. Sandi resides in Arizona, but continues on as an AU member! We are so proud.

Due to the extremely hot weather, we canceled our Rush Picnic for our two rushees. We will reschedule at a later date. The rushees have been invited to our October Meeting.

Deep down in our hearts, we have so much to be grateful for, yet tragedy has befallen some. Scott Tracewell, the son and nephew of Diane Lewis and Sandi Kucera, respectfully, suddenly passed away on July 5, 2023. He is greatly missed by his parents, Diane and Eric Lewis, his brothers, his aunts and uncles and many cousins. A memorial service will be held at a later date.

The gift of ESA is a gift we choose to give ourselves.

Joyful and Gentile when it can be.....

Strong and Giving when it needs to be.

Willamette Valley District Council
(aka WVDC)

First of all, thanks to everyone who bought tickets for our raffle basket at Convention. You are all helping us make a difference!

Our next meeting, in October, will be hosted by Omega Mu, and should be loads of fun! Time and place to be determined. Rest assured that we will have all the details at Leadership and by emailed invitations.

Julie Rassmann



District Darlings

ESA is... Crossword Answers

Across

- 3. Purpose
- 6. Love
- 7. Mistakes
- 9. Yearn

Down

- 1. Purpose
- 2. Progress
- 4. Dream
- 5. Hope
- 8. Service

**ESA
MOVED!**

ESA
EPSILON SIGMA ALPHA

ESA
EPSILON SIGMA ALPHA
FOUNDATION

The new ESA and ESA Foundation office:
2580 E Harmony Rd, Suite 301-11, Fort Collins, CO 80528

Policy and Procedure for the Leadership/Winter Meeting

Because of low attendance and the high cost of facilities, the Documents Committee was asked to review the Policy and Procedure for the Leadership/Winter meeting. After much discussion we decided to recommend the following changes.

Current #3 and 4:

3. It is the responsibility of the Leadership/Winter Meeting Chair as instructed by the State President, to assure registration and lodging for the following: State President, IC Representative(s) and Headquarters Representative (if one is attending).

4. The registration is established at the cost of the facility plus the cost of medium-priced meals including gratuity, and \$10 for incidentals. An additional amount per member will be added to the registration if a "set up fee" is charged.

Change to: 3. It is the responsibility of the Leadership/Winter Meeting Chair to establish a budget for registration cost of the State President. The registration is established at the cost of the facility plus the cost of medium-priced meals including gratuity, registration for the State President and \$10 for incidentals. An additional amount per member will be added to the registration if a "set up fee" is charged.

Reason: The increased hotel costs and inability to receive comped rooms, has increased registration fees. This causes a reduced number of registrants and makes it difficult chapters to break even. Number 3 and 4 have been combined and all numbers will change.

Current #6 The deadline for registration is two (2) weeks before Leadership/Winter Meeting. If this deadline for registration is not met, the member pays an additional five dollars (\$5.00) fee. Refunds will be the registration fee minus ten dollars (\$10.00) operating cost.

Change to: 5. The deadline for registration is two (2) weeks before Leadership/Winter Meeting. If this deadline is not met, the member pays and

additional ten dollars (\$10.00) fee. Refunds will be the registration fee minus ten dollars (\$10.00) operating cost.

Reason: Because of increased costs, the \$10 is reasonable.

Current #9 A final Leadership/Winter Meeting report shall be forwarded by November 15th to the State President, the First Vice-President, the Workshop Coordinator and the State Recording Secretary.

Change to: 8. A final Leadership/Winter Meeting report shall be forwarded within 30 days of the event to the State President, the First Vice-President, the Treasurer, and the State Recording Secretary.

Reason: Dates of the events are not the same each year and 30 days after the event gives time to compile and distribute the report.



St. Jude Walk/Run PORTLAND

Locally Presented By:

REJUVENATION



Register today!

Go for it! Gather with friends, family and your community for the St. Jude Walk/Run. Taking place each September during Childhood Cancer Awareness Month, this family-friendly event is where you can have fun and get fit while supporting the lifesaving mission of St. Jude: Finding cures. Saving children®.

Let's cure childhood cancer. Together.

Tualatin Community Park
September 23

stjude.org/walkPortland



National Series Sponsor:



Locally Presented By:

REJUVENATION



**St. Jude Children's
Research Hospital**

Finding cures. Saving children.®

ALSAC - DANNY THOMAS, FOUNDER

The Power of Us

ESA members are powerful. The friendship, service, and connection members make in ESA changes lives, and that power shines brightest through the values shared by members across this great organization. Throughout the 2023-2024 year we will be celebrating the bright superstars of ESA through The Power of Us - the collective, incredible power that comes when members do good works in their communities in the name of ESA.

As you host events, volunteer, and fundraise for great causes this year, submit your stories to ESA Headquarters below for a chance to be recognized. The Power of Us campaign is a way to show the world the power of ESA by amplifying our collective impact. [Printable flyer version of the campaign instructions.](#)

Please scroll down for the submission form. Be sure to click the "submit" button and confirm your submission by checking your email for email confirmation.

How to Participate:

In accordance with the three pillars of ESA, members and chapters are challenged to complete an activity that falls under each of the Education, Service, and Association categories. Together, these three pillars create and highlight The Power of Us.

The Power of Education: Chapters and individuals are encouraged to grow their knowledge through their ESA membership

- External (ie. special chapter-hosted educational event open to the public)
- Internal (ie. take a class or attend a seminar as a chapter or individually)

The Power of Service: Participate in a volunteer or fundraising activity, either individually or as a chapter

- Volunteering (ie. Halloween craft with Easterseals)

- Fundraising (ie. silent auction benefiting St. Jude Children's Research Hospital®)

The Power of Association: Share the ESA love! Your event must include at least one guest.

- Community Outreach (ie. recruitment event)
- Social Activity (ie. scavenger hunt, costume party)

Power of Us: Earn Star Status

Chapters and individuals/MALs can join in the fun and competition by hosting an activity in any of the three competition categories based on the pillars of ESA: Education, Service, and Association. After each event or activity, chapters or individuals/MALs should submit their event description and photo(s) below. Remember all events must be done in the name of ESA. Participants earn **Power of Us: Star Status** when they complete and submit an event/activity in any pillar category. Star Status chapters/individuals/MALs will be added to the social media Power of Us: Star Status graphic and have a chance to be featured in the ESA News and/or ESA social media (#ESAPowerOfUs).

As an activity for each of the pillar categories is completed, fill out and submit the form below. Chapters and individuals/MALs are challenged to complete at least one activity in each pillar, qualifying them to compete for a larger national award and receive national recognition and ESA swag.

National Titles Competition

A panel of ESA and non-ESA members will review the completed submissions and recognize one **Power of Us: National Star Award** winner in each pillar category, going to the chapter or individual member/MAL whose activity stood out for its creativity, impact, and community outreach.

The panel of judges will then review entries from chapters or individual members/MALs who submitted at least one activity in all three categories and select a **Power of Us: Best in Show Star Award** winner, going to

the chapter or individual/MAL whose combined submissions from each of the three categories shined brightest among all submissions. The winning chapter or individual/MAL will receive ESA swag to help show off their victory and be featured in the ESA Journey Magazine and across ESA social media platforms.

Activities in each pillar must be completed and submitted between August 1, 2023 and May 31, 2024. Winners will be announced on social media and at the 2024 International Council Convention.

For questions, contact Mackeigan Bickle at communication@epsilonsigmaalpha.org

(*Note, members of chapters should participate in the program as a chapter, individual member/MAL members may participate in the individual member category by typing "MAL" in the chapter field on the submissions page.)



THE POWER OF US
EDUCATION SERVICE ASSOCIATION
EPSILON SIGMA ALPHA



ESA Survey 2023

Hello ESA Oregon Members – if you responded to this already via email, no further response is needed.

We are sending this out to all ESA Oregon members and are asking for a few minutes of your time. We want to gather information in the hopes of helping ESA Oregon to grow in all ways.

Please reply only to Carolyn by Sep 2nd, she will compile and share the results at Leadership, please either mail this to Carolyn Warren 1202 NW Keasey St, Roseburg 97471 or email ciwarren@charter.net.

1. Why did you join ESA?
2. Why do you stay?
3. Why do you think we are losing members other than to health & age?
4. Does your chapter have a social media page?
 - a. If yes, which one? Facebook? Instagram?
 - b. Is it kept up to date?
 - c. Is it a private or public page?
5. Do you use the Oregon ESA website? <https://www.esaoregon.org/>
6. Do you use the ESA website? <https://www.epsilonsigmaalpha.org/Homepage>
7. Do you attend state meetings?
 - a. If no, why not?

ESA Western States Fling . . . January 2024

Lots to do and see in San Diego

I need to get an idea of how many people want to come to Fling 2024 San Diego so I can put together a GREAT package for you at the best price possible.

Email: RuthARockwell@gmail.com

You know there will be lots of FUN & Surprises

3 Nights accommodations - downtown San Diego
3 Breakfasts
3 . . . Either Lunch or Dinner
3 Happy Hours
Day Trip to Casino and a FUN LUNCH at Dorothy Hendricks
Bay Cruise

\$900 - \$1,100 per person, double occupancy, lower for Triple & Quad

The final costs depend on the number of people that will attend. The more people the lower the cost.

San Diego: USS Midway, San Diego Zoo, La Jolla cove, Balboa Park, Torrey Pines, Old Town Trolley Tour, Gaslamp Tour

San Diego City Lights- From the Gaslamp Quarter to Balboa Park and the Coronado Bridge, this San Diego City Lights Night Tour will take you on a picturesque trip you won't forget! Take in romantic panoramic views of the city aglow as you cruise past notable landmarks, elegant architecture and the glimmering skyline. A 20-minute stop for photos at the Coronado Ferry Landing is included.

San Diego Museum of Art - for almost a century the San Diego Museum of Art has sought to inspire and educate through many mediums. Today visitors can take in vibrant outdoor sculptures, watercolors from Iran, and special exhibitions featuring the works of Georgia O'Keefe and Henry Moore.

USS Midway Museum - pay your respects to the red, white, and blue, when you visit the longest-serving U.S. Navy aircraft carrier of the 20th century. Outfitted with over 60 exhibits, guests can peek at vintage aircraft and experience a day in the life of a Midway sailor.

Maritime Museum of San Diego - from sailboats to submarines, the high seas bound will have their hands full as they tour San Diego's historic fleet. Glimpse the world's oldest active ship. Or see if you recognize the masterful recreation of the H.M.S Surprise, the 18th-century Royal Navy frigate that was featured in the hit film Master and Commander.

San Diego Natural History Museum - capture the curiosity of childhood when you uncover sparkling gems, Megalodons, and more, at the Natural History Museum. Learn all about the unique biodiversity of Southern Californians or figure out how the Earth is spinning thanks to the Foucault Pendulum.



Epsilon Sigma Alpha Leadership Meeting 2023

September 30-October 1

Hosted by Douglas/Coast Districts

Meeting and meals (lunch and dinner) will be held at the Sutherlin Community Center, 150 S. Willamette, which is behind the train in the park. Maps will be available at the motel.

Best Western Plus will give you a 15% discount for mentioning ESA. 1st come 1st served for rooms. Breakfast included with your reservation. The room block will be held until August 30th. Best Western Plus, 150 Myrtle St, Sutherlin, OR. 541-459-1424

Registration

Name _____

Chapter and Number _____

Phone _____

Email _____

Special Dietary needs _____

Remit Registration to :

Judith Huntley
378 Valley View Rd.
Sutherlin, OR 97479

541-459-2550

Make checks payable to: Douglas District Council Registration is \$45.00
Deadline September 20th